

## ST. ANNE'S CATHOLIC PRIMARY

Year Group: **Nursery**

Week Beginning: **29<sup>th</sup> June 2020**

Please find some suggested fun learning activities to do with your family this week. We appreciate and are fully aware that families can only do their best with the technology and resources they have available. 🐦 Please follow our Twitter page and if you would like to share work with us, please include our twitter link @StAnnesCP in your tweet. The main way to share your child's work and activities is through the year group email: [s83nursery@st-annes.solihull.sch.uk](mailto:s83nursery@st-annes.solihull.sch.uk) If you have any queries about other matters, please continue to use Parent Mail: [parentmail@st-annes.solihull.sch.uk](mailto:parentmail@st-annes.solihull.sch.uk)

### Religious Education

**A lovely Invitation:** Archbishop Bernard Longley will be leading a virtual Mass on **Monday 29.6.2020 at 10.00am**. The Mass celebrates the wonderful fundraising that the children do during Lent, when they fill the Good Shepherd boxes that they bring home in aid of Father Hudson's Care. The Mass is easy to access from the St Chad's Cathedral website: <https://www.stchadscathedral.org.uk/>

**RE-Wednesday Word** (available on school website: parents/home learning/ Catholic Life including Wednesday Word) Enjoy a quiet moment reading the Gospel and praying to God.

#### **RE Unit of Work-Special Celebrations**

Recap on work about Sunday being the day that people gather in Church to celebrate Mass. Another reason people gather in Church is to celebrate a wedding. Use pictures from a bridal magazine online or look at family and friend's photographs to explore and find out about the special celebration of a wedding. Talk about own experiences of a wedding celebration.

### Physical Development

**Real PE** activities on website: <https://home.jasmineactive.com/>

Username parent email: [parent@stannescat-2.com](mailto:parent@stannescat-2.com)

Password: **stannescat**

**The CSW Virtual Olymp-Mix starts on Monday 29th June. Watch the CSW SGO launch video here - <https://youtu.be/s-RSVM64I70> Additional information and resources can be found on page 3 & 4!**



### Communication & Language

Speaking and listening underpins all of these activities. Make time to talk, have conversations and ask questions about daily life, activities, stories, games and movies etc.

Thank you for all of your wonderful and continued support with home learning. Through our communications with families over the past weeks we are aware that many children are enjoying caring for their pets or finding out more about animals in their local environment and beyond. Our theme for this week, therefore is:

### Pets and Animals



### Daily Prayer

#### **Praying Together**

It would be lovely if at 9am every morning we all join with our families in saying the Morning Offering:

***Oh my God I give to you,  
All that I think and say and do.  
All my work and happy play  
I offer to you my God today.  
Amen.***

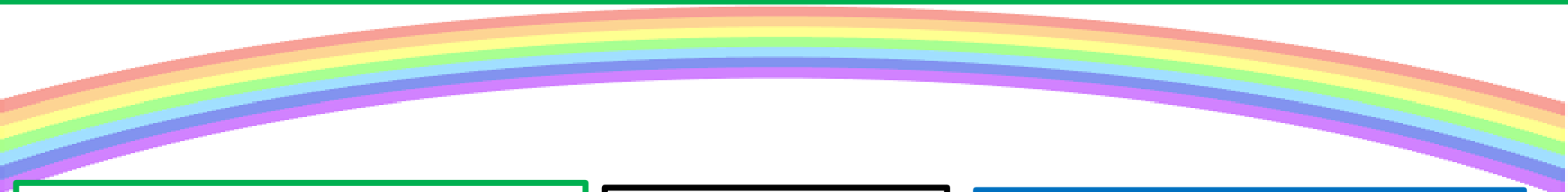
By doing this, although we can't be together physically, we will be together as a school family in prayer.

### Personal Social & Emotional

Caring for pets is a very important job and a big responsibility, what qualities do you think you need to look after a pet?

Think of a pet that you have now or a pet that you would like to have and make a list of all the things you need to love and take care of your chosen pet.

