

## ST. ANNE'S CATHOLIC PRIMARY

Year Group: **Nursery**

Week Beginning: **22<sup>nd</sup> June 2020**

Please find some suggested fun learning activities to do with your family this week. We appreciate and are fully aware that families can only do their best with the technology and resources they have available. 🐦 Please follow our Twitter page and if you would like to share work with us, please include our twitter link @StAnnesCP in your tweet. The main way to share your child's work and activities is through the year group email: [s83nursery@st-annes.solihull.sch.uk](mailto:s83nursery@st-annes.solihull.sch.uk) If you have any queries about other matters, please continue to use Parent Mail: [parentmail@st-annes.solihull.sch.uk](mailto:parentmail@st-annes.solihull.sch.uk)

### Religious Education

**RE-Wednesday Word** (available on school website: parents/home learning/Catholic Life including Wednesday Word) Enjoy a quiet moment reading the Gospel and praying to God.

#### **RE Unit of Work-Special Celebrations**

Talk about all the different celebrations we might celebrate e.g. Birthdays, Christmas, Baptism, Wedding etc. Think about the common themes of celebrating e.g. family, friends, food, games, gifts etc. Play a simple party game e.g. musical statues, musical bumps, pass the parcel. Where did the special celebrations take place? Look at some photographs of you and your child celebrating a special occasion. Ask your child to draw or paint a picture of themselves at the special celebration.

### Physical Development

Go for a walk and explore your local area. Look, notice and spot what there is where you live e.g. a park, a river, the Church, Asda, library etc.

**Real PE** activities on website: <https://home.jasmineactive.com/>

Username parent email: [parent@stannescat-2.com](mailto:parent@stannescat-2.com)

Password: [stannescat](#)

**Please see pages 3-8 for a range of resources you can use throughout the week to celebrate National Sports Week at home!**



### Communication & Language

Speaking and listening underpins all of these activities.

Make time to talk, have conversations and ask questions about daily life, activities, stories, games and movies etc.

Hello, we hope you are continuing to stay safe, happy and well. Thank you for all of your wonderful and continued support with home learning. Our theme for this week is 'Our Local Area' and will give the children the opportunity to learn something new about their special place in the world.



### Daily Prayer

#### **Praying Together**

It would be lovely if at 9am every morning we all join with our families in saying the Morning Offering:

***Oh my God I give to you,  
All that I think and say and do.  
All my work and happy play  
I offer to you my God today.  
Amen.***

By doing this, although we can't be together physically, we will be together as a school family in prayer.

### Personal Social & Emotional

Listen to and join in with emotions song 'When It's a Sunny Day' from 'Out of the Ark' on website:

[https://www.youtube.com/watch?time\\_continue=90&v=73\\_y1ESHxql&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=90&v=73_y1ESHxql&feature=emb_logo)

Listen to and join in with emotions song 'Clap Hands! Stamp Feet!' from 'Out of the Ark' on website:

[https://www.youtube.com/watch?time\\_continue=70&v=Uv3JitQzvUc&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=70&v=Uv3JitQzvUc&feature=emb_logo)

Listen to and join in with emotions song 'Just Sing!' from 'Out of the Ark' on website: [https://www.youtube.com/watch?time\\_continue=4&v=ut5\\_ZaEAS3s&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=4&v=ut5_ZaEAS3s&feature=emb_logo)

## Literacy

Story Time-Watch the uploaded videos of the Nursery staff and other staff members reading to you. This will be updated weekly with new stories so please do enjoy ☺ Here is the link:

[https://www.youtube.com/playlist?list=PLBI\\_XHJy9tKI\\_gnGSim1n77fUmdsPMi5s](https://www.youtube.com/playlist?list=PLBI_XHJy9tKI_gnGSim1n77fUmdsPMi5s)

Support your child to learn their address. Do they know the name of their street? Can you write/create a colourful street sign.

Write an 'All About Where I Live' fact sheet.

|                                   |                                  |
|-----------------------------------|----------------------------------|
| All About ...e.g. Chelmsley Wood  |                                  |
| Picture of my house.              | Picture of me and my family.     |
| There is...e.g. shops, river etc. | I like...<br>I don't like...etc. |

## purple mash Mini Mash

Suggested activities from these pins:

- All About Me
- Growing
- Numbers and Counting

## Maths

What number house do you live in? Draw, decorate or make a new number sign for your house.

