



Hello to all our families- We hope you are continuing to stay safe and happy with your families. We hope you had a lovely half-term break in the sunshine!

Inspired by the NASA and Space X launch of astronauts to the space station at the weekend, this week's theme is 'Space'.

Please choose activities that most engage your child/ children and yourselves! Should you wish to share any of your activities you are more than welcome to take a photograph and send it to our year group email or school Twitter account. @StAnnesCP Just a reminder that we do not expect any families to print off worksheets/ resources. Work with what you have at home and most importantly stay safe.

RE- Wednesday Word (available in RE tab in home learning)

Enjoy a quiet moment reading the Gospel and praying to God.

"How to pray" - video series. Each week, the video will be shared via the @StAnnesCP Twitter account and then the links will be added each subsequent week to the overview.

Video Four: YouTube: <https://www.youtube.com/watch?v=blue16TmVGs> How to pray: **Journalling**

CAFOD home learning resources:

Please follow the link to find fun global activities to do at home. Explore CAFOD and the wider world with the online games, films and prayers, as well as other activities to do indoors or outdoors. <https://cafod.org.uk/Education/Kidz-Zone>

Pentecost: Pentecost was on 31st May. Please follow the link: <https://cafod.org.uk/Education/Primary-teaching-resources/Home-learning-primary> and scroll down to 'Resource pack of the week'

Examples: Colouring sheets, word searches and several project ideas. Please send any completed activities to the year group email so examples can be tweeted and celebrated.



Theme for the week ...SPACE

Suggested activities...

Draw your own Alien. Maybe make a 'stay safe' rainbow alien for your window.

Remarkable Rockets Use junk modelling or craft items you have around your house to create your own rocket. Toilet roll tubes are a good starting point. You could have rocket races in the garden: ○ Tie a string up at an angle or use the washing line. Blow up a balloon and sellotape it to your rocket. Hold the end of the balloon but do not tie it. Let the balloon go and watch your rocket fly! Watch this video for further inspiration

<https://www.xplorationstation.com/stories/Steve-Spangler-Experiment:-Balloon-Rocket>

Make a Textured Planet Create a replica of a planet. You could papier mache a balloon, or colour, paint or stick bits of materials on to the card to create textured effects.

Fact finder <https://www.natgeokids.com/uk/discover/science/space/ten-facts-about-space/> Research space exploration history and create a timeline of how people have travelled into space. Get them to think about when the first rocket was launched? When did the first man travel to space? How about the first woman? What other significant events can they add to their timeline?

Our Solar System- Name the planets in our solar system. Research the characteristics of the planets e.g What is it made of? What size is it? How close to the Sun is it? Temperature?.

Research Pluto - why is this different to the other planets?

How about creating a model of a Comet? <https://spaceplace.nasa.gov/comet-stick/>

Moon landings - <https://www.penguin.co.uk/articles/children/2019/jul/facts-about-moon-landing-space-race-apollo-11.html>

Is There Anything out There?- Tim Peake is a famous British astronaut. Record some questions you would ask him if you could interview him.

Phases of the moon I'm sure all of your hard work has made you peckish - you could recreate the phases of the moon using Oreos! <https://sciencebob.com/oreo-cookie-moon-phases/>

NEWS FLASH: Watch and report on Space X's Launch on the 30th May 2020

<https://www.bbc.co.uk/news/science-environment-52855029>

Create a piece of artwork focusing on a space craft of your choice - Check out Peter Thorp for some great ideas <http://peterthorpe.net/rockets>

Rocket Rhymes - Write your own poem about a rocket's take off

Constellations Examine the different life stages of a star and explore the names and shapes of some famous constellations.

Twinkle twinkle little star - Create your own observatory! Use may wish to use black paper and white pencil crayons if you have them or be creative! How about using chalks outside? (Download the StarChart of the NightSky App on an adults phone to make the sky come alive!)

Dancing into Space- Listen to Holst's 'The Planets'. Select a planet and decide what they think that planet would be like. Create a dance/ set of movements to go with the music which will portray this. Take a video of the dance to share with the family.

Purple Mash Activities



Make sure you check your **2Dos on Purple Mash** – these will support you work in **Maths and English**, as well as this week's themed topic of **SPACE**, you may wish to select a few of the "2Dos". Your teacher loves to see your completed activities.