Make a pet fact file/poster on how to care for your chosen pet, that could help other people know how much hard work having a pet can be.



## Literacy

Story Time-Watch the uploaded videos of the Nursery staff and other staff members reading to you. This will be updated weekly with new stories so please do enjoy ☺ Here is the link:

[https://www.youtube.com/playlist?list=PLBI\\_XHJy9tKI\\_gnGSim1n77fUmDsPMi5s](https://www.youtube.com/playlist?list=PLBI_XHJy9tKI_gnGSim1n77fUmDsPMi5s)

Read or watch the story 'Dear Zoo' by Rod Campbell on website:

<https://www.worldbookday.com/videos/dear-zoo/>

Write a letter to the Zoo, which pet would you like?

For each animal in 'Dear Zoo' can you hear the first letter sound? Can you draw the animals and write a label for each one e.g. I-lion, d-dog, s-snake.



## Mini Mash

**Suggested activities from these pins:**

- Baby Animals
- Zoo
- Farm Animals
- Vets

## Maths

Listen to and join in with take away one song 'Spring Chicken' from 'Out of the Ark' on website:

[https://www.youtube.com/watch?time\\_continue=2&v=TKewyLCKLwI&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=2&v=TKewyLCKLwI&feature=emb_logo)

On paper draw and cut out 3 snakes: 1 long, 1 short and 1 middle-sized. Can you put them in size order? Who can make the longest snake?

Look at all the animals in the story 'Dear Zoo'. Which is the biggest animal? Which is the shortest animal? Can you order all the animals by size order, smallest to largest?

## Understanding the World

Find out about the lifecycles of frogs and butterflies.

Watch a time lapse video such as : <https://www.youtube.com/watch?v=cAUSKxWMIh0>

Observe and make a record of the birds that visit your garden or local park: Which birds are most common?

Use this online bird spotter to identify which bird it is:

<https://www.rspb.org.uk/birds-and-wildlife/wildlife-guides/identify-a-bird/> What time of day do birds appear in your garden? Try putting different bird feeds out in the garden or on your feeder, what happens then?

Watch a variety of animals who need to visit the vet with 'Fern and Rory's Vet Tales' on Cbeebies website:

<https://www.bbc.co.uk/programmes/b09gj0hn/episodes/player>

Have you ever been to visit a farm? Have you ever been to visit a zoo? Talk about your experiences. Draw or print out a collection of animal photographs and sort them into two groups. Farm animals and Wild animals.

Sing action song 'We're All Going to the Zoo' and name the different animals on website:

<http://www.youtube.com/watch?v=VP4OnxTAgXI&feature=related>

Take a virtual visit to a zoo and watch 12 Live Animal Webcams links on website:

<https://www.countryliving.com/uk/wildlife/countryside/g31784857/live-animal-webcam-zoo/>

## Expressive Art and Design

Sing and join in with action song 'Animal Boogie' on YouTube: from Barefoot Books on website: [http://www.youtube.com/watch?v=25\\_u1GzruQM](http://www.youtube.com/watch?v=25_u1GzruQM)

Draw or use play dough to recreate the life cycle of a butterfly or a frog.

Listen to and join in with song 'If I were a Minibeast' from 'Out of the Ark' on website:

[https://www.youtube.com/watch?time\\_continue=3&v=-eajwaH0\\_2c&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=3&v=-eajwaH0_2c&feature=emb_logo)

Listen to and join in with song 'The Tadpole Song' from 'Out of the Ark' on website:

[https://www.youtube.com/watch?time\\_continue=157&v=hEf6-Rf5Z6A&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=157&v=hEf6-Rf5Z6A&feature=emb_logo)

Role play being a vet, use soft toys as the animals. Make them feel better by looking after them.

Paint or draw a picture of your favourite pet, farm or wild animal.

Use collage, junk modelling, to make your favourite animals.

