



Please find some suggested fun learning activities to do with your family this week. Thank you Mrs Lewis and Miss Holyland

Physical Development

Wake and shake dance –

<https://www.youtube.com/watch?v=KhfkYzUwYFk>

Healthy eating – Make a healthy fruit kebab. You could use different coloured fruits to make your kebab into a rainbow.

Talk about foods that are healthy and unhealthy and make a healthy lunch for a family picnic/ use Purple Mash to create a healthy plate of food.

Communication and Language

<https://www.youtube.com/watch?v=r6Oxgyd5qUw>

Watch video and talk about the different professions. Ask children to talk about what they want to be when they grow up. Discuss the different professions of family members and friends.

Personal, Social and Emotional

Talk about the key workers in our community and the different jobs they are doing. Ask children to think about ways we could say thank you to them e.g. make a card, draw a picture etc.

Discuss question - "How kind are you?" Draw or write ways that you could help or show care to others today?

Topic: People Who Help Us



Understanding the World

Watch video about the fire station

<https://www.youtube.com/watch?v=syWonYeJOQU>

Write a fact file about all of the things you know about firefighters.

Who can help question and answer quiz:

<https://www.youtube.com/watch?v=5uTOOQDEMLI>

Purple Mash – use a paint programme to paint a picture of a person who helps us and label

Expressive Arts and Design

Make a "Thank You" card for a key worker in the community e.g. postman, nurse, shopkeeper etc. or make a poster to display on your window.

Paint a picture of a key worker and their equipment e.g. firefighter with fire engine and a hose.

Design an emergency vehicle using junk materials.

Religious Education

Prayer - Children to write a prayer saying thank you to all of the People Who Help Us in our community.

Easter story and activities - _The Bible App for Kids @bibleappforkids

Watch the Easter story about Jesus coming back to life on website:

<https://www.bbc.co.uk/cbeebies/stories/lets-celebrate-easterperformance>