



Thank you for all of your wonderful and continued support with home learning. Through our communications with families over the past weeks we are aware that many children are enjoying caring for their pets and /or finding out more about animals in their local environment and beyond. Our theme for this week, therefore is 'Pets and Animals' and will give the children some suggested activities to further develop this interest. Should you wish to share any of your activities you are more than welcome to take a photograph and send it to our year group email or school Twitter account. @StAnnesCP

### **A lovely invitation**

Archbishop Bernard Longley will be leading a virtual Mass on Monday 29.6.2020 at 10.00am and we encourage as many families as possible to tune in and participate. The Mass celebrates the wonderful fundraising that the children do during Lent, when they fill the Good Shepherd boxes that they bring home in aid of Father Hudson's Care. The Mass is easy to access from the St Chad's Cathedral website at <https://www.stchadscathedral.org.uk/>.

### **RE- Wednesday Word** (available in RE tab in home learning)

Enjoy a quiet moment reading the Gospel and praying to God.

Please follow the link to see the overview of the Kenelm Youth Trust resources weekly:

<http://www.kenelmyouthtrust.org.uk/virtual-ministry.html>

This week's creative prayer focuses on 'hope' with a beautiful message:

<https://www.youtube.com/watch?v=Nr7ITiIy9HI>

**Activity: Spirited Arts Competition 2020. Time to get creative with God!** There are 5 themes: 'God's Good Earth?', 'Inspiring!', 'Holy Words!', 'Where is God?' and 'Picturing Faith'. The art forms of the submissions includes Art (painting, drawing, sketching etc), Poetry, Photography, Dance, Music, Drama and Sculpture. You could choose an art form and link it to one of the 5 themes. It would be wonderful to see some of our families entering this. You can find out more here [www.natre.org.uk/about-natre/projects/spirited-arts/spirited-arts-2020/](http://www.natre.org.uk/about-natre/projects/spirited-arts/spirited-arts-2020/) Please send any entries to parent mail address to Miss Evans and state which of the 5 themes you have focused on. (This will take place over the next few weeks)

## Theme for the week ... Pets and Animals

**Life Cycles** Find out about the lifecycles of frogs, butterflies, moths or chickens.

Insects go through a life cycle called metamorphosis. What happens in the life cycle of a butterfly or moth?

Draw or using play dough can you recreate the life cycle of a butterfly

Watch a time lapse video such as <https://www.youtube.com/watch?v=cAUSKxWMIh0>

### **Endangered animals**

Watch this short video about Lemurs on the real island of Madagascar

<https://www.youtube.com/watch?v=b9dzNTZpXgA>

Find out more in this activity booklet

[http://islandoflemurs.imax.com/downloads/educator\\_guide\\_complete.pdf](http://islandoflemurs.imax.com/downloads/educator_guide_complete.pdf)

Make a Madagascar lion out of an orange!

<https://www.myteenguide.com/madagascar-lion-craft-kids-movie-fun/>

### **Birds** → what is a bird's favourite food?

Make a bird banquet – **Equipment:** string, suitable bird foods (seeds, cooked rice, cereals, grated cheese, fruit, baked potatoes), scissors, egg box

<https://twitter.com/RedPSTT/status/1273510429311012865?s=20>

Make a record of the birds that visit your garden or local park: Which birds are most common? Use this online bird spotter to identify which bird it is:

<https://www.rspb.org.uk/birds-and-wildlife/wildlife-guides/identify-a-bird/>

### **Take a virtual visit to a zoo : 12 Live Animal Webcams links**

<https://www.countryliving.com/uk/wildlife/countryside/g31784857/live-animal-webcam-zoo/>

**Be a vet for the day:** Set up an area at home as a vet's surgery. You may need a receptionist to take appointments for the many toy pets who will need checking out!

### **Food Chains**

<https://www.bbc.co.uk/bitesize/topics/zbnnb9q>

Create a food chain mobile – research an animal of choice and its food chain. Start from the very beginning... The Sun → Producer → Consumer...

UKS2 Can you create a food web for a woodland habitat

<https://www.bbc.co.uk/teach/class-clips-video/science-ks2--ks3-food-chains-and-food-webs-in-animals/zn7g92p>

**Insects** Explore! Go out on a nature walk. Draw the insects that you observe. Take photos of the insects in their surrounding habitat – try not to disturb them!

