

ST. ANNE'S CATHOLIC PRIMARY

Year Group: **Nursery**

Week Beginning: **6th July 2020**

Please find some suggested fun learning activities to do with your family this week. We appreciate and are fully aware that families can only do their best with the technology and resources they have available. 🐦 Please follow our Twitter page and if you would like to share work with us, please include our twitter link @StAnnesCP in your tweet. The main way to share your child's work and activities is through the year group email: s83nursery@st-annes.solihull.sch.uk If you have any queries about other matters, please continue to use Parent Mail: parentmail@st-annes.solihull.sch.uk

Religious Education

RE-Wednesday Word (available on school website: parents/home learning/ Catholic Life including Wednesday Word) Enjoy a quiet moment reading the Gospel and praying to God.

RE Unit of Work-Special Celebrations

A wedding is a special celebration for people who love each other. Read the story in the Bible or watch the story 'Marriage Feast of Cana' on website: <https://www.youtube.com/watch?v=LY7IWNv2SjY> Ask your child: How did Jesus help make the wedding special? Draw a picture of Jesus and Mary at the wedding.

Communication & Language

Speaking and listening underpins all of these activities. Make time to talk, have conversations and ask questions about daily life, activities, stories, games and movies etc.

Thank you for all of your wonderful and continued support with home learning. We hope you enjoyed some of the activities linked to last week's theme 'Pets and Animals'. This week we have chosen a period in history called the 'Jurassic' period, so our theme for this week is:

Dinosaurs



Daily Prayer

Praying Together

It would be lovely if at 9am every morning we all join with our families in saying the Morning Offering:

*Oh my God I give to you,
All that I think and say and do.
All my work and happy play
I offer to you my God today.
Amen.*

By doing this, although we can't be together physically, we will be together as a school family in prayer.

Physical Development

Real PE activities on website: <https://home.jasmineactive.com/>
Username parent email: parent@stannescat-2.com
Password: **stannescat**

The CSW Virtual Olymp-Mix starts on Monday 29th June until Friday 10th July. Watch the CSW SGO launch video here - <https://youtu.be/s-RSVM64I70>
Additional information and resources can be found on page 3 & 4!



Personal Social & Emotional

Discuss the job role and attributes required to be a palaeontologist e.g. patience, perseverance etc. Discuss times when you have shown patience and perseverance?

What does the term 'extinct' mean? How can we help endangered species?

Discuss the importance of looking after our world and caring for the environment.

Literacy

Story Time-Watch the uploaded videos of the Nursery staff and other staff members reading to you. This will be updated weekly with new stories so please do enjoy ☺ Here is the link:

https://www.youtube.com/playlist?list=PLBI_XHJy9tKI_gnGSim1n77fUmDsPMi5s

Read or watch the story 'Dinosaur Roar' on website:

<https://www.youtube.com/watch?v=5MMiiXIFNZA>

Learn new vocabulary linked to the dinosaur topic e.g. dinosaur names, fossils, bone, footprints, volcano, prehistoric, herbivore, carnivore, omnivore, extinct etc.

Make a poster sharing facts about your favourite dinosaur e.g. how big was it? What colour was it? What did it eat? etc.

purple mash Mini Mash

Suggested activities from these pins:

- Dinosaurs
- Zoo
- Farm Animals
- Vets

Maths

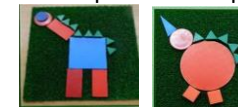
Watch and sing '10 Little Dinosaur' counting song on website:

<https://www.youtube.com/watch?v=TjmGTbNLi6Q>

Make dinosaur footprints and write the numbers 0-10. Can you order the footprints? Look or use template on website:

<https://litttleowlsresources.com/dinosaur-footprint-number-line>

2D Shape Dinosaur pictures



Use paper to draw and cut out different length dinosaur bones. Which is the longest bone? Which is the shortest bone.



Understanding the World

Scientists who study dinosaurs are called **palaeontologists**. What are fossils? Explain that fossils include dinosaur bones, dinosaur footprints, dinosaur teeth, and even dinosaur eggs.

Research your favourite dinosaur. Where can you find out about dinosaurs? Books and the internet.

Make a set of dinosaur footprints with clues on them. Follow them and go on a dinosaur hunt or adventure. Find dinosaur eggs templates on the way. What could you find at the end?

