



ST. ANNE'S CATHOLIC PRIMARY SCHOOL

HEADTEACHER: Mr D Linehan

Bosworth Drive, Chelmsley Wood, Birmingham, B37 5DP

Tel: 0121 779 8060 Email: parentmail@st-annes.solihull.sch.uk

Website: <http://www.stannessolihull.co.uk> Follow us on Twitter: @StAnnesCP



St. Anne's Mission Statement: "Each one of us is unique, each one of us is special, because we are created by God's love. May God's love shine on our lives as we care and share and learn together."

Friday 7th February 2025

CATHOLIC LIFE

School Virtue for this half term – Grateful and Generous
In our Liturgical Calendar we are currently in Ordinary Time

The half term focus for Catholic Social Teaching is: 'Rights and Responsibilities'

DIOCESAN VIRTUES AT ST. ANNE'S – OUR HALF TERM VALUE: 'GRATEFUL AND GENEROUS'

GRATEFUL AND GENEROUS

Pupils in our school are growing to be . . .

Grateful for their own gifts, for the gift of other people, and for the blessings of each day; and generous with their gifts, becoming men and women for others.

Our school helps our pupils to grow . . .

By encouraging them to know and be grateful for all their gifts, developing them to the full so that they can be generous in the service of others.

The Christian Roots of the Pupil Profile.

Gratitude – an attitude of mind that habitually notices daily blessings and the good things that happen to us, giving our lives meaning and enjoyment, and sometimes pause for thought and a nudge to put things right. Generosity – the impulse to give and not to count the cost, to serve without reward, to have big hearts and great minds, to be men and women for others.

BUILDING THE KINGDOM



At St Anne's, we are striving to **Build the Kingdom of God!**

We are helping the children develop the skills we needed to be:

- Agents for a spirit-fuelled transformation of society.
- Moving our learning into action and our faith into action!

We are teaching the children that they are the leaders of tomorrow!

God is calling you to change the world one life at a time and one small step at a time. Begin today where you are.

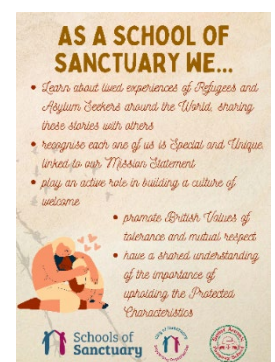
SCHOOL OF SANCTUARY

At Saint Anne's, we are passionate about the work we do as a School of Sanctuary, building the **Kingdom of God** by making our community inclusive and welcoming.

We are putting our faith into action as we are reaching out to the new Secretary of State for Education, Bridget Phillipson MP, to introduce the work of Schools of Sanctuary, the challenges we face, and the changes we would like to see.

We are asking her to encourage all schools around the country to take part in this important initiative.

The letter can be found on our website here: [Letter to Bridget Phillipson MP](#)



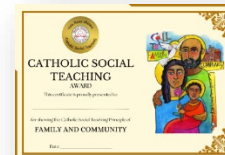
Please see link below for the monthly TenTen R.E Newsletter. The information shared on this newsletter links to the children's Collective Worship in class.

www.tentenresources.co.uk/prayers-for-home/parent-newsletter/

CATHOLIC SOCIAL TEACHING

- ▶ **Spring 1 Focus– Rights and Responsibilities**-Every person has a fundamental right to life. It is this right that makes all other rights possible. Everyone has the right to food, health care, housing, education and employment. We all need to strive to secure and respect these rights for others both locally and globally.

At St Anne's, children are chosen each week to receive a certificate for portraying one of the Catholic Social Teaching principles. This is to celebrate children putting their faith into action and to encourage deeper thinking on why we do things (i.e. we look after God's world because we have been entrusted as Stewards). Congratulations to the children chosen this week during phase assembly!



Faith without action, isn't faith at all.

ST ANNES & ST ANTHONYS CHURCH PARISH NEWSLETTER

Please find a link below to the Parish Newsletter which you can find on our website.

