

**Hello to all our families-** We hope you are continuing to stay safe and happy with your families. We are missing you all and we thank you so much for engaging with school as generously as you are. We hope you enjoyed some of the VE activities last week. And, until 'we meet again' the theme for next week is outlined below. Please choose activities that most engage your child/children and yourselves! Should you wish to share any of your activities you are more than welcome to take a photograph and send it to our Twitter account. **@StAnnesCP** Just a reminder that we do not expect any families to print off worksheets/resources. Work with what you have at home and most importantly stay safe.

### **RE- Wednesday Word** (available in RE tab in home learning)

Enjoy a quiet moment reading the Gospel and praying to God.

**Praying Together** At 9am every morning we all join with our families in saying the Morning Offering:

*Oh my God I give to you,*

*All that I think and say and do.*

*All my work and happy play*

*I offer to you my God today.*

*Amen.*

By doing this, although we can't be together physically, we will be together as a school family in prayer.

### Theme for the week....**Our World**



**Design your own 'Tree of Hope'**- The tree can be drawn, painted, or made out of objects found in your garden - the more creative the better! What do you hope for in our world? How can we protect it?

**Plastics:** Create a poster encouraging others how we can reduce the use of plastic. If you have watched BGT recently you would have seen a group of children create a song to raise awareness for protecting our world. You could create your own song/poem about our world!

**Why not do some planting at home.** Help grow our world from your own garden! Create your own mini beast hotel! Why not create a safe habitat for God's creatures in your garden. You just need to gather some branches and leaves.

**Acres of rainforests** are cut down every day so palm oil can be created. Palm oil is used in many different products we buy. This means that many endangered animals lose their homes. Write a persuasive letter to companies who have products using palm oil. Convince them to stop using it and protect the rainforests.

**Research the names of trees.** Take a photo of them during a walk and then carry out some research to identify them. Can you find the national trees for England, Wales, Scotland and Ireland? Why do we have national trees?

**Art and nature:** Use recycled materials to create a design of your favourite animal.

**Energy saving:** Reduce the amount of energy you are using at home. You could have an energy free evening. Play games with your family which do not include using energy. Take some pictures to show us that you are saving energy!

<https://www.rspb.org.uk/fun-and-learning/for-families/family-wild-challenge/activities/> Look up many activities to help our world that you can do from home!

**Flags** Look at flags from around the world. Discuss which are your child's favourites and why? Ask your child to design and make their own flag using 2d shapes.

**NASA** bring the universe to you home

<https://www.nasa.gov/specials/nasaathome/index.html>

<https://www.natgeokids.com/uk/category/kids-club/cool-kids/> Join kids club where you can learn more about climate change.

**Recreate or write your own powerful speech** about protecting 'Our World' like Greta <https://www.theguardian.com/environment/2019/apr/23/greta-thunberg-full-speech-to-mps-you-did-not-act-in-time>

Earth Hour with the WWF - different craft ideas with recycled

items [https://www.wwf.org.uk/sites/default/files/2019-08/WWF\\_Craft\\_Sheets.pdf](https://www.wwf.org.uk/sites/default/files/2019-08/WWF_Craft_Sheets.pdf)

**Music** - Learn and sing the song 'Man in the Mirror' by Michael Jackson

### Purple Mash Activities

Remember to check your 2Dos on Purple Mash - these will mainly support your work in Maths and English. Activities linked to PSHE have also been set.

Use your log in to get on and have a go! Look out for activities linked to the environment! Also have a look at the wonderful work on the St Anne's display board. **Music:** <https://solihullmusicservice.com/keys-stage-2-resources/>



### Story time

We now have a YouTube channel that we have uploaded videos of the Year 6 staff reading 'Millions' by Frank Cottrell Boyce and a selection of bedtime stories! This will be updated weekly with new chapters of Millions so please do enjoy ☺

Here is the link -

[https://www.youtube.com/playlist?list=PLBI\\_XHJy9tKL2z-FGZyTS\\_NGSZQRXw-xf](https://www.youtube.com/playlist?list=PLBI_XHJy9tKL2z-FGZyTS_NGSZQRXw-xf)



*Please follow our Twitter page and if you would like to share work with us, please include our twitter link @StAnnesCP in your tweet.*

If you have any queries about learning and logins, please contact our year group email. [s83year6@st-annes.solihull.sch.uk](mailto:s83year6@st-annes.solihull.sch.uk)

You can also use this to share your children's work and activities i.e. a photo of baking a cake via this year group email

If you have any queries about other matters, please continue to use Parent Mail - [parentmail@st-annes.solihull.sch.uk](mailto:parentmail@st-annes.solihull.sch.uk)

### PSHE: Mindfulness

Take some time to meditate outdoors with your family. Listen carefully for God's creators. Feel the earth beneath you. Share your favourite thing about God's world with your family!