PSHE: Relax and unwind with some guided meditation:

<https://www.bing.com/videos/search?q=Guided+Meditation+for+Kids&docid=608039297236665462&mid=E7DC6BE7C129895A776CE7DC6BE7C129895A776C&view=detail&FORM=VIRE>

Story time

We now have a YouTube channel that we have uploaded videos of the Year __ staff reading you bedtime stories! This will be updated weekly with new stories so please do enjoy ☺ Here is the link -

https://www.youtube.com/playlist?list=PLBI_XHJy9tKIusyYmKiTYazaYxN3Wn6pa

Love to read and want to find out more?

Here is a list of books that link to this week's theme of Space

<https://storytimefromspace.com/a-moon-of-my-own-2/>

Aliens Love Underpants (KS1)

<https://safeyoutube.net/w/ZYg6>

Roaring Rockets (KS1)

<https://safeyoutube.net/w/mZg6>

Whatever Next <https://safeyoutube.net/w/tZg6> (KS1)

Survival in Space

<https://www.lovereading4kids.co.uk/extract/17032/Survival-in-Space-The-Apollo-13-Mission-by-David-Long.html> (KS2)



Please follow our Twitter page and if you would like to share work with us, please include our twitter link @StAnnesCP in your tweet.

If you have any queries about learning and logins, please contact our year group email s83year4@st-annes.solihull.sch.uk

You can also use this to share your children's work and activities i.e. a photo of baking a cake via this year group email

If you have any queries about other matters, please continue to use Parent Mail - parentmail@st-annes.solihull.sch.uk

SPACE Video Links

KS2 <https://www.bbc.co.uk/bitesize/topics/zkbbkqt> Earth and Space - BBC KS2

KS 2 <https://www.bbc.co.uk/bitesize/topics/zwccwmn/articles/zqxbx82> What is the Earth

KS2 <https://www.bbc.co.uk/bitesize/topics/zdrrd2p> The Solar System

KS1 <https://www.bbc.co.uk/bitesize/topics/zkv4wx> Earth and Space - Seasons and Day and Night

Year 1 <https://www.bbc.co.uk/bitesize/articles/zvfbgwx> Day and Night

Year 2 BBC <https://www.bbc.co.uk/bitesize/articles/zj93bmd> Who was Neil Armstrong

Year 3/ 4

Year 5/6 BBC <https://www.bbc.co.uk/bitesize/articles/zk7fy9q> The Solar System

<https://www.dkfindout.com/uk/space/>

<https://www.solarsystemscope.com/>

<https://spaceplace.nasa.gov/menu/solar-system/>

<https://spaceplace.nasa.gov/oreo-moon/en/>

<https://www.bbc.co.uk/cbbc/curations/space-on-cbbc>

P.E.

Astronauts have to be fit and agile for their missions to space. Ask your child to design an obstacle course in your garden or home space and put your agility to the test! Can you find your pulse and count your heart rate before and after exercising?

Space themed activities: <http://www.spacetoeearthchallenge.org.uk/wp-content/uploads/2015/10/PE-Activities.pdf>

The bugs group: Videos and mindfulness activities to help try and keep children active, and aid in their mental health. <https://www.thebugsgroup.com/footiebugs-videos-2/>

<https://www.thebugsgroup.com/yogabugs-videos/>

<https://www.thebugsgroup.com/dancebugs-videos/>

Cricket for Girls YouTube Channel

Suitable for all players. The Cricket for Girls YouTube Channel will be a brilliant resource to support you on your cricketing journey. By subscribing to the channel you will have access to:

- Coaching insight to help you develop techniques
- Challenges set by Cricket for Girls Head Coach, Lydia Greenway
- Masterclasses with England Players

Click on the link below to subscribe to the Cricket for Girls YouTube channel. <https://protect-eu.mimecast.com/s/qFoWCVvNRtxDMQBtq1cWb?domain=cricketforgirls.us18.list-manage.com>

Real PE Website: <https://home.jasmineactive.com/>

Username parent email: parent@stannescat-2.com **Password:** stannescat

Joe Wicks- <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

Virtual School Games Challenges on page 3!

Monday 8th June – Friday 12th June



Follow the steps below to get involved:

1. Familiarise yourself with the 3 challenges below.
2. You can do all 3 challenges or just select the ones you want to do.
3. Take some time to practice and improve before recording your routines using the guidance below.
4. Click the link on page 2 and complete the form to support and represent your school.



Equipment - A safe space and something to play your music and to record your dances on.

Link to music – Hey! <https://youtu.be/m0hynO4BeRo>

Video link showing all 3 challenges – <https://youtu.be/eNmTRXfzm6E>

Please Note: Record your challenges individually, and ensure videos are no longer than 24 seconds!



