



# ST. ANNE'S CATHOLIC PRIMARY SCHOOL

HEADTEACHER: Mr D Linehan

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Website: <http://www.stannessolihull.co.uk> Follow us on Twitter: @StAnnesCP



**St. Anne's Mission Statement: "Each one of us is unique, each one of us is special, because we are created by God's love. May God's love shine on our lives as we care and share and learn together."**

Friday 14<sup>th</sup> February 2025

## CATHOLIC LIFE

School Virtue for this half term – Grateful and Generous  
In our Liturgical Calendar we are currently in Ordinary Time

The half term focus for Catholic Social Teaching is: 'Rights and Responsibilities'

## ADHD FRIENDLY SCHOOL STATUS



St-Anne's are proud to share that they are an ADHD Friendly school. In order to achieve this they submitted a portfolio of evidence of provision in school and received the below feedback:

'Congratulations- the trustees met this week and signed off your submission for our ADHD Friendly School award- well done.

Please pass on my thanks, on behalf of the ADHDF, to everyone involved in this work and for the support you provide for pupils daily with ADHD in St Anne's Catholic Primary School.

The trustees particularly wanted me to let you know that this was one of the strongest submissions this cycle in terms of the range of opportunities and support available.

They commented upon how physical activity is embedded throughout the school and given prominence with the School Games Mark, Yoga and breathing work in PE lessons and they led the Wellbeing Champions leaders and regulation boxes.

"If only every school was like St Anne's" was one comment in the meeting.'

## RE INSPIRE PARENT WORKSHOPS

Please find the dates below for this academic years remaining RE Inspire Parent Workshops.

Year Group	Relevant RE Unit	Date Time 8.50am
Reception	St Anne	Monday 12 <sup>th</sup> May
1	Following Jesus Today	Monday 23 <sup>rd</sup> June
2	Parables and Miracles	Monday 16 <sup>th</sup> June
5	Pentecost	Monday 19 <sup>th</sup> May

**Year 5 Girls Basketball**

Huge well done to Evelyn M, Isabella N and Kyla who placed second at the basketball event yesterday evening. As they made their way to the finals, demonstrating fantastic tactical skills, winning one match 10-2! The girls were superb and so proud to have won the silver medal!



**Athletic Event**

Well done to our children who came 1<sup>st</sup> in their relay races and second in the rest! They also came 2<sup>nd</sup> over all!!!



**KS2 Sports Hall Athletics**

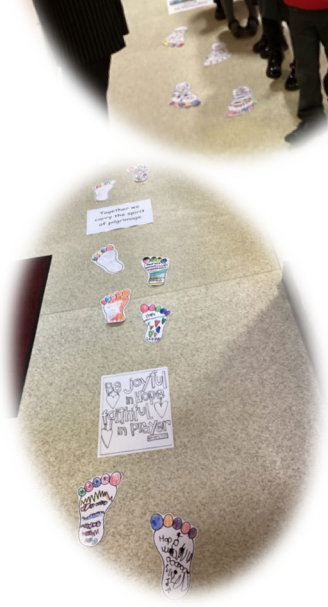
Well done to the children from Year 5 and Year 6 who took part in the sports hall athletics on Monday. The children participated in a number of track and field events which included a variety of relays races, throws and jumps. Throughout the event, the children showed high levels of determination and real passion, you are a credit to St Anne's.

Well done to Louie in Year 6 for being awarded Man of the Match in his Football Semi Final.



St Anne's Pilgrimage Day to Rome for the Jubilee Year: Pilgrims of Hope

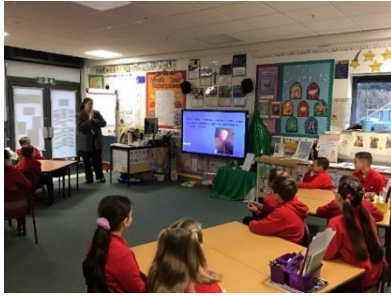
Our children in Reception created beautiful colourful footprints with the wording **Hope**. The footprints were then used to create a collaborative pathway to our 'Holy Door' in school. This was a visual reminder and a beautiful way of connecting the children to The Jubilee 2025 and the events taking place in Rome. It was also a special symbolism of our shared journey toward hope. Along the way special quotes and visuals were shared with the children to carry forward the spirit of the pilgrimage.



Year 1 and 2 had a wonderful day on their Pilgrimage to Rome! The children were learning all about vocations and received special training to become a priest, finishing off with making their own collar! We also looked at the beautiful Sistine Chapel, creating our own tiles for the ceiling just like Michelangelo! The children have learnt about the Colosseum, a famous landmark in Rome and its gruesome history of entertainment and gladiator fights. They also learnt all about the life of a Pope, stepping into his shoes and role playing a day in the life of Pope Francis!



Lower Key Stage 2 had a wonderful day on their Pilgrimage to Rome! The Year 3 and Year 4 were learning all about vocations and received special training to become an ordained priest! We also looked at the beautiful Sistine Chapel, creating our own tiles for the ceiling just like Michelangelo! We tossed a coin into the Trevi Fountain and explored what Roman soldiers got up to in the Colosseum. Finally, we took a deep-dive into the life of the Pope, creating a detailed cartoon strip to show what a typical day in the life is like for Pope Francis!