Numbers are everywhere! Look for numbers in your local environment. What number bus goes near your house? What number house does your next door neighbour live at? Have any road signs got numbers on? What numbers can you see on car registration plates? What other numbers can you find? Write down all the numbers that you find.

## Understanding the World

What type of houses are on your street? What type of house do you live in? What other buildings are close by? Look on Google Earth. Draw a simple map of your local area include key features e.g. school, park, shops, a river etc.

Find your house on Google maps. Explore finding your house from above and on street view. Use the arrows to move up and down the road and around your area. Can you find key places e.g. the corner shop, our school, grandparents' house etc.?

We are blessed to have 'Meriden Park' in Chelmsley Wood. Have you ever played there? Have you got a park near your house? Design and plan a new park, use Lego, construction toys or junk etc. to build your idea and bring it to life.

## Expressive Art and Design

This is a photograph of the meadow in our local area; you can find this beautiful meadow of colourful flowers opposite Asda in Chelmsley Wood. Recreate the beautiful meadow by drawing, painting or collage.



Role play different jobs in your local community e.g. shopkeeper, teacher, librarian, bus driver, police officer, McDonald's etc.



Dear Parent,

**How do you fancy challenging friends, family or neighbours to some fun, virtual sporting activities this summer?**

At national children's charity, the Youth Sport Trust, we are determined to ensure that young people stay active and connected through this difficult time. We've been helping families do this with our daily [#StayHomeStayActive](#) activities since March and now we're challenging the public to go one step further by joining us in our first ever National School Sport Week at Home, supercharged by Sky Sports.

Taking place from 20-26 June, the week will give families, communities, schools and sports clubs the opportunity to take part in a series of virtual sporting challenges which help young people capture the enjoyment, competition and camaraderie they may be missing out on and the Youth Sport Trust is delighted that Sky Sports will be helping to supercharge the campaign.

**How do I find out more?**

Registering couldn't be simpler. Just go to our website [www.youthsporttrust.org/nssw](http://www.youthsporttrust.org/nssw) and click on the link for parents. You will be asked a couple of questions as you register about who you might challenge and how many people you would like to get involved.

After signing up we will provide you with free and easy-to-use resources to help plan your week of National School Sport Week at Home Activity, set challenges for your families, friends and neighbours, and shout about it online.

So, what are you waiting for? Join the growing number of people who will be running, jumping and throwing their way to glory from 20-26 June.

## National School Sport Week at Home 2020

Celebrating the power of sport to bring people together

#NSSWtogether



Activity Ideas



supercharged by  
**sky sports**



supercharged by  
**sky sports**



Consider the five ways to wellbeing throughout your chosen activity:



Take part in individual skills challenges / events. Can you go faster, higher, stronger?



Encourage each other to improve your Personal Bests (PBs)



Show your acts of kindness through support for each other



Make a note of the progress and improvement you each make



Learn new skills and see self-improvement through preparation and practice

## Choose



## Challenge



## Capture

**Choose** your event, these are just a few ideas:

- **Quick Start** - How fast can you react from different starting positions to sprint a set distance?
- **Speed bounce** - this will certainly get your heart racing. How many times can you jump side to side in 60 seconds?
- **Right Way Wrong Way** - in 60 seconds, can you challenge someone to turn everything the right way, as you turn everything the wrong way? You could play this in teams, or as a relay.
- **Wacky races** - can you create your own Wacky race? Add obstacles, find different ways to move and compete against the clock? Challenge someone in your home, or virtually to take part too.
- **Running cards** - race against the clock and an opponent to reveal the Ace to the King in a suit of cards. How quickly can you complete the challenge? Can you improve your time?
- **Nutty squirrels** - as a team or individually, how many items can you collect before they are all gone?

**Challenge** yourself, your family, your friends:

- How far could you run with all your quick start attempts
- How many people could you challenge to do speed bounce at the same time?
- Can you support each other to improve your personal best?

**Capture** it, create memories and celebrate. Why not...

- Create and stage your own 'old school' sports day using multiple activities
- Have fun with it - you could wear fancy-dress
- Have a parents'/guardians' race
- Create a journal or scrapbook about your week to capture these memories.

Take photos, videos and make memories. We would love to see them. [#NSSWtogether](#)



Sky Sports Scholar

**Samantha Kinghorn, wheelchair racing**

"Sport is amazing!

Give everything your best, try new things and never give up."

Consider the five ways to wellbeing throughout your chosen activity:



Practise target and rally games. How many can you do? Can you improve your personal best?