CHALLENGE 1

Can you demonstrate the School Games Value of DETERMINATION?

DETERMINATION

Try your hardest to be the best you can be.



Dance Task:

- Pick your 4 favourite fitness moves - for example: jogging on the spot, high knees, jumping jacks, squats, burpees, heel kicks.
- Repeat each move 4 times (16 counts), and finish by striking a pose.

Video tutorial link – <https://youtu.be/RtmGvKngmRM>

Aimed at Rec, Key Stages 1 & 2...
...but why not get the whole family involved?

CHALLENGE 2

Can you demonstrate the School Games Value of PASSION?

PASSION

Show your enthusiasm and drive.



Dance Task:

- Click on the video tutorial link below and learn the short dance.
- Keep practicing until you are confident and ready to perform with lots of energy.

Video tutorial link – <https://youtu.be/yaGboypAkCs>

Aimed at Rec, Key Stages 1, 2, 3 & 4...
...but why not get the whole family involved?

CHALLENGE 3

Can you demonstrate the School Games Value of SELF-BELIEF?

SELF-BELIEF

Show your skills with Confidence and pride.



Dance task:

- Impress us with your own choreography; create a short routine lasting a maximum of 15 seconds.
- Watch the video tutorial below for a few ideas!

Video tutorial link – <https://youtu.be/QW8Xm8qfmco>

Aimed at Rec, Key Stages 1, 2, 3 & 4...
...but why not get the whole family involved?

How to Enter

Firstly, a few things to note:

1. Ensure you have permission from your parent/carer to record and send in your videos. Our full privacy policy can be found at: www.thinkactive.org/privacypolicy-csw-virtual-games-competition-entries/
2. Videos must be no longer than 24 seconds
3. You do not need a login/account with WeTransfer in order to send your videos
4. By submitting your dances, you will be put into a prize draw with the chance to win prizes (further details below)
5. If you do not want your dance to be used but have completed one of the challenges this week you can still complete the survey to show you have taken part, to support and represent your school.

To enter, please use the link below:
www.surveymonkey.co.uk/r/CSWVirtualDance

SCHOOL GAMES IS FOR EVERYONE – FOR ACTIVITY ADAPTATIONS PLEASE CONTACT – alik1@camplon.warwickshire.sch.uk

A select number of dances will be chosen for the celebration compilation video.
Be as creative as possible, for example; dance with your family members or get dressed up. The more creative the more likely you are to be selected for the video!

To enter, please use the link below:
www.surveymonkey.co.uk/r/CSWVirtualDance

Videos must be submitted by 1pm on Friday 12th June



BASKETBALL

#STAYINWORKOUT
#STAYHOMESTAYACTIVE
FOLLOW, RETWEET, GET INVOLVED.

Participants – All participants will receive an e-certificate via e-mail on completion the challenges.

Individuals – At the end of this week the 4 lucky individuals from KS1, KS2, KS3 and KS4 will receive a **£5.00 E-VOUCHER**.

Schools – The Infant/junior or Primary School and Secondary schools with the highest percentage of participants by the time the challenge ends will a **£75.00 PE equipment voucher**.

Music credit – www.bensound.com



To empower girls to lead
and inspire as role
models, creating a
lifelong love of
movement

Share your completed
cards with us via Twitter
>>>

We cannot wait to see
your Girl Power skills on
display!



North Solihull:
@SolihullNorth

How to play:

- Once you complete an activity from the grid, tick it off your card.
- If you are finding some of the activities hard, you can adapt them to suit you, or have a rest and then continue.
- Try to achieve one or more of the bronze, silver and gold Girl Power awards.



Complete all 12 activities on
the card



Complete a full line of activities
- either horizontal or vertical



Complete 1 activity from each
line - horizontal or vertical

Write down 5
things that make
you unique

Lead a fun
fitness session
with your family

Create a social-
distanced game
you'd like to
play with Girl
Power club

Create a poster
to help your
teacher to
promote Girl
Power club

Design an
obstacle course

Read a book that
inspires you and
write a book
review on why

Design your own
Girl Power
themed word
search

Create a Girl
Power bracelet
and take a photo

Draw a picture
of your favorite
female sports
person

Create a dance
using lively
music then teach
it to someone else

Write a poem
about your
experience at
Girl Power Club

Re create your
favorite game
from Girl Power
club at home

#STAYINWORKOUT

FOLLOW. RETWEET. GET INVOLVED.

June 8th – June 26th