Year 5 and 6 had a wonderful day on their pilgrimage to Rome! The children were learning all about vocations and created a recipe for a priest! We also looked at the beautiful Sistine Chapel and drew under tables just like Michelangelo sharing a message of hope! We also looked at the Trevi Fountain and Colosseum.



# VOTES FOR SCHOOLS

In this week's votes the children answered the following topic question:

- Is it easy to know who to trust online?

## Year 3 Dog Trust Workshop

On Monday, Year 3 were joined by Claire from the charity, Dog's Trust. She taught us about the ABC's of caring for dogs. The ABCs are based on an understanding of dogs and how we can behave safely and kindly around them. Here is a summary of the ABCs and why they are important!

**Affection** – Show dogs affection in ways that they understand.

**Busy** – When dogs are busy, we give them space.

**Choice** – At all times we should give our dogs choice.

We finished our sessions by making a pledge, writing down a promise that we can keep to care for dogs going forward.



## An Afternoon at the Musicals

KS2 were so fortunate to be able to attend an amazing production at JHNCC. The show, 'A Night at the Musicals', included scenes from the Lion King, Mamma Mia, Aladdin and Wicked! We were impressed by their hard work, bravery and talent. It was lovely to see lots of past Saint Anne's pupils thriving too!



## Rock Steady Assembly

On Monday, we had an exciting visit from **Rock Steady Music**, bringing a fantastic selection of instruments for the children to explore! The room was buzzing with energy as they **sang, danced, and played along** to a variety of music genres. It was amazing to see the **enthusiasm and passion** for music shine through all of the children. Scan the QR codes for a snippet of our rock stars in the making.



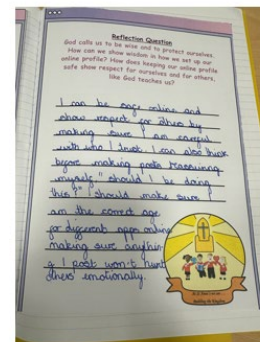
## WeCan Tub Collection

A few weeks ago, we received a special visit from a very inspiring boy called Ryan. He told the children all about the work that he does for his charity called **WeCan** which predominantly focuses on the recycling of Aluminium Cans and Chocolate and Sweet Tubs. Ryan explained that the money raised from recycling the tubs is then used to help those less fortunate. We feel very proud and privileged as a school that we get the chance to have this opportunity to support this fantastic charity helping those less fortunate. We have collected over 100 tubs so far! Thank you so much for your support. Please if you have any chocolate or sweets tubs please bring them into school. St.Anne's, you lead the way in showing how we can be fantastic Stewards of Creation and help the poor and vulnerable.



## Safer Internet Day

This **Safer Internet Day**, we learnt how to stay safe online and protect ourselves from scams. The theme **"Too Good to Be True?"** reminded us to think carefully before clicking, sharing, or trusting online offers. From Nursery to Year 6, we all participated in different activities. Nursery to Year 2 explored the importance of **protecting personal information**, such as passwords and private details, to prevent identity theft and fraud and also keep us safe. Year 3 and 4 learnt how to **spot scams** by identifying warning signs like urgent messages, unrealistic offers, and requests for sensitive details. Year 5 and 6 had a focus on **understanding phishing**, where scammers use fake emails, texts, or websites to trick people into revealing information. We also discovered how to **protect our online profiles** by using strong passwords and privacy settings. To test our knowledge, we took part in **quizzes and interactive challenges** to improve our scam-spotting skills. **Reflecting on the information we had learnt, we thought about how we can build God's Kingdom by making the right choices as God asks us to do.** These activities helped us become more aware of online dangers **if something seems too good to be true, it probably is.**



## NURSERY

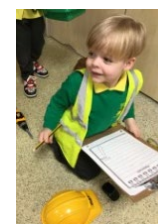
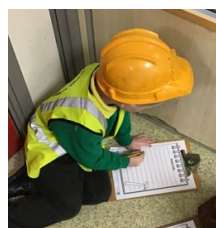
### Religious Education

In RE the children continue to explore the special sacrament of Baptism. They shared photographs and artefacts of their own Baptism. We discussed that through Baptism we become members of God's family.



### Expressive Arts and Design

The children continue to learn about the traditional tale story 'The Three Little Pigs'. The children have been using a variety of construction kits to build models and they have enjoyed role playing different roles in the pigs building yard.



## RECEPTION

### Religious Education

We enjoyed learning all about our special priest Father Christopher. We discussed his special role in our community and all of the wonderful jobs he does. We drew pictures to represent his special work.

**Art**

This week Reception enjoyed exploring painting whilst listening to music. We explored how different pieces of music made us feel and how we can represent this through art. Our results were amazing. We have some wonderful artists in Reception.