**Pets** create a leaflet or poster explaining how to look after your pet.

Create some animals arts and crafts

<https://www.toddlerapproved.com/2015/06/pet-week-week-of-playful-learning.html>

**Dinosaurs** Are you an expert? Test your knowledge.

<https://www.natgeokids.com/uk/play-and-win/games/dinosaur-memory/>

**Purple Mash Activities** Make sure you check your **2Dos on Purple Mash** - these will support your work in **Maths and English**, as well as this week's themed topic of **Pets and Animals**. You may wish to select a few of the "2Dos". We love to see your completed activities.



**PSHE: Relax and unwind with some guided meditation:**

<https://www.bing.com/videos/search?q=Guided+Meditation+for+Kids&docid=608039297236665462&mid=E7DC6BE7C129895A776CE7DC6BE7C129895A776C&view=detail&FORM=VIRE>

### Storytime

We now have a YouTube channel that we have uploaded videos of the Year 6 staff reading you stories or poetry. This will be updated weekly so please do enjoy ☺ Here is the link - [https://www.youtube.com/playlist?list=PLBI\\_XHJy9tKL2z-FGZyTS\\_NGSZQRXw-xf](https://www.youtube.com/playlist?list=PLBI_XHJy9tKL2z-FGZyTS_NGSZQRXw-xf)

### Love to read?

The Very Hungry Caterpillar by Eric Carle

[https://www.youtube.com/watch?v=eXHScpo\\_Vv8](https://www.youtube.com/watch?v=eXHScpo_Vv8)

The Pigeon wants a Puppy by Mo Willems

<https://www.youtube.com/watch?v=HiR1zuofXqw>

The Monkey with a Bright Blue Bottom by Steve Smallman

[https://www.youtube.com/watch?v=gncP\\_QbUGRA](https://www.youtube.com/watch?v=gncP_QbUGRA)

Dinosaurs Love Underpants by Claire Freedman

<https://www.youtube.com/watch?v=S5sh5r04r80>

I'll Always Love You (a beautiful little story about the loss of a pet dog)

<https://www.youtube.com/watch?v=BtY3kyGzqjc>



Please follow our Twitter page and if you would like to share work with us, please include our twitter link @StAnnesCP in your tweet.

If you have any queries about learning and logins, please contact our year group email, [s83year6@st-annes.solihull.sch.uk](mailto:s83year6@st-annes.solihull.sch.uk)

You can also use this to share your children's work and activities ie a photo of baking a cake via this year group email.

If you have any queries about other matters, please continue to use Parent Mail - [parentmail@st-annes.solihull.sch.uk](mailto:parentmail@st-annes.solihull.sch.uk)

**Music:** Classical 'The Carnival of the Animals' Camille Siant-Seans

Old favourite 'How much is that doggy in the window'

The Dinosaur Dance song and video: <https://www.youtube.com/watch?v=U30SfAZ1Jhc>  
Who let the dogs out? By Baha Men/ Blackbird by The Beatles/ Baby Shark by Pinkfong

### More Video Links

Learning about animals is an important part of the science curriculum so this would be a good week to become very scientific by engaging with the 'Big Science Event at home'

<https://scienceoxford.com/wp-content/uploads/2020/06/BSE-at-Home-Guidance-for-parents-teachers.pdf>

<https://www.pdsa.org.uk/taking-care-of-your-pet>

<https://www.bbc.co.uk/bitesize/topics/z6882hv> KS1 Animals

<https://www.bbc.co.uk/bitesize/topics/zn22pv4> KS2 Animals

<https://www.bbc.co.uk/cbeebies/puzzles/go-jetters-animal-tracks-quiz?collection=quizzes> Animal tracks quiz

### P.E.

The CSW Virtual Olymp-Mix starts Monday 29th June

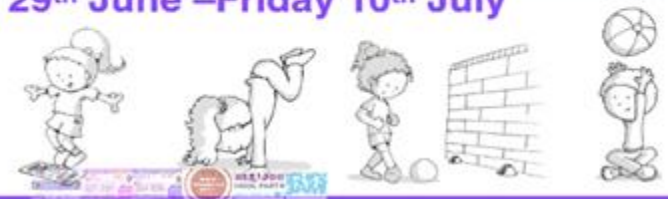
Watch the CSW SGO launch video here - <https://youtu.be/s-RSVM64I70>