Listen to and join in with song 'I Heard a Blackbird Singing' from 'Out of the Ark' on website:

[https://www.youtube.com/watch?time\\_continue=4&v=ebcDzNhrWCs&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=4&v=ebcDzNhrWCs&feature=emb_logo)

## What is the Olymp-mix?

With the Olympics being moved to 2021 the CSW SGO's wanted to give young people the Olympic experience. They have selected **four** Olympics sports Football, Gymnastics, Athletics and Sitting Volleyball and have created age related challenges for all, supported by our superstar athletes. Each sport has a challenge to complete and a support video showcasing an elite athlete. All Competitions are open to pupils from Key Stage 1-Key Stage 4.

The Olymp-Mix will go live on Monday 29th June with entries closing at 1pm on Friday 10th July. School Staff, Parents and Pupils will **have 2 weeks** to practice and complete the challenges and enter the competitions. Pupils/parents record the scores and enter via the relevant Survey Monkey link - <https://www.surveymonkey.co.uk/r/CSWVirtualOlympics>

**Results** will be announced on Monday 13th July via the @ThinkActiveCSW Twitter page at 1pm.

Alongside the sporting competitions there is also a School Games values competition, for Primary schools there is design a flag. Values competition entries - Flag entries for primary - <https://www.surveymonkey.co.uk/r/CSWFlag>

## Will there be prizes or certificates?

All participants will receive access to an e-certificate.

Individuals - At the end of the week, the top 3 individuals from KS1 and KS2 will receive a £5.00 AMAZON E-VOUCHER.

Individual values Flag/Mascot competitions - The top 3 primary entries (flag design) will receive a £5.00 AMAZON VOUCHER

The primary school with the highest percentage of participants by the time each competition ends will receive a £75.00 PE equipment voucher.

## Athletes Supporting the CSW Olymp-Mix

Football - Nat Haigh - Aston Villa Women - @nathaigh6

Athletics - Amy Hillyard - Team England 400m - @amyhilly

Sitting Volleyball - Kate Grey - Team England Paralympian - @kategrey25

Gymnastics - Mimi Cesar - Team England rhythmic Gymnast - @mimi\_cesar



# FOOTBALL

## CLOSE CONTROL



**Equipment**

- A football or an alternative ball
- Stopwatch or timer

**How to**

Reception & Key Stage 1

- Place the ball on a hard surface
- Place the sole of your right foot on top of the ball, then remove and replace with the sole of your left foot
- Repeat this pattern as many times as possible in **30 seconds**
- Everytime the sole of your foot touches the ball you score 1 point

Key Stage 2

- Place the ball on a hard surface
- Place the sole of your right foot on top of the ball, then remove and replace with the sole of your left foot
- Repeat this pattern as many times as possible in **45 seconds**
- Everytime the sole of your foot touches the ball you score 1 point

**Scoring**

Complete as many successful touches as you can in either 30 seconds (reception & KS1) or 45 seconds (KS2). Make sure you keep your score and record.

**Video support** - <https://youtu.be/aMTLk0nzWbI>



Nat Haigh - Aston Villa  
@NatHaigh6

**Did you know?**

Men's football has been a part of the Olympics since 1900, where GB won the first ever gold medal. They've won 3 gold medals in total, making them and Hungary the most successful Olympic men's football teams.

Women's football made the Olympic programme in 1996. The USA have won 4 of 6 tournaments, with Norway and Germany the only other countries to win the tournament to date.

Approximately 2,400 balls were used in the London 2012 Olympic competition.



# GYMNASTICS



Mimi Cesar - Team England  
@mimi\_cesar

**Did you know?**

Artistic gymnastics was introduced at the very first Olympic Games in 1896, with the German team winning almost every medal.

Women weren't allowed to compete until 1928, where the Netherlands claimed the title.

Nadia Comaneci and Nellie Kim scored perfect 10s in 1976 at the Montreal Games, at the age of just 14. Gymnasts must now be 16 to compete in the Olympic Games.

Larissa Latynina dominated between 1956 and 1964, collecting a record 18 medals.

