

ST. ANNE'S CATHOLIC PRIMARY

Reception

Week Beginning: 6th July 2020

Please find some suggested fun learning activities to do with your family this week. We appreciate and are fully aware that families can only do their best with the technology and resources they have available. 🐦 Please follow our Twitter page and if you would like to share work with us, please include our twitter link @StAnnesCP in your tweet. The main way to share your child's work and activities is through the year group email: s83reception@st-annes.solihull.sch.uk If you have any queries about other matters, please continue to use Parent Mail: parentmail@st-annes.solihull.sch.uk

Religious Education

RE-Wednesday Word (available on school website: parents/home learning / Catholic Life including Wednesday Word) Enjoy a quiet moment reading the Gospel and praying to God.

RE - Unit of Work - Prayer

Discuss how we can use prayer to talk to God in lots of different ways. Talk about how we can say thank you/ sorry etc. Ask your child what they are thankful for and ask them to say their own prayer. It would be lovely for children to write their own prayer too.

Create a special prayer box for your home. Your child may wish to draw pictures, add prayer tokens, or add small written prayers to their box as their special words to God/ Jesus.



Communication & Language

Speaking and listening underpins all of these activities. Make time to talk, have conversations and ask questions about daily life, activities, stories, games and movies etc.

Thank you for all of your wonderful and continued support with home learning. The theme for this week is

Dinosaurs



Physical Development

Well done to everyone who joined in with the PE challenges last week. Please see information on the last page for this week's activities. This week we are taking part in the Olymp-mix - see below for more details.

The CSW Virtual Olymp-Mix continues. Watch the CSW S60 launch video here -

<https://youtu.be/s-RSVM64I70>

Additional information and resources can be found on page 3 & 4!

Dinosaur stomp wake and shake -

<https://www.youtube.com/watch?v=lmhi98dHa5w>



Daily Prayer

Praying Together

It would be lovely if at 9am every morning we all join with our families in saying the Morning Offering:

Oh my God I give to you,

All that I think and say and do.

All my work and happy play

I offer to you my God today.

Amen.

By doing this, although we can't be together Physically, we will be together as a school family in prayer.

Personal Social & Emotional

Discussion - What does the term 'extinct' mean? How can we help endangered species?

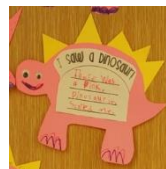
Discuss attributes required to be a palaeontologist e.g. patience, perseverance etc.

Talk about how our world has changed since when the dinosaurs were around - talk about the difference between then and now. Discuss how we can protect our world.

https://www.youtube.com/watch?v=y-X_LoLhk - A book about friendship which shows children that playing nice can be easy and fun.

Literacy

Make your own dinosaur and complete the sentence "If I saw a dinosaur" - ask your child to write what they would do/say if they saw a dinosaur.



Talk about what it would be like if the dinosaurs came back in this generation - what would they see. Draw a picture and write a sentence e.g "If dinosaurs came back they would Be bigger than buses"



<https://www.youtube.com/watch?v=XPvthRr31os>

Dinosaur bones story which shares lots of facts about dinosaurs.

<https://www.bbc.co.uk/games/embed/education-ivor-dinosaur-discovery?exitGameUrl=https%3A%2F%2Fbbc.co.uk%2Fbitesize%2Farticles%2Fznc3y9q> - Explore website to find out lots of facts about dinosaurs. There are lots of fun interactive tasks and quiz questions.



Purplemash

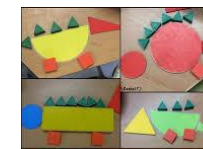
Make sure you check your **2Dos on Purple Mash** - these will support your work in **Maths and English**, as well as this week's themed topic of **Pets and Animals**

Maths

Create some dinosaur bones using paper/ card - order the bones from longest to shortest.



Cut out some 2d shapes and create a dinosaur.



Create a "Pegasaurus" - number some pegs and ask your child to put the numbers in the correct order. (Number 1-10/ 2 times table - 2/4/6 ... or tens 10/20/30...)



Understanding the World

Watch Andy on Cbeebies- follow link for lots of episodes/information linked to dinosaurs.