Explain that dinosaurs lived so long ago that no human being has ever seen a live one. Watch 'Andy's Dinosaur Adventures' on CBeebies website:

<https://www.bbc.co.uk/iplayer/episodes/b03wh7vl/andys-dinosaur-adventures>

Watch 'Putting together Dippy the Diplodocus at Birmingham Museum and Art Gallery' on website: https://www.youtube.com/watch?v=HWiQg9sF_PY

Watch 'David Attenborough's Museum Alive' trailer on website:

<https://www.youtube.com/watch?v=Lc9QaSa6W7w>

Expressive Art and Design

Make dinosaurs bone, fossil pictures, use twigs, leaves, dried pasta, earbuds (please supervise) etc.



Sing action song 'Baby T-Rex' (same tune as Baby Shark) on website:

<https://www.youtube.com/watch?v=u9ColmI3JbE>

Watch and make your own dinosaur sock puppet on Cbeebies website:

<https://www.bbc.co.uk/cbeebies/makes/presenters-make-dinosaur-sock-puppet>

What is the Olymp-mix?

With the Olympics being moved to 2021 the CSW SGO's wanted to give young people the Olympic experience. They have selected **four** Olympics sports Football, Gymnastics, Athletics and Sitting Volleyball and have created age related challenges for all, supported by our superstar athletes. Each sport has a challenge to complete and a support video showcasing an elite athlete. All Competitions are open to pupils from Key Stage 1-Key Stage 4.

The Olymp-Mix will go live on **Monday 29th June** with entries closing at 1pm on **Friday 10th July**. School Staff, Parents and Pupils will **have 2 weeks** to practice and complete the challenges and enter the competitions. Pupils/parents record the scores and enter via the relevant Survey Monkey link - <https://www.surveymonkey.co.uk/r/CSWVirtualOlympics>

Results will be announced on Monday 13th July via the @ThinkActiveCSW Twitter page at 1pm.

Alongside the sporting competitions there is also a School Games values competition, for Primary schools there is design a flag. Values competition entries - Flag entries for primary - <https://www.surveymonkey.co.uk/r/CSWFlag>

Will there be prizes or certificates?

All participants will receive access to an e-certificate.

Individuals - At the end of the week, the top 3 individuals from KS1 and KS2 will receive a £5.00 AMAZON E-VOUCHER.

Individual values Flag/Mascot competitions - The top 3 primary entries (flag design) will receive a £5.00 AMAZON VOUCHER

The primary school with the highest percentage of participants by the time each competition ends will receive a £75.00 PE equipment voucher.

Athletes Supporting the CSW Olymp-Mix

Football - Nat Haigh - Aston Villa Women - @nathaigh6

Athletics - Amy Hillyard - Team England 400m - @amyhilly

Sitting Volleyball - Kate Grey - Team England Paralympian - @kategrey25

Gymnastics - Mimi Cesar - Team England rhythmic Gymnast - @mimi_cesar



FOOTBALL

CLOSE CONTROL



Equipment

- A football or an alternative ball
- Stopwatch or timer

How to

Reception & Key Stage 1

- Place the ball on a hard surface
- Place the sole of your right foot on top of the ball, then remove and replace with the sole of your left foot
- Repeat this pattern as many times as possible in **30 seconds**
- Everytime the sole of your foot touches the ball you score 1 point

Key Stage 2

- Place the ball on a hard surface
- Place the sole of your right foot on top of the ball, then remove and replace with the sole of your left foot
- Repeat this pattern as many times as possible in **45 seconds**
- Everytime the sole of your foot touches the ball you score 1 point

Scoring

Complete as many successful touches as you can in either 30 seconds (reception & KS1) or 45 seconds (KS2). Make sure you keep your score and record.

I scored 76 in 30 seconds and 120 in 45 seconds - how many will you achieve?



Nat Haigh - Aston Villa
@NatHaigh6

Did you know?

Men's football has been a part of the Olympics since 1900, where GB won the first ever gold medal. They've won 3 gold medals in total, making them and Hungary the most successful Olympic men's football teams.

Women's football made the Olympic programme in 1996. The USA have won 4 of 6 tournaments, with Norway and Germany the only other countries to win the tournament to date.

Approximately 2,400 balls were used in the London 2012 Olympic competition.

Video support - <https://youtu.be/aMTLk0nzWbI>



GYMNASTICS



Mimi Cesar - Team England
@mimi_cesar

I scored 30 on my left leg and 30 on my right leg giving me a total of 60 points - how many will you achieve?

Did you know?

Artistic gymnastics was introduced at the very first Olympic Games in 1896, with the German team winning almost every medal.