Additional information and resources can be found on page 3 & 4! ☺



Monday 29th June –Friday 10th July

#STAYINWORKOUT  
#STAYHOMESTAYACTIVE  
FOLLOW, RETWEET, GET INVOLVED



## What is the Olymp-mix?

With the Olympics being moved to 2021 the CSW SGO's wanted to give young people the Olympic experience. They have selected four Olympics sports Football, Gymnastics, Athletics and Sitting Volleyball and have created age related challenges for all, supported by our superstar athletes. Each sport has a challenge to complete and a support video showcasing an elite athlete. All Competitions are open to pupils from Key Stage 1-Key Stage 4.

The Olymp-Mix will go live on Monday 29th June with entries closing at 1pm on Friday 10th July. School Staff, Parents and Pupils will **have 2 weeks** to practice and complete the challenges and enter the competitions. Pupils/parents record the scores and enter via the relevant Survey Monkey link - <https://www.surveymonkey.co.uk/r/CSWVirtualOlympics>

**Results** will be announced on Monday 13th July via the @ThinkActiveCSW Twitter page at 1pm.

Alongside the sporting competitions there is also a School Games values competition, for Primary schools there is design a flag. Values competition entries - Flag entries for primary - <https://www.surveymonkey.co.uk/r/CSWFlag>

## Will there be prizes or certificates?

All participants will receive access to an e-certificate.

Individuals - At the end of the week, the top 3 individuals from KS1 and KS2 will receive a £5.00 AMAZON E-VOUCHER.

Individual values Flag/Mascot competitions - The top 3 primary entries (flag design) will receive a £5.00 AMAZON VOUCHER.

The primary school with the highest percentage of participants by the time each competition ends will receive a £75.00 PE equipment voucher.

## Athletes Supporting the CSW Olymp-Mix

Football - Nat Haigh - Aston Villa Women - @nathaihg6

Athletics - Amy Hillyard - Team England 400m - @amyhilly

Sitting Volleyball - Kate Grey - Team England Paralympian - @kategrey25

Gymnastics - Mimi Cesar - Team England rhythmic Gymnast - @mimi\_cesar



# FOOTBALL

## CLOSE CONTROL



I scored 76 in 30 seconds and 120 in 45 seconds - how many will you achieve?



Nat Haigh - Aston Villa  
@NatHaigh6

**Equipment**

- A football or an alternative ball
- Stopwatch or timer

**How to**

Reception & Key Stage 1

- Place the ball on a hard surface
- Place the sole of your right foot on top of the ball, then remove and replace with the sole of your left foot
- Repeat this pattern as many times as possible in **30 seconds**
- Everytime the sole of your foot touches the ball you score 1 point

Key Stage 2

- Place the ball on a hard surface
- Place the sole of your right foot on top of the ball, then remove and replace with the sole of your left foot
- Repeat this pattern as many times as possible in **45 seconds**
- Everytime the sole of your foot touches the ball you score 1 point

**Scoring**

Complete as many successful touches as you can in either 30 seconds (reception & KS1) or 45 seconds (KS2). Make sure you keep your score and record.

Video support - <https://youtu.be/aMTLk0nzWbl>


**Did you know?**

Men's football has been a part of the Olympics since 1900, where GB won the first ever gold medal. They've won 3 gold medals in total, making them and Hungary the most successful Olympic men's football teams.

Women's football made the Olympic programme in 1996. The USA have won 4 of 6 tournaments, with Norway and Germany the only other countries to win the tournament to date.


Approximately 2,400 balls were used in the London 2012 Olympic competition.






# GYMNASTICS

## BALANCE HOLD



I scored 30 on my left leg and 30 on my right leg giving me a total of 60 points - how many will you achieve?