<https://www.bbc.co.uk/cbeebies/shows/andys-dinosaur-adventures>

Follow link to find out interesting facts about different types of dinosaurs -

<https://www.sciencekids.co.nz/dinosaurs.html>

Play games on website - <https://learnenglishkids.britishcouncil.org/category/topics/dinosaurs>

Make your own fossils - if you have any toy dinosaurs at home imprint their footprints/ tails/ head etc onto salt dough and bake to create your own fossils.



<https://www.youtube.com/watch?v=3nZ5X6T0YqI> - explore artefacts, fossils and facts about dinosaurs with Caitie.

Use a computer to find out about dinosaurs, you may wish to find out an answer to a question. Follow link for a range of dinosaur games: <https://pbskids.org/games/dinosaur/>

Dinosaurs lay eggs - who else lays eggs? Look at other animals and creatures that lay eggs.

Expressive Art and Design

Make a dinosaur using different food items - marshmallows, grapes, sweets, pasta etc.



Make your own dinosaurs using craft materials and junk (toilet roll tubes etc)



Make your own dinosaur scene using craft materials and a shoe box.



What is the Olymp-mix?

With the Olympics being moved to 2021 the CSW SGO's wanted to give young people the Olympic experience. They have selected **four** Olympics sports Football, Gymnastics, Athletics and Sitting Volleyball and have created age related challenges for all, supported by our superstar athletes. Each sport has a challenge to complete and a support video showcasing an elite athlete. All Competitions are open to pupils from Key Stage 1-Key Stage 4.

The Olymp-Mix will go live on **Monday 29th June** with entries closing at **1pm on Friday 10th July**. School Staff, Parents and Pupils will **have 2 weeks** to practice and complete the challenges and enter the competitions. Pupils/parents record the scores and enter via the relevant Survey Monkey link - <https://www.surveymonkey.co.uk/r/CSWVirtualOlympics>

Results will be announced on Monday 13th July via the @ThinkActiveCSW Twitter page at 1pm.

Alongside the sporting competitions there is also a School Games values competition, for Primary schools there is design a flag. Values competition entries - Flag entries for primary - <https://www.surveymonkey.co.uk/r/CSWFlag>

Will there be prizes or certificates?

All participants will receive access to an e-certificate.

Individuals - At the end of the week, the top 3 individuals from KS1 and KS2 will receive a £5.00 AMAZON E-VOUCHER.

Individual values Flag/Mascot competitions - The top 3 primary entries (flag design) will receive a £5.00 AMAZON VOUCHER

The primary school with the highest percentage of participants by the time each competition ends will receive a £75.00 PE equipment voucher.

Athletes Supporting the CSW Olymp-Mix

Football - Nat Haigh - Aston Villa Women - @nathaigh6
Athletics - Amy Hillyard - Team England 400m - @amyhilly
Sitting Volleyball - Kate Grey - Team England Paralympian - @kategrey25
Gymnastics - Mimi Cesar - Team England rhythmic Gymnast - @mimi_cesar



FOOTBALL

CLOSE CONTROL

Equipment

- A football or an alternative ball
- Stopwatch or timer

How to

Reception & Key Stage 1

- Place the ball on a hard surface
- Place the sole of your right foot on top of the ball, then remove and replace with the sole of your left foot
- Repeat this pattern as many times as possible in **30 seconds**
- Everytime the sole of your foot touches the ball you score 1 point

Key Stage 2

- Place the ball on a hard surface
- Place the sole of your right foot on top of the ball, then remove and replace with the sole of your left foot
- Repeat this pattern as many times as possible in **45 seconds**
- Everytime the sole of your foot touches the ball you score 1 point

Scoring

Complete as many successful touches as you can in either 30 seconds (reception & KS1) or 45 seconds (KS2). Make sure you keep your score and record.

I scored 76 in 30 seconds and 120 in 45 seconds - how many will you achieve?

Nat Haigh - Aston Villa
@NatHaigh6

Did you know?

Men's football has been a part of the Olympics since 1900, where GB won the first ever gold medal. They've won 3 gold medals in total, making them and Hungary the most successful Olympic men's football teams.

Women's football made the Olympic programme in 1996. The USA have won 4 of 6 tournaments, with Norway and Germany the only other countries to win the tournament to date.

Approximately 2,400 balls were used in the London 2012 Olympic competition.