Work together to achieve a shared goal or score



Know yourself and how you can make a difference to help others



Take notice of the target and goal you are working towards



Develop your hand-eye coordination and aiming, as well as patience and control

## Choose



## Challenge



## Capture

**Choose** your event, these are just a few ideas:

- **Frisbee golf** - get creative with setting up a course around your house, either indoors or out. Decide how many shots to allow per hole and have fun.
- **Target games** - there are lots of ideas here for you to try. So why not try them all? Decide which is your favourite, then attempt to beat your personal best.
- **King of the cones** - can you be the king or queen of the cones? Hit your opponent's cone, collect it and add it to yours. Can you hit them all to win?
- **In the box** - how far away from the box can you get and still land your ball on target? Challenge yourself to improve your personal best.
- **Tap up tennis** - how many times can you tap up a tennis ball in 60 seconds? How many times can you rally with a partner to keep the ball up in 60 seconds?

**Challenge** yourself, your family, your friends:

- What is the highest score you can achieve together in a set time?
- How many can you do or how far can you go without stopping?
- Can you work together to improve your score over three attempts?

**Capture** it, create memories and celebrate. Why not...

- Take part dressed up like a famous sports person from your chosen activity
- Add a theme and pretend to be Robin Hood
- Send your video to friends and family challenging them to beat your score
- Create a journal or scrapbook about your week to capture these memories.

Take photos, videos and make memories. We would love to see them. [#NSSWtogether](#)

**Sky Sports Scholar**

**Emily Appleton, tennis**

"When I was at school I absolutely loved competition, and taking part in PE lessons was my favourite time of the week so I cannot imagine the thought of not being allowed to do this over the period of lockdown. As a result I am sure you are all itching to get back out there and be active which is why National School Sport Week at Home is the perfect opportunity to do so!"



Consider the five ways to wellbeing throughout your chosen activity:



Take part in team challenges



Work together as part of a team



Recreate that sense of belonging. What does it feel like to be part of a team?



Take notice of what it feels like to achieve as a team



Develop your passing, kicking and coordination skills. Don't forget the importance of teamwork

## Choose



## Challenge



## Capture

**Choose** your event, these are just a few ideas:

- **Super session** - there are lots of ideas here for you to try. So why not try them all? Decide which is your favourite, work together and aim to beat your personal best.
- **Fast feet** - how many times can you dribble a ball around a marker and back in 60 seconds? Does this improve when you are part of a team? Try using different types of ball!
- **Wastepaper Basketball** - how far can you shoot a basket from into a bin? Challenge someone to beat your distance and find new ways to throw it in!
- **Keepy uppy challenge** - an oldie but a goodie! How many can you do in a pair, as a team? Try using different types of balls or objects.
- **Cool catcher** - how many throws and catches can you do with a partner in 60 seconds? Could you make it more challenging? E.g. turn around after each throw.
- **Sock wars** - a bit like tag rugby, can you protect your socks from capture by your opponents?

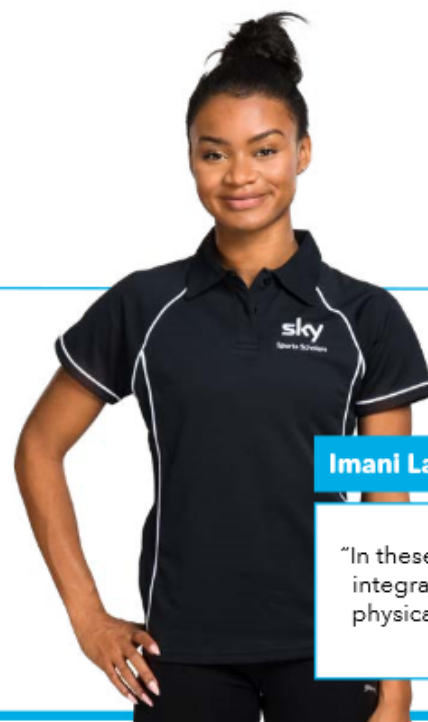
**Challenge** yourself, your family, your friends:

- How many can you do without stopping?
- Can you work together to improve over three attempts?
- Can you adapt the challenge to make it more creative or encourage more family members to be involved?

**Capture** it, create memories and celebrate. Why not...

- Create a team celebration to complete after the challenge? Film it and share it.
- Take a 'professional' team photo to include everyone who took part in your activity.
- Create a team identity and dress the same to play.
- Create a journal or scrapbook about your week to capture these memories.

