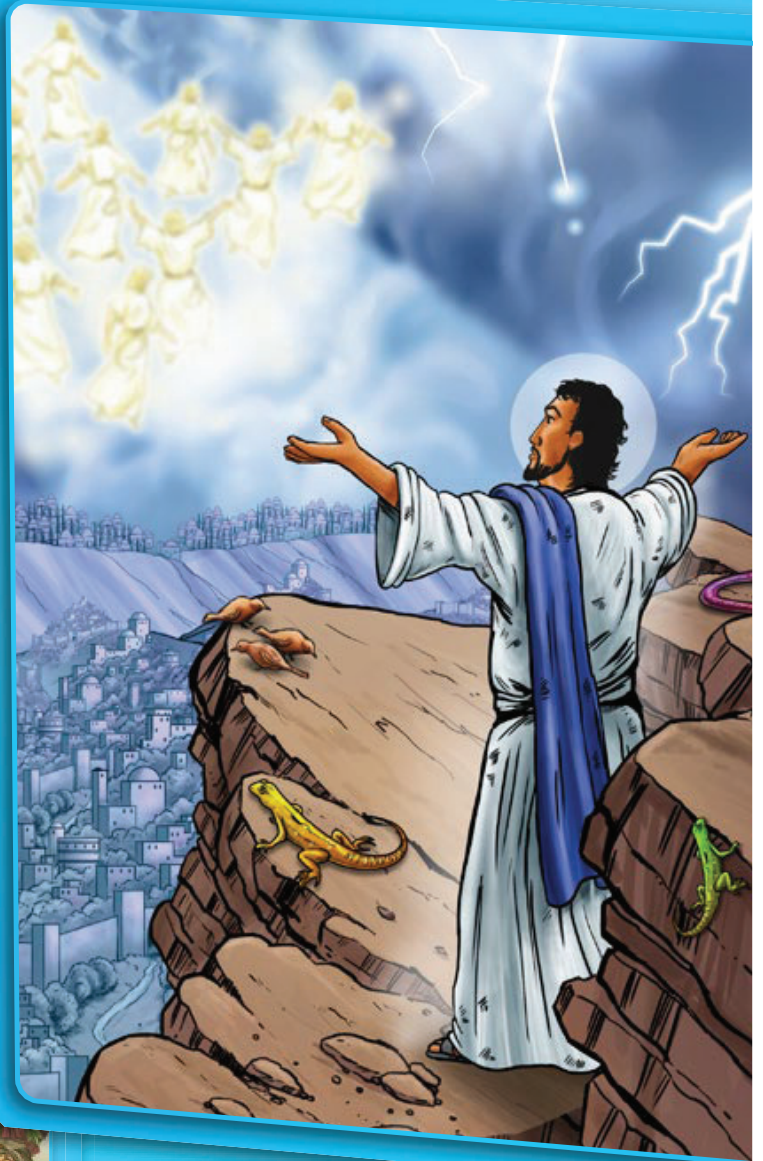
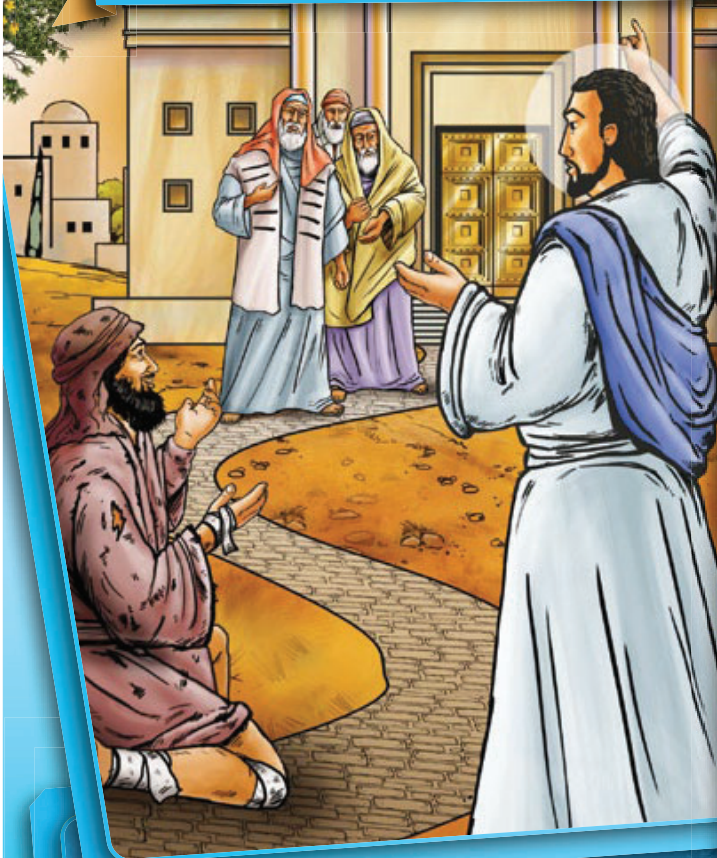


**A GIFT TO YOU FROM YOUR CATHOLIC SCHOOL**



**Good News  
for Families**

Wednesday 7<sup>th</sup> February

Wednesday 14<sup>th</sup> February

Wednesday 21<sup>st</sup> February

**Sunday's Gospel connecting Home, School and Parish**





# Wednesday 14<sup>th</sup> February

## Good News for Families

**1**

### Enjoy reading this Sunday's Gospel



The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him. After John the Baptist had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. "The time has come," he said, "and the Kingdom of God is close at hand. Repent, and believe the Good News."