**ICT**

We have been learning about keeping safe online. We listened to the story of “Smartie the Penguin” and talked about how we can keep safe on the internet. We enjoyed learning a new rhyme to help us remember internet safety. Click on the QR codes below to listen to the special rhyme!

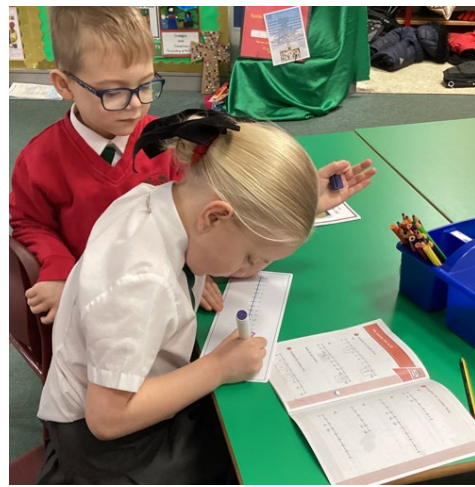
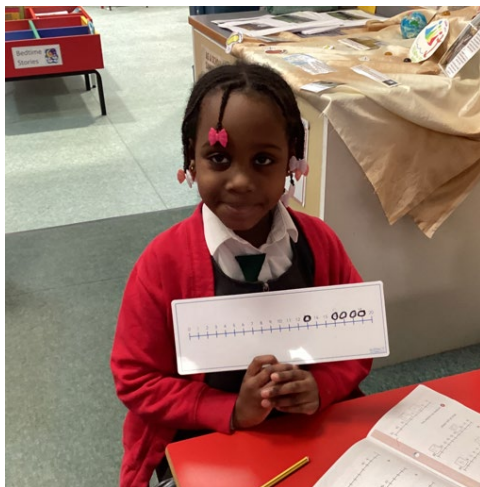


**Before you tap and click...**  
**You need to stop and think...**  
**And TELL someone!**

**YEAR 1**

**Maths**

This week as mathematicians we have expanded our knowledge of the number line to 20. We have learnt that to count down or find one less, we must jump our finger from right to left, getting closer to zero. When we are counting up and finding one more, we must jump our finger left to right, away from zero. With this knowledge, we can use number lines to count in 1s from any start point. Take a look at us in action using our own whiteboard number lines to help us answer the question.



## YEAR 2

### History

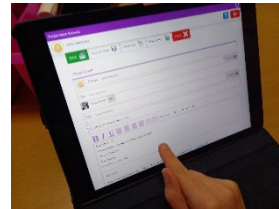
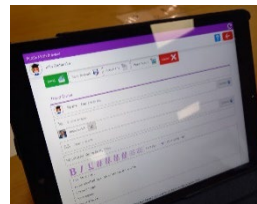
The children have been learning about eye witness accounts of the Great Fire of London. We read several extracts from Samuel Pepys Diary, which detailed key events that happened during the blaze. Then, we re-enacted the accounts using freeze frames, which allowed us to discuss how the characters were feeling.



## YEAR 3

### Computing

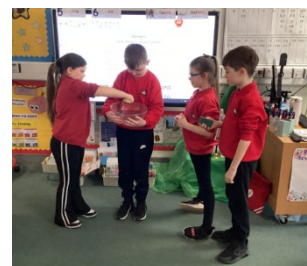
In Computing we have been learning about the different features of Email! Using a program on Purple Mash called 2Email, we have been composing and replying to emails, using attachments and learning about how we use an inbox. However, this week we were given a very important task from none other than Rishi Sunak! Mr Sunak asked us to help with the countries online safety crisis by attaching the Email Safety Quiz we created last lesson to an email, so he can forward this to the Prime Minister and all the other members of Parliament!



## YEAR 4

### Science

This week, Year 4 have been learning about evaporation, condensation, boiling points and states of matter. The children have taken part in various experiments such as; squeezing a sponge to see the air spaces and noticing there were bubbles underwater to indicate gas.



**Design and Technology**

In Design and Technology this week, it was finally time to cook our Spaghetti Bolognese! The children worked so hard learning about food hygiene, and then were ready to cook. We chopped and grated the vegetables and learnt how to safely use a knife when cutting. Then, we cooked the spaghetti and mixed in the cooked vegetables to our protein source and added our chopped tomatoes. Of course, the children had to try and test their creation – and the feedback was GREAT! Phew! We are so proud of the children’s efforts and they know how to make recipes healthier and delicious!



YEAR 6

**History**

Year 6 have been extremely engaged throughout our Twentieth Century Conflict topic in History! We have enjoyed discussing the different elements of World War I, the Treaty of Versailles as the aftermath of the first conflict, leading up to the Rise of Hitler and the beginning of World War II. This week, we have been discussing the rise of the Nazi party and how Hitler spread his influence across Germany. The children were so engaged and reflected on how today we can spread a message of hope and positivity, inclusive of all.



## GRATEFUL AND GENEROUS

### **Pupils in our school are growing to be . . .**

Grateful for their own gifts, for the gift of other people, and for the blessings of each day; and generous with their gifts, becoming men and women for others.

### **Our school helps our pupils to grow . . .**

By encouraging them to know and be grateful for all their gifts, developing them to the full so that they can be generous in the service of others.