## BALANCE HOLD

**Equipment**

- 1 rolled up pair of socks
- Stopwatch or timer

**How to**

- Take your pair of socks and balance them on your head
- Place your arms out by your side to help you with your balance
- Take your right leg off the floor, bend your knee and hold your leg up in front of you at a 90 degree angle - balancing on your left leg
- Record the number of seconds you can remain balanced
- You must stop the timer; before you reach the 30 second maximum score, if the socks fall off your head, or if you put your foot down
- Repeat the challenge, this time balancing on your right leg
- The maximum you can score is 60

**Scoring**

Balance for as long as you can in 30 seconds on your right and left leg, and add your scores together for your total (eg. right leg 22 + left leg 18 = total score 40.) The maximum you can score on each leg is 30 - for achieving 30 seconds without losing control of your balance. If your score has a decimal point please round up the next whole number.

**Video support** - <https://youtu.be/t6glGThu4ug>



# RESPECT LAMP-MIX PASSION SELF-BELIEVE ATHLETICS

## SPEED BOUNCE

### Equipment

- A rolled up towel or speed bounce mat
- Stopwatch or timer

### How to

#### Reception & Key Stage 1

- Roll up a towel and place on a hard surface
- Jump from side to side over the towel. You must start with 2 feet and land with 2 feet
- Both feet must land over the towel to count as a point
- Repeat this pattern as many times as you can in **20 seconds**

#### Key Stage 2

- Roll up a towel and place on a hard surface
- Jump from side to side over the towel. You must start with 2 feet and land with 2 feet
- Both feet must land over the towel to count as a point
- Repeat this pattern as many times as you can in **30 seconds**

### Scoring

Complete as many bounces as you can in either 20 seconds (reception & KS1) or 30 seconds (KS2). Remember: to count as a point you must be jumping from 2 feet to 2 feet.



I scored 49 in 20 seconds and 76 in 30 seconds - how many will you achieve?



Amy Hillyard  
Team England

@amyhilly

### Did you know?

The first race was held during the first Olympics in 776 BC. It was 600ft long.

Usain Bolt is the fastest person in the world, running 100m in 9.58 seconds in 2009.

Hidekichi Miyazaki is the oldest competitive sprinter at 105 years old. He recently ran the 100m in 42.22 seconds, and is otherwise known as the 'Golden Bolt' for imitating Usain Bolt's well-known lightning pose!

165,000 towels were required at the Olympic Village throughout the 2 week London Games in 2012.



Video support - <https://youtu.be/ACNHabPMvPE>



Got to be in it  
to win it!

Come on  
team St  
Anne's!

# RESPECT LAMP-MIX PASSION SELF-BELIEVE SITTING VOLLEYBALL

## KEEP-UP

### Equipment

- A balloon or beachball
- Stopwatch or timer

### How to

- Start in a seated position, and use any part of your arms to keep the balloon in the air
- Each time you hit/tap the balloon and it travels **above head height**, you score 1 point
- You will have **60 seconds** to score as many points as possible
- During the challenge you must remain seated, if you come up onto your knees or feet, these points should **not** be included in your score
- If the balloon hits the ground: do not worry - continue, collect it, sit back down quickly and continue. Do not stop the clock, continue scoring from where control was lost.



I scored 64 in 60 seconds - how many will you achieve?



Kate Grey - Team GB  
Paralympian

@kategrey25

### Did you know?

After sitting volleyball was created as a rehabilitation sport for injured soldiers in 1956, it was officially included in the Paralympic Games in 1980. The women's event was introduced to the programme in 2004. It is one of the most popular Paralympic team sports, with over 10,000 athletes competing across 75 countries.

Morteza Mehrzadseleakjani of Iran was one to watch in Rio 2016. As the 2nd tallest person in the world, and tallest athlete to ever compete at a Paralympic Games, he was able to apply his 2.48m height to great effect!

FOLLOW RETWEET GET INVOLVED

#STAYHOME STAY ACTIVE

#STAYINWORKOUT

### Scoring

Complete as many successful keep-ups as you can in 60 seconds. Make sure you keep your score and record.

Video support - <https://youtu.be/P6t9OIZXa0s>