Mimi Cesar - Team England  
@mimi\_cesar

**Equipment**

- 1 rolled up pair of socks
- Stopwatch or timer

**How to**

- Take your pair of socks and balance them on your head
- Place your arms out by your side to help you with your balance
- Take your right leg off the floor, bend your knee and hold your leg up in front of you at a 90 degree angle - balancing on your left leg
- Record the number of seconds you can remain balanced
- You must stop the timer; before you reach the 30 second maximum score, if the socks fall of your head, or if you put your foot down
- Repeat the challenge, this time balancing on your right leg
- The maximum you can score is 60

**Scoring**

Balance for as long as you can in 30 seconds on your right and left leg, and add your scores together for your total (eg. right leg 22 + left leg 18 = total score 40.) The maximum you can score on each leg is 30 - for achieving 30 seconds without losing control of your balance. If your score has a decimal point please round up the next whole number.

Video support - <https://youtu.be/l6gIGThu4ug>


**Did you know?**

Artistic gymnastics was introduced at the very first Olympic Games in 1896, with the German team winning almost every medal.

Women weren't allowed to compete until 1928, where the Netherlands claimed the title.

Nadia Comaneci and Nellie Kim scored perfect 10s in 1976 at the Montreal Games, at the age of just 14. Gymnasts must now be 16 to compete in the Olympic Games.

Larissa Latynina dominated between 1956 and 1964, collecting a record 18 medals.



## SPEED BOUNCE



I scored 49 in 20 seconds and 76 in 30 seconds - how many will you achieve?



Amy Hillyard  
Team England

@amyhilly

### Equipment

- A rolled up towel or speed bounce mat
- Stopwatch or timer

### How to

Reception & Key Stage 1

- Roll up a towel and place on a hard surface
- Jump from side to side over the towel. You must start with 2 feet and land with 2 feet
- Both feet must land over the towel to count as a point
- Repeat this pattern as many times as you can in **20 seconds**

Key Stage 2

- Roll up a towel and place on a hard surface
- Jump from side to side over the towel. You must start with 2 feet and land with 2 feet
- Both feet must land over the towel to count as a point
- Repeat this pattern as many times as you can in **30 seconds**

### Scoring

Complete as many bounces as you can in either 20 seconds (reception & KS1) or 30 seconds (KS2). Remember: to count as a point you must be jumping from 2 feet to 2 feet.

Video support - <https://youtu.be/ACNHabPMvPE>

### Did you know?

The first race was held during the first Olympics in 776 BC. It was 600ft long.

Usain Bolt is the fastest person in the world, running 100m in 9.58 seconds in 2009.

Hidekichi Miyazaki is the oldest competitive sprinter at 105 years old. He recently ran the 100m in 42.22 seconds, and is otherwise known as the 'Golden Bolt' for imitating Usain Bolt's well-known lightning pose!

165,000 towels were required at the Olympic Village throughout the 2 week London Games in 2012.



Come on team  
St Anne's!

## KEEP-UP

I scored 64 in 60 seconds - how many will you achieve?



Kate Grey - Team GB  
Paralympian

@kategrey25



### Equipment

- A balloon or beachball
- Stopwatch or timer

### How to

- Start in a seated position, and use any part of your arms to keep the balloon in the air
- Each time you hit/tap the balloon and it travels **above head height**, you score 1 point
- You will have **60 seconds** to score as many points as possible
- During the challenge you must remain seated, if you come up onto your knees or feet, these points should **not** be included in your score
- If the balloon hits the ground: do not worry - continue, collect it, sit back down quickly and continue. Do not stop the clock, continue scoring from where control was lost.

### Scoring

Complete as many successful keep-ups as you can in 60 seconds. Make sure you keep your score and record.

#FOLLOW RETWEET GET INVOLVED

#STAYHOMESTAYACTIVE

#STAYINWORKOUT

### Did you know?

After sitting volleyball was created as a rehabilitation sport for injured soldiers in 1956, it was officially included in the Paralympic Games in 1980. The women's event was introduced to the programme in 2004. It is one of the most popular Paralympic team sports, with over 10,000 athletes competing across 75 countries.

Morteza Mehrzadselakjani of Iran was one to watch in Rio 2016. As the 2<sup>nd</sup> tallest person in the world, and tallest athlete to ever compete at a Paralympic Games, he was able to apply his 2.46m height to great effect!

Video support - <https://youtu.be/P6t9OTZx0s>



Got to be in  
it to win it!