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<https://www.bbc.co.uk/bitesize>

English

Use these worksheets to work from and not on. All you need is a piece of paper, pencil and a ruler.

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Bitesize: <https://www.bbc.co.uk/bitesize>

After watching the videos and having a go at the practise activities on BBC Bitesize, have a go at these activities. Depending on your confidence choose Mild, Medium or Spicy.



Extensions – You may wish to deepen your learning by looking at Purple Mash for any extra activities.

Monday

<https://www.bbc.co.uk/bitesize/tags/zmyxxyc/year-3-and-p4-lessons/1>

Spellings

Newspaper writing - have a go at the activities on BBC Bitesize.

	1st try	2nd try	3rd try
myth			
gym			
pyramid			
Egypt			
mystery			
symbol			
syllable			
syrup			
symptom			
rhythm			

For your task today, I would like you to practice your spellings and write a sentence for each one.

If you find these spellings too challenging, there is a different set for you to try on the next page.

	1 st try	2 nd try	3 rd try
gem			
giraffe			
magic			
germ			
digit			
fidget			
giant			
gentle			
gentleman			
gym			

Mild: Your task is to write a sentence for each spelling in your neatest handwriting.

Medium - Write a sentence for each spelling using the conjunctions for, and, nor, but, or, yet, so to extend your sentences.

Spicy: Write a sentence for each spelling using the conjunctions when, if, that, because or although to extend your sentences.

Tuesday

<https://www.bbc.co.uk/bitesize/tags/zmyxxyc/year-3-and-p4-lessons/1>

Instruction Writing

Y3 Instructions Word Mat



method	steps	equipment	recipe
ingredients	you will need	how to	add
mix	place	cut	measure
prepare	use	enjoy	rinse
boil	melt	attach	fold
heat	squeeze	slice	spread
because	when	if	as
after	while	before	so
but			

Mild

Activity 1 – Reading Comprehension – Greek Salad Recipe

Greek-Style Salad Recipe

Greek-style salad is a delicious and healthy salad from Greece. It is perfect for eating on a summer's day. It has some strong ingredients, such as olives, that not everybody enjoys. It is made with a salty cheese made from sheep's milk, called feta.

Ingredients

- fresh cucumber 
- fresh tomatoes 
- red onion 
- feta cheese 
- olives (optional) 
- olive oil 

Equipment

- chopping board
- sharp knife (make sure you are supervised by an adult when using this)
- large salad bowl
- salad spoons or tongs



Steps

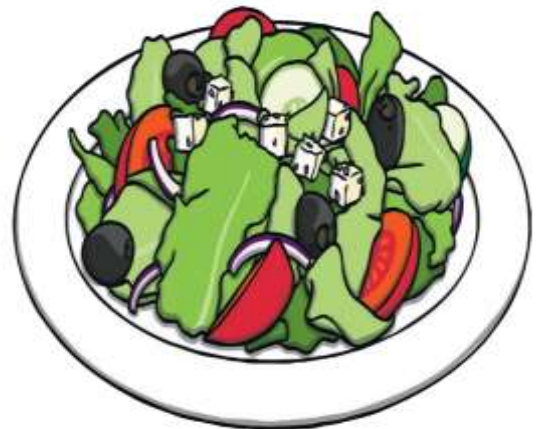
1. To begin, wash your hands thoroughly.
2. Next, slice the cucumber and add it to the bowl. You can quarter the slices if you like. Chop the tomatoes into quarters and add them to the bowl. Slice the red onion finely and scatter the thin slices on top.
3. After that, chop the feta cheese into chunks and place them on top of the salad.



4. Next, chop the olives in half if you are using them, removing the stones if they have any. Add the olives to the salad.
5. Finally, drizzle generously with the olive oil and mix well, using the salad spoons or tongs.
6. Now, serve and enjoy your salad! You may wish to serve it with a dip called *tzatziki*, made by mixing together cucumber, mint and yoghurt.

Did You Know...?

In Greece, this salad is called *horiatiki* salad, meaning 'from the village' salad.



Questions

1. What is feta cheese made from?
☐ Cows milk
☐ Sheeps milk
☐ Goats milk
2. What might you serve the salad with?
3. Can you find a verb (action word) that describes how to put the olive oil on top?
4. ***It has some strong ingredients, like olives, that not everybody enjoys***
Why do you think that some people don't enjoy these ingredients?

How to Make a Jam Sandwich

What you need:



Bread



Butter



Knife



Jam

Activity 2

Using these four ingredients, we would like you to write instructions on how to make a jam sandwich. Use your word mat to help you!

Medium and Spicy

Activity 1 – Reading Comprehension – Mexican Bean Burger Recipe

Mexican Bean Burger Recipe

Mexican cooking dates back to the Maya people who first lived in Mexico around 9,000 years ago. They ate some of the food we eat today but things have changed over time. Other foods have been added throughout the centuries, such as garlic and cheese, to create what we know as Mexican food today.



Bean Burgers are a typical Mexican dish. They are healthy and don't have as much fat in them as burgers which are made from meat. They are packed with goodness and mouth-wateringly yummy!