### **The Christian Roots of the Pupil Profile.**

Gratitude – an attitude of mind that habitually notices daily blessings and the good things that happen to us, giving our lives meaning and enjoyment, and sometimes pause for thought and a nudge to put things right. Generosity – the impulse to give and not to count the cost, to serve without reward, to have big hearts and great minds, to be men and women for others.

## **BUILDING THE KINGDOM**



At St Anne's, we are striving to **Build the Kingdom of God!**

We are helping the children develop the skills we needed to be:

- Agents for a spirit-fuelled transformation of society.
- Moving our learning into action and our faith into action!

***We are teaching the children that they are the leaders of tomorrow!***

God is calling you to change the world one life at a time and one small step at a time. Begin today where you are.

## **SCHOOL OF SANCTUARY**

At Saint Anne's, we are passionate about the work we do as a School of Sanctuary, building the **Kingdom of God** by making our community inclusive and welcoming.

We are putting our faith into action as we are reaching out to the new Secretary of State for Education, Bridget Phillipson MP, to introduce the work of Schools of Sanctuary, the challenges we face, and the changes we would like to see.

We are asking her to encourage all schools around the country to take part in this important initiative.

The letter can be found on our website here: [Letter to Bridget Phillipson MP](#)



## **TEN TEN RELIGIOUS EDUCATION NEWSLETTER**

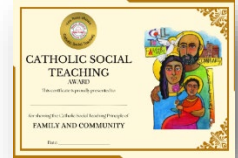
Please see link below for the monthly TenTen R.E Newsletter. The information shared on this newsletter links to the children's Collective Worship in class.

[www.tentenresources.co.uk/prayers-for-home/parent-newsletter/](http://www.tentenresources.co.uk/prayers-for-home/parent-newsletter/)

## **CATHOLIC SOCIAL TEACHING**

- **Spring 1 Focus– Rights and Responsibilities**-Every person has a fundamental right to life. It is this right that makes all other rights possible. Everyone has the right to food, health care, housing, education and employment. We all need to strive to secure and respect these rights for others both locally and globally.

At St Anne's, children are chosen each week to receive a certificate for portraying one of the Catholic Social Teaching principles. This is to celebrate children putting their faith into action and to encourage deeper thinking on why we do things (i.e. we look after God's world because we have been entrusted as Stewards). Congratulations to the children chosen this week during phase assembly!



**Faith without action, isn't faith at all.**

### ST ANNES & ST ANTHONYS CHURCH PARISH NEWSLETTER

Please find a link below to the Parish Newsletter which you can find on our website.

<https://www.stannessolihull.co.uk/spring2025>

### ONLINE SAFETY TIP OF THE WEEK

#### Should children have mobile phones?

The Children's Society explore this important question in their recent blog titled "Should children have mobile phones?" The article discusses concerns such as excessive screen time being linked with mental health issues as well as the benefits of a child friendly phone rather than a smart phone. You can read the full article here:

<https://www.childrensociety.org.uk/what-we-do/blogs/shouldchildren-have-mobile-phones>

### HEAD TEACHER ACADEMIC AWARDS OF THE WEEK

RH – Frank L	RL – Naomi A	1I – Elikia M	1OC – Finley B	2B – Ruby G
2R – Ariella M	3L – Norah K	3R – Luciah S	4P – Noah M	4OR – Jaxon H
5R – David Z	5T – Jasmine P	6M – Eden W	6N – Eliza-Jo	

### HEAD TEACHER EFFORT AWARDS OF THE WEEK

RH – Andreea C	RL – Maxim C	1I – Gewra T	1OC – Leela K	2B – Malakai G
2R – Michaela K	3L – Rocco K	3R – Anesha G	4P – Jack B	4OR – Lawson F
5R – Sofia H	5T – Kian T	6M – Louie J	6N – Anjola A	

### OUTSTANDING VIRTUE CERTIFICATE – 'CURIOUS & ACTIVE'

RH – Kiki S	RL – Eleena M	1I – Thomas H-D	1OC – Everley-R	2B – Nigella G
2R – Leo O	3L – Charlie C	3R – Huey C	4P – Dana-Grace	4OR – Tiffany M
5R – Analeigha M	5T – Laura H	6M – Isabella M	6N – Lacie M-H	

Please find below the amended menu for the Spring 2 Term, week commencing 25<sup>th</sup> January after the Inset Day.

