



ST. ANNE'S CATHOLIC PRIMARY SCHOOL

Please find below our suggested daily timetable, we hope you find it useful. Remember to allow children to have plenty of free choice play time with their toys or to make up fun games too. I'm sure you have lots of other lovely, fun ideas and activities that you can do together, these could include baking, making things, board games and gardening etc. We appreciate and are fully aware that families can only do their best with the technology and resources they have available.

Reception Daily Timetable

Monday to Friday	Once a day	Let's Wake Up and Shake Up Real PE at Home resource. PE with Joe Wicks starts online at 9am. Explore online 'Go Noodle' for fun dance routines, yoga and Zumba activities. Explore kids JustDance on YouTube. Make an indoor obstacle course.
	Once a day	Phonics-See separate Phonics plan Read Write Inc phonics - sessions uploaded daily - https://www.youtube.com/channel/UCo7fbLgY2oA_cFCI_a9GdxtQ2app=desktop
	AM	Snack Time Make sure you have a morning snack and drink water throughout the day as this will help your concentration.
	Once a day	Maths- See separate Maths plan Numberblocks episodes are available on https://www.bbc.co.uk/iplayer/episodes/b08bzfnh/numberblocks
	Any time	7 Areas of Learning Grid Choose one suggested activity a day from the different areas of learning. Week 1- People Who Help Us.
	Usually around 12 O'clock	Lunch and relax Take time to eat your lunch and have some relaxation time afterwards. Perhaps your child can help you prepare lunch or help you to wash up.
	Once a day Choose a time in the day that suits your family best	Garden/Outdoor play and Daily Walk Play outside in the garden or go outdoors with your family. Go for a walk with your family.
	At least once a day	Share a story or read book on Oxford Reading Owl and complete linked quiz. (Children all have a log in)