



St. Anne's Catholic Primary School

***Putting Children
at the Heart of
Movement
Initiative***



The purpose of this initiative is to promote physical education especially to inactive children in order to improve their participation in enrichment activities.

A child who is inactive can often:

- Dislike PE
- Avoid and does not take part in any sporting after school clubs
- Avoid and does not take part in any sporting clubs outside of school

Identifying target group:

- Children aged between 7-11 (Key Stage 2).
- Class teachers to identify target group, using the inactive checklist provided by the PE Co-ordinator.
- PE Co-ordinator to support class teachers when identifying the target group.
- Identify target group three times across the year.

Actions:

- Identified children will take part in a 12-week after school club.
- Sessions will run once a week.
- Pupils to take ownership of the club and to help shape provision to support them being active.

Aims of the club:

- To install a love of being active in children aged between 7-11 with a view to improve physical and mental health.

- To improve confidence and self-esteem.
- To provide children with opportunities to take part in something new.

Tracking Success:

- Children to complete a questionnaire at the start of the 12-week club.
- The questionnaire will reflect their feelings towards taking part in physical activity and background information regarding physical activity levels outside of school.
- Repeat the same questionnaire on the last session of the 12- week club.
- Verbal feedback from pupils and parents.

Opportunities:

- Prioritise selecting pupils from the target group for upcoming events.
- Notify parents of sporting opportunities and clubs in the local area.
- Encourage children to speak about clubs they are involved in outside of school, promote these clubs to all children.