**FOOD FESTIVAL**  
By Aspens

**LUNCH TIME**

TRADITIONAL  
Week 2

Autumn Winter  
2024-25:  
9/9, 30/9, 21/10,  
11/11, 2/12,  
23/12, 13/1, 3/2,  
24/2, 17/3, 7/4

**THE MAIN EVENT**  
Cheesy Tomato Pizza Muffins  
Chicken Curry and Rice  
Roast Pork, Roast Potatoes and Gravy  
Classic Cottage Pie  
Battered Fish and Chips

**MEAT-FREE MAGIC**  
Veggie Dish  
BBQ and Sweetcorn Pizza Slice  
Winter Vegetable Crumble and Herby Potatoes  
Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions!)  
Roasted Sweet Potato Pastry Roll and Mash  
Cheese and Tomato Toasted Wrap with Chips

**RAINBOW ALLEY**  
Vegetables and Salads  
Wholegrain Pasta Salad and Green salad  
Carrots  
Mixed Greens  
Peas  
Baked Beans

**BIG TOPPING**  
Filled Jackets  
Beans, Cheese or Tuna Mayo  
Beans, Cheese or Tuna Mayo  
Beans, Cheese or Tuna Mayo  
Beans, Cheese or Tuna Mayo  
Beans, Cheese or Tuna Mayo

**DESSERT TROLLEY**  
Toffee Apple Sponge and Custard  
Chocolate Sprinkle Iced Cake  
Vanilla Cookie  
Oaty Apple Crunch  
Anzac Biscuits

DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT  
AVAILABLE DAILY

DAILY SANDWICHES AVAILABLE

PASTA TWIRLER  
AVAILABLE EVERY DAY  
Topped Pasta  
Hot Pasta topped with Homemade Tomato Sauce & Cheese

T1

**CATERING WITHIN SCHOOL – ORDERING MEALS ON PARENTPAY**

A reminder to please continue to pre-order your child's meals on ParentPay. If a dinner has not been ordered, then the children will be offered a limited menu option of a jacket potato with a filling or pasta. They will also have access to salad and a freshly baked bread roll. This charge will be added onto your ParentPay account.

**COMMUNICATION WITH SCHOOL**

For queries such as reporting children's absence, requesting information or other general questions, please contact us via [parentmail@st-annes.solihull.sch.uk](mailto:parentmail@st-annes.solihull.sch.uk). This is a dedicated parent email address which is monitored throughout the day. Messages sent here will be sent on to the relevant staff member(s) if necessary.

If you have any queries at all or if it is an urgent message, please do not hesitate to contact the School Office on 0121 779 8060.

## TERM DATES 2024-2025

<u>Spring Term 2025</u>	<u>Summer Term 2025</u>
<u>Spring 1</u>	<u>Summer 1</u>
<p style="text-align: center;"><b>Monday 6<sup>th</sup> January 2025</b> – INSET <b>Children NOT in school</b></p> <p style="text-align: center;">Starts: Tuesday 7<sup>th</sup> January Children return to school</p> <p style="text-align: center;"><b>Half-Term:</b> Monday 17<sup>th</sup> February to Friday 21<sup>st</sup> February</p> <p style="text-align: center;"><b>Monday 24<sup>th</sup> February –</b> <b>INSET</b> <b>Children NOT in school</b></p>	<p style="text-align: center;">Starts: Monday 28<sup>th</sup> April Children return to school</p> <p style="text-align: center;">Monday 5<sup>th</sup> May – Bank Holiday</p> <p style="text-align: center;"><b>Half-Term:</b> Monday 26<sup>th</sup> May to Friday 30<sup>th</sup> May</p>
<u>Spring 2</u>	<u>Summer 2</u>
<p style="text-align: center;">Starts: Tuesday 25<sup>th</sup> February Children return to school</p> <p style="text-align: center;"><b>Easter Holiday:</b> Monday 14<sup>th</sup> April to Friday 25<sup>th</sup> April</p>	<p style="text-align: center;">Starts: Monday 2<sup>nd</sup> June Children return to school</p> <p style="text-align: center;">Last Day of Term for Children: Friday 18<sup>th</sup> July</p> <p style="text-align: center;"><b>Monday 21<sup>st</sup> July –</b> <b>INSET</b> <b>Children NOT in School</b></p> <p style="text-align: center;"><b>Summer Holidays:</b> Start Tuesday 22<sup>nd</sup> July</p>

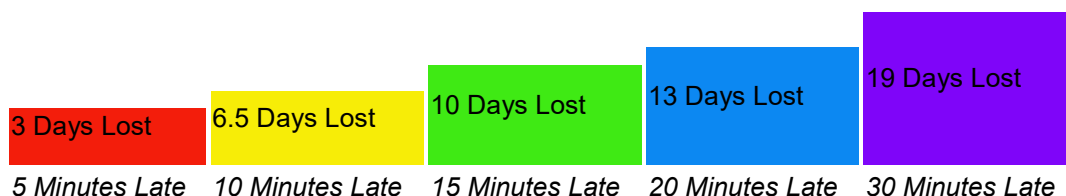
## ATTENDANCE

### Late marks and Absences

The doors open for children in Reception to Year 6 at **8.30am** and close at **8.40am**. Children who arrive after this time must go to the School Office where they will be given their late mark. Late marks are monitored and recorded. Children who arrive from 9.10am onwards are marked on the register as a 'U' for unauthorised absence, unless they are absent due to a medical appointment. Children arriving at the School Office prior to 9.10am will receive a late mark, 'L' on the register.

**8.40am-9.10am** = 'L', which means that your child receives a late mark. We are required to put a reason on the register for children who are late so office staff will always ask for a reason. If it is a personal/confidential reason please just say so; staff will make a note of this.