### Our World Topic Video Links

How cool is Mr. Eco? <https://www.youtube.com/channel/UCGtvlllGoWDE-RZXOktNwag>

Absolutely Raging!!! Love these videos about litter and waste  
[https://www.youtube.com/channel/UC3cSsILJhZXfjZVJD64u\\_Uw/videos?view=0&sort=dd&shelf\\_id=1&fbclid=IwAR08fJKfadWLwXMyBQHfZKpiPMhAR3keqO\\_A64O0NcgKhTtTe1d8o97VmU&app=desktop](https://www.youtube.com/channel/UC3cSsILJhZXfjZVJD64u_Uw/videos?view=0&sort=dd&shelf_id=1&fbclid=IwAR08fJKfadWLwXMyBQHfZKpiPMhAR3keqO_A64O0NcgKhTtTe1d8o97VmU&app=desktop)

The making of Bagfoot – A great idea to create awareness of Single Use Plastics  
<https://www.youtube.com/watch?v=d1FUXhNRDJA>

The Bag Monster campaign to promote recycling  
[https://www.youtube.com/watch?v=d1FUXhNRDJA&fbclid=IwAR2SVBNI9EgGxsiBRZn6ucRRnHNZW\\_oTeg86zfzGAdoJcxPrJbkiVWPhA9c](https://www.youtube.com/watch?v=d1FUXhNRDJA&fbclid=IwAR2SVBNI9EgGxsiBRZn6ucRRnHNZW_oTeg86zfzGAdoJcxPrJbkiVWPhA9c)

<https://encounteredu.com/live-lessons> There are live lessons most days on this website.  
Travel to Antarctica from your home!

### P.E.

#### Exciting news!!

Coventry, Solihull and Warwickshire School Games is going virtual, competitions will begin on Monday 11th May.

#### Prizes to be won!

See page below for more information

**Real PE-** <https://home.jasmineactive.com/>

Username parent email: [parent@stannescat-2.com](mailto:parent@stannescat-2.com)

Password: [stannescat](#)

**Joe Wicks-** <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

**Go Noodle -** <https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/>

**Follow Kids Bop Kids -** <https://www.youtube.com/watch?v=QfzRP6V5rE4>

**Choose a super movers dance -** <https://www.bbc.co.uk/teach/supermovers>

**Youth Sport Trust Home -** <https://www.youthsporttrust.org/pe-home-learning>

**Yoga bugs -** <https://www.thebugsgroup.com/the-bugs-group-activities-page/>

PRIMARY

Monday 11<sup>th</sup> May - Friday 15<sup>th</sup> May

# ATHLETICS

Follow the steps below to get involved:

1. Familiarise yourself with the 2 challenges below.
2. Take some time to practice and improve before recording your scores.
3. Once you feel confident, record your score using the guidance below.
4. Click the link at the bottom of page 2 and complete the form to support and represent your school.



Honesty with others and with yourself. Having the courage to do the right thing and what you know is right.

For more information on this and other upcoming CSW virtual competitions go to the Think Active webpage  
[www.thinkactive.org/cyp/school-games-virtual-challenge/](http://www.thinkactive.org/cyp/school-games-virtual-challenge/)



## SUBMIT YOUR SCORE

Make sure you join us again next week for the next Virtual School Games competition...



## CRICKET

#STAYINWORKOUT  
#STAYHOMESTAYACTIVE  
FOLLOW, RETWEET, GET INVOLVED

Take your final scores from both challenges, and add them together to get your result.

Standing Long Jump + Shuttle run = TOTAL SCORE

Submit your **TOTAL SCORE** via the link –  
[www.surveymonkey.co.uk/r/CSWVirtualAthletics](http://www.surveymonkey.co.uk/r/CSWVirtualAthletics)

**Entries must be submitted by 1pm on Friday 15<sup>th</sup> May**

**Participants** – All participants will receive access to an e-certificate on completion of each challenge.

**Individuals** – At the end of each week the top 3 individuals from KS1, KS2, KS3 and KS4 will receive a **£5.00 AMAZON E-VOUCHER**.

**Schools** – The Infant/junior or Primary School and Secondary schools with the highest percentage of participants by the time the challenge ends will receive a **£75.00 PE equipment voucher**.

## Challenge 1 - Standing Long Jump

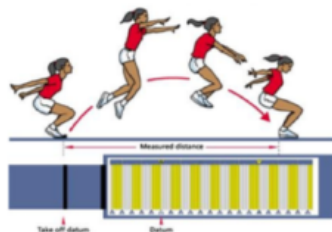
**Equipment** - A tape measure to record your effort

**Video support** - [https://youtu.be/5\\_J-EiTecHQ](https://youtu.be/5_J-EiTecHQ)

**PLEASE USE A FLAT / DRY SURFACE**

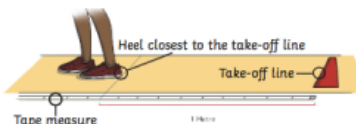
The participant should start from a standing position in line with "0" on the tape measure and jump as far as possible landing on two feet.

The participant must start on two feet and land on two feet. You are not required to hold the landing but if you fall back or step back the jump should not be recorded – have another go!



**Recording your score** -

Measure in cm from the take-off line to the back of the closest heel on landing



SCHOOL GAMES IS FOR EVERYONE – FOR ACTIVITY ADAPTATIONS PLEASE CONTACT – [alik1@campion.warwickshire.sch.uk](mailto:alik1@campion.warwickshire.sch.uk)

## Challenge 2 - 10 x 5m Shuttle Run

**Equipment** -

- Cones, pegs, tape, tins etc.. to create your running lane.
- A stop watch to record your score

**Video support** - [https://youtu.be/5\\_J-EiTecHQ](https://youtu.be/5_J-EiTecHQ)

**PLEASE USE A FLAT / DRY SURFACE**



Set up a distance of 5m marked at either end using cones or an alternative mark (pegs, tape, tins etc...) to create the running lane.

Each participant runs the 5m distance a total of 10 times to complete 50m. A handheld stopwatch or smart phone stopwatch can be used to record the time.

**Recording your score** -

Time how long it takes you to complete 10 shuttles (50m). This should be done as quickly as possible. To get your score for this event you will need to take your time away from 100.

For example, if you ran the 10 shuttle in 23.23 seconds your score would be  $100 - 23.23 = 76.77$

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