<https://www.stannessolihull.co.uk/spring2025>

CATERING WITHIN SCHOOL – ORDERING MEALS ON PARENTPAY

A reminder to please continue to pre-order your child's meals on ParentPay. If a dinner has not been ordered, then the children will be offered a limited menu option of a jacket potato with a filling or a pasta pot. They will also have access to salad and a freshly baked bread roll. This charge will be added onto your ParentPay account.

COMMUNICATION WITH SCHOOL

For queries such as reporting children's absence, requesting information or other general questions, please contact us via parentmail@st-annes.solihull.sch.uk. This is a dedicated parent email address which is monitored throughout the day. Messages sent here will be sent on to the relevant staff member(s) if necessary.

If you have any queries at all or if it is an urgent message, please do not hesitate to contact the School Office on 0121 779 8060.

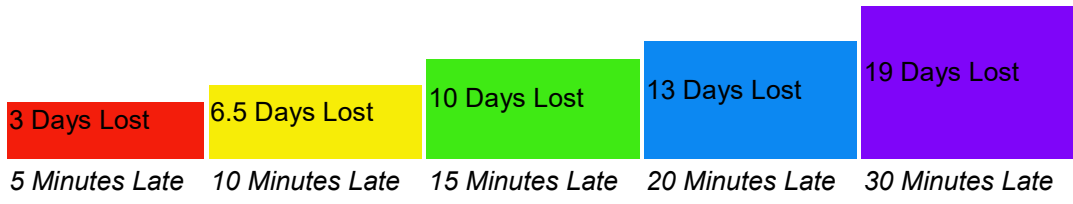
ATTENDANCE

Late marks and Absences

The doors open for children in Reception to Year 6 at **8.30am** and close at **8.40am**. Children who arrive after this time must go to the School Office where they will be given their late mark. Late marks are monitored and recorded. Children who arrive from 9.10am onwards are marked on the register as a 'U' for unauthorised absence, unless they are absent due to a medical appointment. Children arriving at the School Office prior to 9.10am will receive a late mark, 'L' on the register.

8.40am-9.10am = 'L', which means that your child receives a late mark. We are required to put a reason on the register for children who are late so office staff will always ask for a reason. If it is a personal/confidential reason please just say so; staff will make a note of this.

9.10am and beyond = 'U', which means the morning is recorded as an unauthorised absence.



(Over one academic year)

Attendance and Holidays –

Children Absent: If your child is absent from school it is necessary that you contact school on the first day of your child's absence. Contact 0121 779 8060 and choose option 1 before the start of the day. There is an answer phone facility for you to leave your child's name, class and reason for absence. Alternatively, you can email school with your child's reason of absence: parentmail@st-annes.solihull.sch.uk

Following previous correspondence, this reminds you again that all holidays are unauthorised and the Local Authority will fine parents regardless of when holidays are booked because the ruling has always been in place. This is a Local Authority decision; the School cannot over-ride their decision.

WINNING CLASS
2B & 6M



ADHD FRIENDLY SCHOOL STATUS



St-Anne's are proud to share that they are an ADHD Friendly school. In order to achieve this they submitted a portfolio of evidence of provision in school and received the below feedback:

'Congratulations- the trustees met this week and signed off your submission for our ADHD Friendly School award- well done.

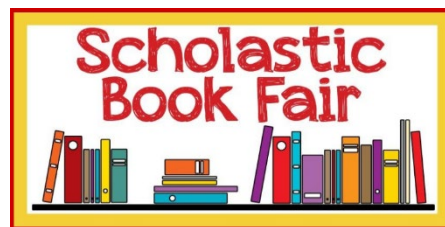
Please pass on my thanks, on behalf of the ADHDF, to everyone involved in this work and for the support you provide for pupils daily with ADHD in St Anne's Catholic Primary School.

The trustees particularly wanted me to let you know that this was one of the strongest submissions this cycle in terms of the range of opportunities and support available. They commented upon how physical activity is embedded throughout the school and given prominence with the School Games Mark, Yoga and breathing work in PE lessons and they led the Wellbeing Champions leaders and regulation boxes.

"If only every school was like St Anne's" was one comment in the meeting.'