Taken from the Gospel of Sunday 18<sup>th</sup> February 2024 Cf. Mark 1:12-15 (the 1<sup>st</sup> Sunday of Lent, Year B)

Which words stood out for you in this Gospel, and why? What does the picture make you think about? Now enjoy exploring this Wednesday's word, which is **LENT**.



To colour the picture for this Sunday's Gospel, please see the back page.

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**2**

## Wednesday's Word

# LENT

"I hope that we all will live Lent well, following Jesus and carrying within us a ray of his love for all those we meet." *Pope Francis*

How many days did Jesus spend in the wilderness? Today is Ash Wednesday, the first day of Lent, which starts our preparation for Easter. Lent is a special time when the Church invites everyone to examine their lives, to make Lenten promises and make a fresh start with God and with each other. It's a time to make a change for the better by turning away from things which are wrong for ourselves or others. Ask your child what the word 'Lent' means to them. What has your child been learning at school about Lent and about Lenten promises? You may want to tell your child something that you know about Lent.

"Lent is a favourable season for deepening our spiritual life through fasting, prayer and charitable giving." *Pope Francis*

Each of you say if there is anything you would like to start or stop doing this Lent and then make a Lenten promise. Perhaps you could: give up just five or ten minutes of TV, computer or social media time each day and use that time for extra prayer; make sure to read God's Word in the Bible or in *The Wednesday Word* each week; go to Church together; fast from a meal or snack and give the money saved to charity. **Can you think of anything else - something which will help you to grow in love for God and each other throughout this Lenten season?**



Dear Lord Jesus, please help me and my family to grow in love and strength during Lent through keeping our Lenten promises. Amen.

### WEDNESDAY WORDSEARCH



Cross out the letters **u b c** in the jumbled words to find 4 real words.

SMARTSEARCHERS FIND THESE EIGHT WORDS EITHER **ACROSS** OR **DOWN**

<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>JESUS PROCLAIMED</b>							
<b>GOD'S KINGDOM</b>							
<b>REPENT BELIEVE</b>							
<b>GOOD NEWS</b>							

SUPERSEARCHERS FIND THE WORDS **BACKWARDS** OR **DIAGONALLY**

**fobructy budrocve cinubto bremuainced**  
The Spirit \_\_\_\_\_ Jesus \_\_\_\_\_ the wilderness  
and he \_\_\_\_\_ there for \_\_\_\_\_ days.

**Did you know?** The word 'Lent' comes from a shortened form of the older English word 'Lentfen' meaning 'Spring Season'. Families can find out more about Lent and how to make the best of this spiritual season at: [cbcew.org.uk](http://cbcew.org.uk)

Write a promise and then draw a big smile on Smiley  
**This week I will try my best to...**  
.....  
.....



R	L	G	S	M	R	E	P	E	N	T	N
N	G	O	D	S	T	K	D	T	K	A	T
P	M	O	W	M	O	D	G	N	I	K	R
P	R	D	O	O	G	O	G	W	N	M	S
P	R	O	E	S	U	M	N	O	G	J	E
P	R	O	C	L	A	I	M	E	D	O	S
E	V	E	I	L	E	B	R	T	O	S	E
J	N	W	P	S	A	E	M	L	M	U	S
J	E	E	B	E	L	I	E	V	E	S	W
M	L	S	W	E	N	L	M	K	B	O	S
R	I	R	U	L	R	T	E	R	N	S	
N	T	L	W	S	L	R	S	W	D	W	M