Here's what you'll need:

Ingredients

Bean Burger:

2 400g cans of kidney beans (rinsed and drained)

100g of breadcrumbs

2 tsp of **mild** chilli powder

Coriander (chopped leaves)

1 egg

200g of fresh salsa

150ml of low-fat natural yoghurt

Juice of half a lime

Optional: salt and pepper

Served with:

Six wholemeal burger buns

Your choice of salad, such as lettuce and tomato

Equipment

2 large bowls

A potato masher

A fork

A baking tray

A grill (to be used with help from an adult)



Hot! Hot! Hot!

Did You Know...?

Mexican food is known for its fresh and sometimes fiery taste.



Page 2 on next page....

Mexican Bean Burger Recipe

Method

1. Place the kidney beans into a large bowl and mash them with a potato masher.
2. Tip the breadcrumbs, chilli powder and half of the coriander leaves into the bowl with the mashed kidney beans.
3. Next, add the egg and salsa.
4. Sprinkle in a pinch of salt and pepper (optional) and mix everything together using a fork.
5. Now, wet your hands. Using your fingers, divide the mixture into six parts and shape them into burgers.
6. Slide the burgers onto a non-stick baking tray.
7. With an adult's help, turn on the grill to a medium heat.
8. Grill the burgers for approximately 4-5 minutes on each side.
9. Once cooked, place the Bean Burgers into their buns and add the sauce.
10. Serve with salad of your choice.
11. Time to eat! Enjoy your Mexican Bean Burger!

Nothing New!

Did You Know...?

The Maya people used many foods still used in Mexican cooking today, such as squash, corn, beans and chilli peppers.

Mexican Bean Burger Sauce

While the burgers are under the grill, mix the remaining coriander leaves, yoghurt and lime juice together in a separate bowl.



Questions

1. According to the text, write **one** difference between Bean burgers and regular meat burgers.
2. Which of these foods did the Maya people eat? Tick **two**
Burgers, corn, cheese or beans.
3. Which of these ingredients do you need two teaspoons of for this recipe?
Kidney beans, breadcrumbs, mild chilli powder or salsa.
4. What important thing must you do when turning on the grill. **Why?**
5. Which imperative verbs are used in the recipe?
6. Why do you think you would need to wet your hands before dividing the mixture into burgers?

Wednesday

<https://www.bbc.co.uk/bitesize/tags/zmyxxyc/year-3-and-p4-lessons/1>

Creative Writing

This is the first scene in a film.
What kind of film do you think it is? Why?



Activity 1

Extra spicy challenge -
Can you think of as many adjectives (describing words) to describe this image?

Activity 2

Imagine a Setting

This is a scene from 'Alice in Wonderland'.
The surroundings seem so big, making Alice appear even smaller.



Imagine you were trapped in a wonderland of your own.
Could you describe your journey or write a short paragraph about it?

Think about: What dangers would you have to be careful of as a tiny person? What can you see, hear, smell, taste and touch?

Thursday

Creating a Comic Book

Superheroes and Comic Books

Comics have lots of pictures. The pictures are drawn inside panels and tell a story. Story text or speech bubbles also help the reader to follow what is happening.



The first superheroes included characters such as Superman, Batman, Captain America and Wonder Woman. Spider-Man, the Fantastic Four, the Hulk, X-Men and Iron Man came later. You can still read about some of these characters today.

<https://www.bbc.co.uk/bitesize/tags/zmyxxyc/year-3-and-p4-lessons/1>

On Purple Mash we have set a 2do called 'Blank Comic Book', we would love to see what comics you create.

You can write about anything, maybe you could create your own superhero!

Fun Activity - Wordsearch !

Superheroes

l	o	b	o	o	t	s	p	l
i	s	v	x	p	o	w	e	r
g	t	f	z	u	b	i	v	e
h	r	j	f	a	s	t	i	a
t	o	q	i	e	g	e	l	s
n	n	d	r	t	n	m	p	e
i	g	g	e	y	m	a	s	k
n	g	a	d	i	c	e	e	h
g	w	c	o	s	t	u	m	e

lightning
costume
fast
evil
strong

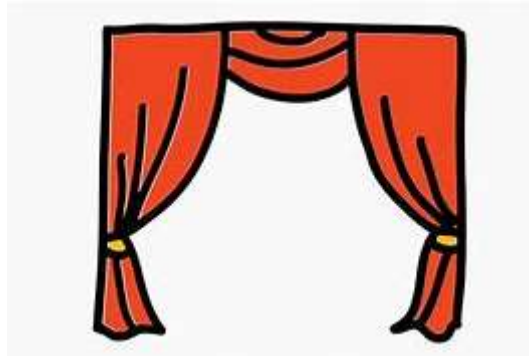
mask
boots
power
fire
ice



Friday

<https://www.bbc.co.uk/bitesize/tags/zmyxxyc/year-3-and-p4-lessons/1>

Reading Lesson



Our reading lesson this week will be revealed on the BBC website! How exciting!!

Why not do a show and tell of your favourite books at home with your family! You could even video call other family members and share your favourite stories with them!

Extra challenge - write a book review for one of your favourite books! It may be one you have recently read or one you have always enjoyed! You can write this on purple mash (2do's - Blank Book Review)

As well as this, please remember to access:

- Oxford Owl Reading Buddies - children have their own login for this

Study ladder to practice **comprehension** <https://www.studyladder.co.uk/>

If you need any passwords, please contact year 3 staff through our year group email.

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