Video support - <https://youtu.be/aMTLk0nzVbI>



GYMNASTICS



Mimi Cesar - Team England
@mimi_cesar

BALANCE HOLD

Equipment

- 1 rolled up pair of socks
- Stopwatch or timer

How to

- Take your pair of socks and balance them on your head
- Place your arms out by your side to help you with your balance
- Take your right leg off the floor, bend your knee and hold your leg up in front of you at a 90 degree angle - balancing on your left leg
- Record the number of seconds you can remain balanced
- You must stop the timer; before you reach the 30 second maximum score, if the socks fall off your head, or if you put your foot down
- Repeat the challenge, this time balancing on your right leg
- The maximum you can score is 60

Scoring

Balance for as long as you can in 30 seconds on your right and left leg, and add your scores together for your total (eg. right leg 22 + left leg 18 = total score 40.) The maximum you can score on each leg is 30 - for achieving 30 seconds without losing control of your balance. If your score has a decimal point please round up the next whole number.

I scored 30 on my left leg and 30 on my right leg giving me a total of 60 points - how many will you achieve?

Did you know?

Artistic gymnastics was introduced at the very first Olympic Games in 1896, with the German team winning almost every medal.

Women weren't allowed to compete until 1928, where the Netherlands claimed the title.

Nadia Comaneci and Nellie Kim scored perfect 10s in 1976 at the Montreal Games, at the age of just 14. Gymnasts must now be 16 to compete in the Olympic Games.

Larissa Latynina dominated between 1956 and 1964, collecting a record 18 medals.

Video support - <https://youtu.be/l6giGThu4ug>

RESPECT OLYMP-MIX PASSION SAFETY ATHLETICS

SPEED BOUNCE

Equipment

- A rolled up towel or speed bounce mat
- Stopwatch or timer



I scored 49 in 20 seconds and 76 in 30 seconds - how many will you achieve?



Amy Hillyard
Team England

@amyhilly

How to

Reception & Key Stage 1

- Roll up a towel and place on a hard surface
- Jump from side to side over the towel. You must start with 2 feet and land with 2 feet
- Both feet must land over the towel to count as a point
- Repeat this pattern as many times as you can in **20 seconds**

Key Stage 2

- Roll up a towel and place on a hard surface
- Jump from side to side over the towel. You must start with 2 feet and land with 2 feet
- Both feet must land over the towel to count as a point
- Repeat this pattern as many times as you can in **30 seconds**

Did you know?

The first race was held during the first Olympics in 776 BC. It was 600ft long.

Usain Bolt is the fastest person in the world, running 100m in 9.58 seconds in 2009.

Hidekichi Miyazaki is the oldest competitive sprinter at 105 years old. He recently ran the 100m in 42.22 seconds, and is otherwise known as the 'Golden Bolt' for imitating Usain Bolt's well-known lightning pose!

165,000 towels were required at the Olympic Village throughout the 2 week London Games in 2012.



Video support - <https://youtu.be/ACNHabPMvPE>



Got to be in it to win it!

Come on team St Anne's!

RESPECT OLYMP-MIX PASSION SAFETY SITTING VOLLEYBALL

KEEP-UP



Kate Grey - Team GB
Paralympian

@kategrey25

I scored 64 in 60 seconds - how many will you achieve?



Did you know?

After sitting volleyball was created as a rehabilitation sport for injured soldiers in 1956, it was officially included in the Paralympic Games in 1980. The women's event was introduced to the programme in 2004. It is one of the most popular Paralympic team sports, with over 10,000 athletes competing across 75 countries.

Morteza Mehrzadselakjani of Iran was one to watch in Rio 2016. As the 2nd tallest person in the world, and tallest athlete to ever compete at a Paralympic Games, he was able to apply his 2.46m height to great effect!

FOLLOW RETWEET GET INVOLVED

#STAYHOMESTAYACTIVE

#STAYINWORKOUT

Equipment

- A balloon or beachball
- Stopwatch or timer

How to

- Start in a seated position, and use any part of your arms to keep the balloon in the air
- Each time you hit/tap the balloon and it travels **above head height**, you score 1 point
- You will have **60 seconds** to score as many points as possible
- During the challenge you must remain seated, if you come up onto your knees or feet, these points should **not** be included in your score
- If the balloon hits the ground: do not worry - continue, collect it, sit back down quickly and continue. Do not stop the clock, continue scoring from where control was lost.

Scoring

Complete as many successful keep-ups as you can in 60 seconds. Make sure you keep your score and record.

Video support - <https://youtu.be/P6t9OtZXa0s>