**9.10am and beyond** = 'U', which means the morning is recorded as an unauthorised absence.



(Over one academic year)

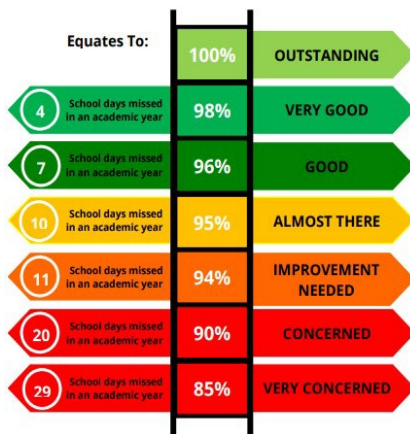
### Attendance and Holidays –

**Children Absent:** If your child is absent from school it is necessary that you contact school on the first day of your child's absence. Contact 0121 779 8060 and choose option 1 before the start of the day. There is an answer phone facility for you to leave your child's name, class and reason for absence. Alternatively, you can email school with your child's reason of absence: [parentmail@st-annes.solihull.sch.uk](mailto:parentmail@st-annes.solihull.sch.uk)

Following previous correspondence, this reminds you again that all holidays are unauthorised and the Local Authority will fine parents regardless of when holidays are booked because the ruling has always been in place. This is a Local Authority decision; the School cannot over-ride their decision.

## WINNING CLASS

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## YEAR 6 DATES FOR YOUR DIARY

Mon. 12 <sup>th</sup> – Thurs 15 <sup>th</sup> May	- SATS Week
Wed 18 <sup>th</sup> – Fri 20 <sup>th</sup> June	- Kenelm Trust (formerly Alton castle) residential trip
Thursday 6 <sup>th</sup> March	- Curriculum and SATs Workshop

## DATES FOR YOUR DIARY

<b>Mon 17<sup>th</sup> Feb – Fri 21<sup>st</sup> Feb</b>	- Half Term
Monday 24 <sup>th</sup> February	- INSET Day – Children NOT in school
<b>Tuesday 25<sup>th</sup> February</b>	- <b>Children return to school – Start of Spring Term 2</b>
<b>Mon 14<sup>th</sup> April – Fri 25<sup>th</sup> April</b>	- <b>Easter Holidays</b>
Wednesday 16 <sup>th</sup> April	- Reception Offer Day
<b>Monday 28<sup>th</sup> April</b>	- <b>Children return to school – Start of Summer Term 1</b>
<b>Monday 5<sup>th</sup> May</b>	- <b>May Bank Holiday</b>
<b>Mon 26<sup>th</sup> May – Fri 20<sup>th</sup> May</b>	- <b>Half Term</b>
<b>Monday 2<sup>nd</sup> June</b>	- <b>Children return to school – Start of Summer Term 2</b>
w/c Monday 9 <sup>th</sup> June	- Year 5 Bikeability
Monday 21 <sup>st</sup> July	- INSET Day – Children NOT in school
<b>Tuesday 22<sup>nd</sup> July</b>	- <b>Summer Holidays</b>

## PARENT CARER VOICE COFFEE MORNING



Saint Anne's Primary School and Solihull Parent Carer Voice

### Coffee and Chat

**Come and meet the School Engagement team from Solihull Parent Carer Voice.**

Please come and join us for Coffee and a chat. At this session will be discussing what is available in the community, the Local Offer and a Q and A.



**Venue** Saint Anne's Primary School - Saints building at Saint Anne's Primary School entrance is via Nineacres Drive only.

**Date** Tuesday 4th March 25

**Time** 9am - 10am



# Riverside Family Hub

# Timetable

February 2025



Wherever you live in Solihull, we're here to support you

Family Hubs are local centres where children, young people, and families can access support and take part in fun activities! Our friendly staff and service providers work in partnership with you and your community to access the information and support you need. Some services offer drop-in sessions, whilst others require booked appointments. The Hubs are a safe space for you and your loved ones.