SPRING BOOK FAIR

Our Book Fair will arrive on Monday 10th February and will be in school until Thursday 13th February.
It will also be accessible during Parents evening on the 13th.



RE INSPIRE PARENT WORKSHOPS

Please find the dates below for this academic years RE Inspire Parent Workshops.

Please note that some of the below dates have now changed.

Year Group	Relevant RE Unit	Date
Reception	St Anne	Monday 12 th May
1	Following Jesus Today	Monday 23 rd June
2	Parables and Miracles	Monday 16 th June
3	First Holy Communion	completed
4	Sharing in the Life of Christ	completed
5	Pentecost	Monday 19 th May

PRAYER & LITURGY

Please see below the remainder of the Year group Prayer & Liturgical session for this term in the hall, where you are welcome to join the children at 1.50pm.

Year Group	Prayer & Liturgy Date
Year 1	Friday 14 th February

WELL DONE AND THANK YOU

Daisy from Year 6 has kindly created a Jubilee Logo for each class to display on their Jubilee Focal Points! Daisy, you are a shining example of a Pilgrim of Hope, we are so proud 🌟💙💚💛❤️



Huge well done to the Year 3 children who took part in the gymnastic event yesterday. The children carried out both a floor and vault routine, consisting of a range of balances, jumps and rolls. Performing in front of a panel of judges with such confidence and elegance, we couldn't be more proud. You are all wonderful gymnasts!



PERSONAL DEVELOPMENT

OTES FOR SCHOOLS

In this this week's votes the children answered the following topic question:

- Does learning about your emotions help you feel better? (7-11 year olds)
 - Does learning about your emotions help you? (5-7 year olds)

First Aid Training

Year 6 were joined by Kate to learn how to administer CPR and work a defibrillator! The children were exemplary and learnt so many life-long skills, which one day could save a life! Brilliant work Year 6 heroes!



Year 5 PCSO Visit

On Tuesday, Year 5 received a visit from the PCSOs. The purpose of their visit was all about Online Safety and Digital Footprint. It is really important for the children to understand that what they put online, or in messages, does not just go away if you delete it. Once something is put online, it is there forever. The PCSOs covered Cyber Bullying, and what the consequences of cyberbullying are. They gave us advice on what to do if we notice somebody being cyberbullied, and how we can keep safe whilst being online. The children found this very informative and have learnt a lot from the PCSOs.



Children's Mental Health Week

Saint Anne's took part in the Great Big Live Assembly to launch Children's Mental Health week in school this week. Through votes for schools and individual lessons children have had the opportunity to explore and talk about mental health of children and young people. This year's theme is 'Know Yourself, Grow Yourself.' It's about the importance of exploring self-awareness and expressing emotion.



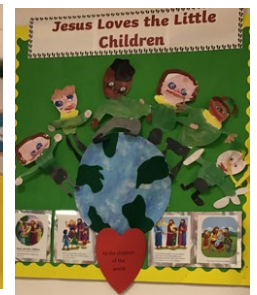
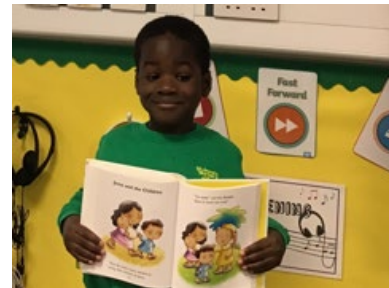
We have had a wonderful time celebrating National Number Day. Across school we have celebrated maths in lots of fun and exciting ways. It was lovely to see some of the children dressed in Number themed outfits and celebrating the fabulous maths that we complete every day. Please see our school twitter account @StAnnesCP to see our wonderful maths work in action.



NURSERY

Religious Education

In RE the children continue to explore the special sacrament of Baptism. They listened to the Bible story 'Jesus and the Children'. They know that we are very important to Jesus and that this story teaches us that all children are friends of Jesus and we are loved by Him. We said a thank you prayer to Jesus for being our friend.