Take photos, videos and make memories. We would love to see them. [#NSSWtogether](#)



**Sky Sports Scholar**

**Imani Lansiquot, athletics**

"In these unprecedented times, it's even more integral children are keeping fit not only for physical benefit but also for mental benefit."

Consider the five ways to wellbeing throughout your chosen activity:



Find new trails to explore and set yourself a personal challenge to beat



Get ready for an adventure. Use your chosen event to explore what is around you. Try something new together



Share your experiences with others. Involve your family, friends and neighbours in your activities



Take notice of your environment. Use this as an opportunity to learn more about your surroundings



Challenge yourself to learn more about your limits and find creative ways to improve



## Choose



## Challenge



## Capture

**Choose** your event, these are just a few ideas:

- **Race across the river** - using only two flat objects can you cross the river without touching the floor? Challenge yourself to find new ways to move, can you get faster?
- **Orienteering challenge** - create an orienteering treasure hunt in your own home or local surroundings. Can you make the challenge more difficult by hiding items that spell out a hidden word?
- **Swipe and swap** - how good are you at moving objects with different parts of your body? This is a great activity for core stability and balance. Can you challenge yourself to beat your personal best in three attempts?
- **Horizontal climbing** - don't worry you don't need to climb the side of your house for this one! Just use socks and gloves and remember to maintain three points of contact!
- **Go for a bike ride** - find a new route, challenge yourself to cycle further or faster in a time trial. Stay safe and take notice of your environment.

**Challenge** yourself, your family, your friends:

- Creativity is key, challenge yourself to set up exciting routes and give them a try.
- Time yourself from start to finish, then try to improve your time.
- Find new creative ways to move, test your limits to improve.

**Capture** it, create memories and celebrate. Why not...

- Go outdoors and find a new space to take part in your activity.
- Take pictures along your journey, can you find all the colours in the rainbow?
- Can you draw a map of the route you take on your journey?
- Create a journal or scrapbook about your week to capture these memories.

Take photos, videos and make memories. We would love to see them. [#NSSWtogether](#)



Sky Sports Scholar

Max Litchfield, swimming

"Sport is an absolutely incredible thing for so many reasons, but above all for living a happy and healthy lifestyle! As you have signed up to the National School Sport Week at Home you clearly agree with me and I would just like to say good luck with everything this week, learn, make friends (even if it is socially distanced friends) but most of all, have fun!"



Consider the five ways to wellbeing throughout your chosen activity:



Get creative and come up with fun new activities to try!



Create activities to perform together



Take part in your activities for pure entertainment. Have fun and put a smile on everyone's face



Take notice of your own and others' creativity. Be proud and have fun trying something new



Learn to choreograph and use your imagination. Challenge yourself to be creative

## Choose



## Challenge



## Capture

**Choose** your event, these are just a few ideas:

- **Partner dance** - find a partner and have fun. Either copy this dance or get creative and choreograph your own.
- **Disney Dance Along** - looking for inspiration, then check out these Disney themed dances. Find a partner, pick your favourite Disney Dance, practise and perform.
- **Cosmic Kids Yoga** - relax and practise your poses with some Yoga. Can you get your whole family involved? Could you then create your own Yoga flow?
- **KIDZBOP** - choose your favourite song, gather your backing dancers, watch the video and recreate the dance. Could you use this as inspiration to create your own dance?
- **Upside down challenge** - can you balance something on your body as you turn upside down? Head stands, handstands, balances - get creative.
- **Become a super mover!** - there are lots of ideas here for you to try. Dance with Alex Scott, Max and Harvey or The Vamps! Get the whole family involved in the dance mat fun. Follow the moves and feel the groove!

**Challenge** yourself, your family, your friends:

- Can you support each other to try new activities?
- Pick your favourite song and choreograph a new routine.
- Showcase your performances and hold up scores like you are on Strictly Come Dancing! Don't forget to share top tips to help someone improve.

**Capture** it, create memories and celebrate. Why not...

- Put on a performance, film it and share it with family and friends.
- Have a dance off! Who has the best moves? Would you put this on TikTok?
- Create a poster to showcase your performance.
- Create a journal or scrapbook about your week to capture these memories.

Take photos, videos and make memories. We would love to see them. [#NSSWtogether](#)



**Sky Sports Scholar**

**Joe Fraser, gymnastics**

"With it being National School Sport Week at Home, I think it's a great opportunity for us all to get active and involved! Giving us all the opportunity to try some new sports and experiences. Enjoy yourself, get involved and have fun!"