Morning				
Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Midwife clinic – 09:00-16:00</b> Booked appointments for parents and their children with the midwifery team. Book by speaking to your midwife.</p> <p><b>Health visitor clinic – 09:00-12:00</b> Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p><b>Solihull College family learning – 09:30-11:30</b> Winter Fun-come and play at Riverside Family Hub- each week there will be a new theme to explore, including: Snow Play Under the Sea, Goldlocks, Natural Play, Vehicles and Construction, At the Farm and The Very Hungry Caterpillar. To book, email <a href="mailto:katrina.griffin-jones@solihull.ac.uk">katrina.griffin-jones@solihull.ac.uk</a>.</p>	<p><b>Super SEN CIC – 09:30-12:00</b> <b>4<sup>th</sup> February</b> Drop-in session for parents to seek advice and support for children or themselves as adults with ADHD and/or Autism.</p> <p><b>Health visitor clinic – 09:00-16:00</b> Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p><b>RO Books craft or reading – 09:30-11:00</b> <b>11<sup>th</sup> February only</b> Each week alternates between a craft or reading session. Ideal for families with children aged 0-5 to be creative or listen to a story. To book, call <a href="tel:01217791750">0121 779 1750</a>.</p> <p><b>SENDIAS – 09:30-11:30</b> <i>Second Tuesday of each month</i> Drop-in session to provide information, advice, and support to parents of children and young people with special educational needs and disabilities. Call <a href="tel:01215165173">0121 516 5173</a> for more information.</p> <p><b>Solihull Lifestyle Service – 09:30-13:00</b> Free lifestyle checks such as height, weight, BMI, blood pressure, and atrial fibrillation readings, including a free 12-week weight management course. Drop-in to see one of our advisors or call <a href="tel:08005999880">0800 599 9880</a> for more information.</p>	<p><b>Health visitor clinic – 09:00-17:00</b> Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p><b>Solihull College sensory play – 09:30-11:30</b> To book, email <a href="mailto:katrina.griffin-jones@solihull.ac.uk">katrina.griffin-jones@solihull.ac.uk</a>. Or just drop in to see what it is about!</p> <p><b>Solihull College adult maths – 09:30-12:00</b> To book, email <a href="mailto:katrina.griffin-jones@solihull.ac.uk">katrina.griffin-jones@solihull.ac.uk</a>.</p> <p><b>Parent Walk and Talk- 1:15pm</b> Have a cuppa with Naomi at the hub and then go for a short walk.</p>	<p><b>Midwife clinic – 09:00-16:00</b> Booked appointments for parents and their children with the midwifery team. Book by speaking to your midwife.</p> <p><b>Health visitor clinic – 09:00-12:00</b> Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p><b>Positive Birthing and Beyond pregnancy support – 09:00-12:00</b></p> <p><b>Solihull Community Housing drop-in – 10am-12pm</b> Information and advice on community housing. The SCH customer contact centre is available between 09:00-17:00, Monday to Friday, by calling <a href="tel:01217171515">0121 717 1515</a>.</p> <p><b>Women's community drop-in – 09:30-13:00</b> Emotional, practical, and signposting support for women. Call <a href="tel:01217222142">0121 722 2142</a> to find out more.</p>	<p><b>Family Voices- Friday 14<sup>th</sup> February- 8:45am-10am</b> Your chance to let us know what services are important to you and your family and how we can support this within the Family Hubs. Come along for a coffee and chat with Family Hub staff. Children are very welcome to attend as we would like their views too.</p> <p><b>Health visitor clinic – 09:00-12:00</b> Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p><b>Musical explorers stay and play</b> Music session – 10:00-10:30 Play session – 10:30-11:30 Drop-in music and play session for younger children and their parents or carers.</p> <p><b>Family Information Service – 10:00-12:00</b> <i>First Friday of the month</i> Drop-in to find out about childcare-related funding and family activities within the community.</p>

Riverside Family Hub 289 Bosworth Drive, Chelmsley Wood, B37 5DP

Family Hubs | [solihull.gov.uk](http://solihull.gov.uk)

Solihull Family Hubs

[riversidefh@solihull.gov.uk](mailto:riversidefh@solihull.gov.uk)

0121 779 1750

# Riverside Family Hub

# Timetable

February 2025



Afternoon				
Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Five to Thrive – 12:30-14:30</b> The Five to Thrive building blocks explore practical things you can do to enhance your child's brain development, increase confidence in parenting, and meet other local parents. For parents with children aged up to 2 years. To book, email <a href="mailto:bsmhft.parenting@nhs.net">bsmhft.parenting@nhs.net</a>.</p> <p><b>Menopause support and awareness group – 13:00-14:30</b> <i>Second Monday of each month</i> Drop-in and have a chat with Aline from Menopause Knowledge to seek information, advice, and support about menopause.</p> <p><b>Family support drop-in – 13:00-16:00</b> Confidential advice and support to help you make positive changes. Includes a range of advice and guidance about difficult relationships at home, parenting, behaviour management, routines, boundaries, child development, bed wetting, sleep problems, school issues, and more.</p> <p><b>Solihull Music Service – 16:00-18:00</b> Music session from the Solihull Music Service. To book, email <a href="mailto:solihullmusic@solihull.gov.uk">solihullmusic@solihull.gov.uk</a>.</p>	<p><b>Solihull parenting team- Postnatal Parenting Group- 1pm-3pm</b> Run by the Health Visiting team- invitation only when your little one has arrived.</p> <p><b>SISS Autism Team</b> will be at Riverside on 25<sup>th</sup> February and 4<sup>th</sup> March to run training for parents- booked directly through them. Your child has to have a diagnosis of Autism to attend this training.</p>	<p><b>Solihull College- Cooking on a budget- 12:30- 15:00</b> Learn how to make your food go further. Free slow cooker if you attend all sessions. To book email Katrina on <a href="mailto:katrina.griffin-jones@solihull.ac.uk">katrina.griffin-jones@solihull.ac.uk</a>.</p> <p><b>Breastfeeding café – 13:00-14:30</b> An NHS service that offers breastfeeding cafés run by trained peer supporters who can help you with any infant feeding queries or challenges you are facing. To book, visit <a href="https://linktr.ee/SolihullJFT">https://linktr.ee/SolihullJFT</a>.</p>	<p><b>Parent education – 12:00-16:00</b> <i>Third Thursday of every month</i> Session ran by the young parent midwifery team at University Hospital Birmingham. Book by speaking to your midwife.</p> <p><b>Yums club – 12:00-16:00</b> Yums club is a support and information group for teenage and young mums under age 20. Drop-in or call Jennie at <a href="tel:07867361723">0786 736 1723</a>. This is run every week.</p> <p><b>Moo Music stay and play – 13:00-14:30</b> <i>Mixed moo's – 13:00-13:30</i> <i>Baby moo – 14:00-14:30</i> To book, call Kally at <a href="tel:07950934194">0795 093 4194</a> or email <a href="mailto:kally.moo.music@gmail.com">kally.moo.music@gmail.com</a>. £3.00 per session. Session <i>not</i> running on Thursday 20<sup>th</sup> February.</p> <p><b>Urban Heard media for all – 15:30-17:30</b> Interested in learning different media skills? Email <a href="mailto:hary@urbanheard.co.uk">hary@urbanheard.co.uk</a> to join the group or find out more.</p>	<p><b>Family Nurse Partnership young parents stay and play – 13:00-15:00</b> <i>First Friday of every month</i> Stay and play group for young parents aged 24 or under and their babies or preschool children. Drop in!</p> <p><b>Smokefree Solihull clinic – 13:00-16:00</b> Stop smoking support. By referral only.</p> <p><b>Colouring Club- 14:30- 15:30</b> Join us at Riverside for a relaxing hour, in our sensory room or with some mindful colouring. No need to book, drop in.</p>