Women weren't allowed to compete until 1928, where the Netherlands claimed the title.

Nadia Comaneci and Nellie Kim scored perfect 10s in 1976 at the Montreal Games, at the age of just 14. Gymnasts must now be 16 to compete in the Olympic Games.

Larissa Latynina dominated between 1956 and 1964, collecting a record 18 medals.

BALANCE HOLD

Equipment

- 1 rolled up pair of socks
- Stopwatch or timer

How to

- Take your pair of socks and balance them on your head
- Place your arms out by your side to help you with your balance
- Take your right leg off the floor, bend your knee and hold your leg up in front of you at a 90 degree angle - balancing on your left leg
- Record the number of seconds you can remain balanced
- You must stop the timer; before you reach the 30 second maximum score, if the socks fall off your head, or if you put your foot down
- Repeat the challenge, this time balancing on your right leg
- The maximum you can score is 60

Scoring

Balance for as long as you can in 30 seconds on your right and left leg, and add your scores together for your total (eg. right leg 22 + left leg 18 = total score 40.) The maximum you can score on each leg is 30 - for achieving 30 seconds without losing control of your balance. If your score has a decimal point please round up the next whole number.

Video support - <https://youtu.be/t6glGThu4ug>

RESPECT LAMP-MIX PASSION SELF-BELIEF ATHLETICS

SPEED BOUNCE

Equipment

- A rolled up towel or speed bounce mat
- Stopwatch or timer

How to

Reception & Key Stage 1

- Roll up a towel and place on a hard surface
- Jump from side to side over the towel. You must start with 2 feet and land with 2 feet
- Both feet must land over the towel to count as a point
- Repeat this pattern as many times as you can in **20 seconds**

Key Stage 2

- Roll up a towel and place on a hard surface
- Jump from side to side over the towel. You must start with 2 feet and land with 2 feet
- Both feet must land over the towel to count as a point
- Repeat this pattern as many times as you can in **30 seconds**

Scoring

Complete as many bounces as you can in either 20 seconds (reception & KS1) or 30 seconds (KS2). Remember: to count as a point you must be jumping from 2 feet to 2 feet.



I scored 49 in 20 seconds and 76 in 30 seconds - how many will you achieve?



Amy Hillyard
Team England

@amyhilly

Did you know?

The first race was held during the first Olympics in 776 BC. It was 600ft long.

Usain Bolt is the fastest person in the world, running 100m in 9.58 seconds in 2009.

Hidekichi Miyazaki is the oldest competitive sprinter at 105 years old. He recently ran the 100m in 42.22 seconds, and is otherwise known as the 'Golden Bolt' for imitating Usain Bolt's well-known lightning pose!

165,000 towels were required at the Olympic Village throughout the 2 week London Games in 2012.



Video support - <https://youtu.be/ACNHabPMvPE>



Got to be in it
to win it!

Come on
team St
Anne's!

RESPECT LAMP-MIX PASSION SELF-BELIEF SITTING VOLLEYBALL

KEEP-UP

Equipment

- A balloon or beachball
- Stopwatch or timer

How to

- Start in a seated position, and use any part of your arms to keep the balloon in the air
- Each time you hit/tap the balloon and it travels **above head height**, you score 1 point
- You will have **60 seconds** to score as many points as possible
- During the challenge you must remain seated, if you come up onto your knees or feet, these points should **not** be included in your score
- If the balloon hits the ground: do not worry - continue, collect it, sit back down quickly and continue. Do not stop the clock, continue scoring from where control was lost.



I scored 64 in 60 seconds - how many will you achieve?



Kate Grey - Team GB
Paralympian

@kategrey25

Did you know?

After sitting volleyball was created as a rehabilitation sport for injured soldiers in 1956, it was officially included in the Paralympic Games in 1980. The women's event was introduced to the programme in 2004. It is one of the most popular Paralympic team sports, with over 10,000 athletes competing across 75 countries.

Morteza Mehrzadseleakjani of Iran was one to watch in Rio 2016. As the 2nd tallest person in the world, and tallest athlete to ever compete at a Paralympic Games, he was able to apply his 2.48m height to great effect!

FOLLOW RETWEET GET INVOLVED

#STAYHOME STAY ACTIVE

#STAYINWORKOUT

Scoring

Complete as many successful keep-ups as you can in 60 seconds. Make sure you keep your score and record.

Video support - <https://youtu.be/P6t9OIZXa0s>