# Wednesday 21st February

## Good News for Families

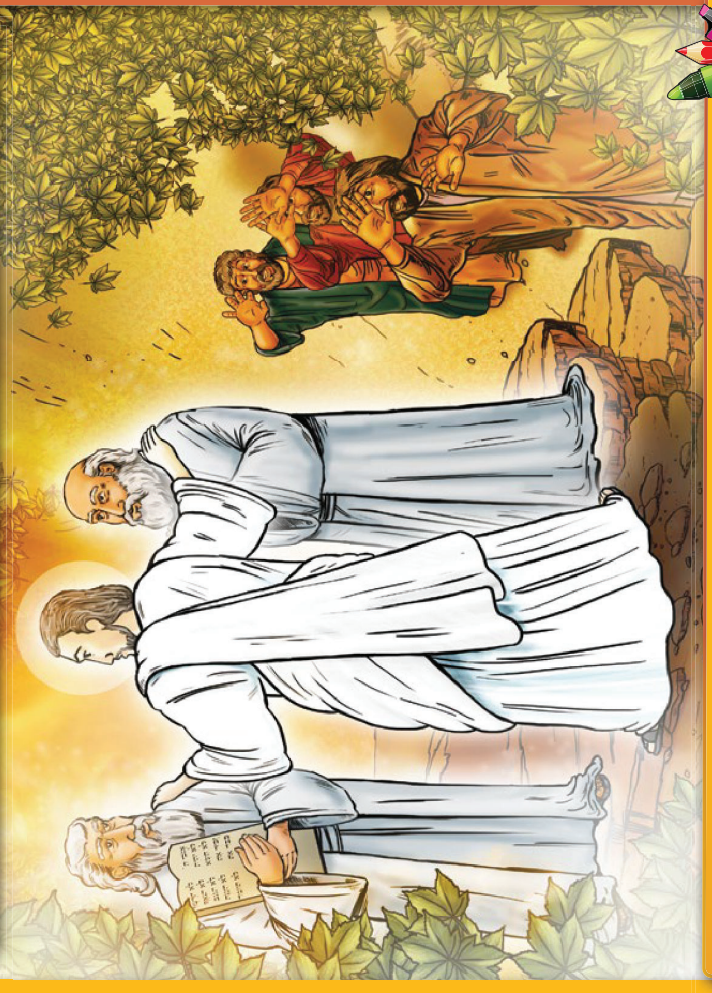
### 1 Enjoy reading this Sunday's Gospel

Peter, James and John went with Jesus to pray on a mountain top. While they were there, Jesus was transformed. His face shone like the sun and his clothes became as dazzling as the light, whiter than any normal clothing could ever be. Suddenly Moses and Elijah, the great teacher and the great prophet of the Old Testament, appeared and were talking with Jesus. Then a bright cloud covered them with shadow, and from the cloud there came a voice which said, "This is my Son, the Beloved. Listen to him." Then suddenly, when the disciples looked round, they saw only Jesus was left there with them.



Taken from the Gospel of Sunday 25th February 2024 Cf. Mark 9:2-10 (the 2nd Sunday of Lent, Year B)

Which words stood out for you in this Gospel, and why? What does the picture make you think about? Now enjoy exploring this Wednesday's word, which is **SACRED**.



To colour the picture for this Sunday's Gospel, please see the back page.

# 2 Wednesday's Word

## SACRED

"The invitation at the Transfiguration is to listen to Jesus and to follow him, laying down our lives as a gift of love for one another." Pope Francis

Where did Jesus go to pray? In this Sunday's Gospel, the disciples received a glimpse of the awesome divinity of Jesus through the change in the way he looked (his transfiguration). This sacred encounter took place on the Holy Mountain - Mt Tabor. Often in the Bible, mountains are described as sacred places. Ask your child what the word 'sacred' means to them. Our churches are sacred places, dedicated to the worship of God, but other places are sacred too: a home filled with the love of God. Where's your sacred space? Where do you pray or feel most at peace or closest to God (e.g. your house, your bedroom, your church, your garden or somewhere else)?

The Holy Mountain experience was a sacred moment. To be sacred is to be holy - to be dedicated to God. God wants us to be his sacred people - to be holy and to try to live and love like Jesus did. Praying at home helps us to recognise and respect our homes as sacred places, full of God's love. What else can help to remind us of God's sacred presence in our home (e.g. a Bible, candles, a cross, icons or something else)? As a family, talk about which sacred images you find most helpful. What can you do to help you recognise your home as a sacred place this Lent?

Dear Lord Jesus, thank you for the sacred places where you are worshipped and praised, and for making our homes sacred through your presence among us. Amen.

### WEDNESDAY WORDSEARCH

SMARTSEARCHERS FIND THESE EIGHT WORDS EITHER ACROSS OR DOWN

JESUS CHANGED  
 FACE SHONE  
 MOSES ELIJAH  
 CLOUD VOICE

SUPERSEARCHERS FIND THE WORDS BACKWARDS OR DIAGONALLY

S H C S W S U S E J S W  
L C S V C L O U D C E R  
O R H R A J I L E L B  
H W O A A R E D C R J C  
S H N O A N F S A V O A L  
B T E V G G F V E B S Z  
M J E S E S E S O M C O  
O P R N D M L D U I L D  
S V O I C E I R F A C E  
E H D M R O J E S U S E  
S U R V I A C S F E H  
B D U O L C H L W E B J

Cross out the letters in the jumbled **ask** words to find 4 real words.

**ask**lothe**s** **kli**dghat **ask**und **sah**okned  
Jesus' face \_\_\_\_\_ like the \_\_\_\_\_ and his \_\_\_\_\_ became as dazzling as the \_\_\_\_\_.

This Friday is CAFOD'S Lent Fast Day.

Why not do something special this Lent and encourage some of the world's poorest people? Find out more at:

**CAFOD**  
[cafod.org.uk/primary](http://cafod.org.uk/primary)

Write a promise and then draw a big smile on Smiley

This week I will try my best to...  
.....  
.....





**Sunday 11<sup>th</sup> February**



**Sunday 18<sup>th</sup> February**



**Sunday 25<sup>th</sup> February**