- Wellbeing and advice** Here2Help: Family Hubs can help with food, toiletries, fuel, money, staying well, and keeping safe. To find out more, visit [www.solihull.gov.uk/here2help](http://www.solihull.gov.uk/here2help).
- Health visiting**: To speak to a health visitor, text Chat Health on [0750 733 2563](tel:07507332563) between 09:00-16:00, Monday-Friday.
- Women's Aid**: If you or someone you know needs support, call Women's Aid at [0808 800 0028](tel:08088000028). Available seven days a week, 09:15-17:15.
- Mental health support**: The Birmingham and Solihull Mental Health NHS Foundation Trust provide guidance and reassurance to people of all ages. Call [0800 915 9292](tel:08009159292) or [0121 262 3555](tel:01212623555).
- Midwives**: Please call your midwife using the phone number in your red book.
- What else can the Family Hubs offer?** Help and support: Speak to our friendly staff. Stay and play area: Toys, books, and soft play. Sensory room: To book, call [0121 779 1750](tel:01217791750). Computers and private work pods: Internet and phone access. Community wardrobe: Free warm winter clothing.

Family Hubs | [solihull.gov.uk](http://solihull.gov.uk)

Solihull Family Hubs

[riversidefh@solihull.gov.uk](mailto:riversidefh@solihull.gov.uk)

0121 779 1750



## Allstars Combat Archery & Laser Tag

A fun, inclusive taster of combat archery and laser tag for all abilities

Join us on **Saturday 29th March** for some serious fun!

Date: Saturday 29th March 2025

Time: 10:30am - 1:30pm

Open to ages: 8-11 years and 12-16 years

Venue: Coombe Abbey Park, Brinklow Road, Coventry CV3 2AB

Using the most up-to-date combat archery equipment on the market you will get to battle head-to-head with your peers on our combat archery arena. Followed by an immersive outdoor laser gaming experience. You're in for some serious fun as you play across a variety of games and there's no need to worry about mess or bruises.

The Allstar Games is a physical activity programme for care experienced young people.

More information links:

- Combat laser tag experience
- Combat archery experience

Scan here to book your experience OR

[Click here to book](#)



## Allstars Basketball Festival

Join the Warwickshire Hawks for a fun, inclusive basketball festival for all abilities.

More information link:

[Warwickshire Hawks U15 - Warwickshire Basketball Association](#)

**Date:** Thursday 20th February 2025

**Venue:** Sports Hall, Moreton Morrell College, Warwick CV35 9BL

**Time, 6-10 years:** 4:15-5:30pm

**11-16 years:** 5:15-6:30pm



**CLICK HERE TO BOOK YOUR PLACE**  
Or scan the QR code



## Allstars HADO (Virtual Reality Sports)

Join the Allstar Games for a fun, inclusive introduction to the world of virtual reality sports. HADO is a VR dodgeball type team sport that is really fun and open to all ages and abilities.

More information link:

[HADO-Beyond Sports](#)

**Date:** Friday 21st February 2025

**Venue:** HADO Arena, Unit 2, Wolfe Road, Coventry, CV4 9UP

**Time, 6-10 years:** 10:45am-12pm

**11-13 years:** 11:45am-1pm

**14-16 years:** 12:45pm-2pm



**CLICK HERE TO BOOK YOUR PLACE**  
Or scan the QR code