Maths

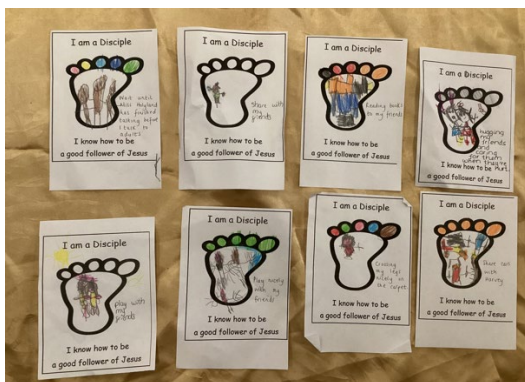
In Maths this week the children have been learning about the composition of four. Through play and exploration, they are learning that numbers are made up (composed) of smaller numbers. They can separate a group of four objects in different ways. They are beginning to describe how to make four e.g. 3 and 1 makes 4, 2 and 2 makes 4.



RECEPTION

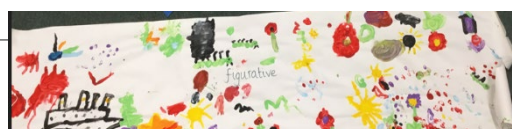
Religious Education

We have been talking about the story "The calling of the Disciples". We spoke about Jesus' 12 special friends and how they helped to spread the word of God. We discussed how we are all disciples too. We drew pictures to show how we are going to try and follow in Jesus' footsteps by being a good disciple.



Art

In Art this week we have been exploring making marks using a finger painting technique. We looked at figurative artwork and abstract artwork before creating our own interpretations. Have a look at our amazing artists in action.





Physical Education

In PE we have been enjoying our gymnastics lessons, we have been learning to perform different rolls. We learnt how to barrel roll, rock and roll and straight roll. We also practised jumping and landing on two feet.



YEAR 1

Religious Education - Deacon Stuart

This week, we were delighted to welcome Deacon Stuart into Year 1. He joined us to discuss our current RE topic, *Jesus – Teacher and Healer*. During his visit, the children gained a deeper understanding of how Jesus teaches us through His parables. As part of the *Year of Hope*, we asked Deacon Stuart to share a Bible story that reflects Jesus' teachings on hope, and he chose the story of *The Prodigal Son*. Just like the father in the story, we have hope in knowing that God's love for us is unconditional. We also explored the meaning of Jesus' command to "love your neighbour as yourself." Deacon Stuart explained that this means treating others with the same kindness and respect that we would want for ourselves. Inspired by this message, we reflected on ways we can show love to our neighbours and support those in need.



T4W - National Storytelling Week

This week, we had so much fun celebrating National Storytelling Week. Using the hand puppets, we made in Design & Technology unit, we created our own fairy tale story. We sat in a circle, and our teacher began the story with, "Once upon a time, in a deep, dark wood, there lived a..." Then, we took turns adding to the story, introducing our characters and what they might be doing in the woods.

We listened carefully to each other to make sure our ideas fit together, and we used our prior learning of exciting adjectives to make our story even better! The end result of our story telling was a fantastic fairy tale filled with fun, adventure, magic, and all of our wonderful puppet characters.



YEAR 2

Religious Education

Year 2 staff and children would like to thank all Parents and Carers for attending their prayer and liturgy service today focused on the theme of the *Jubilee of Hope*. It was a truly special occasion, and we are so grateful for your support and presence. The children worked incredibly hard to learn their words and delivered them beautifully, sharing the *Parable of the Mustard Seed*. Through this parable, they reminded us that even the smallest bit of hope can grow into something powerful and beautiful. Just like the tiny mustard seed, our hope, no matter how small, can help us achieve amazing things and make a real difference in the world. Thank you for being part of this meaningful moment with us, and for nurturing the spirit of hope in our children. We look forward to many more shared moments of faith and learning.



History

In History, we have been piecing together the events of the Great Fire of London. We have created a chronological timeline of the events. We have also discussed the different sources that have given us information about this event over time and discussed how useful they are.



YEAR 3

Religious Education - Prayer and Liturgy

On Friday, we shared the Child Led Prayer and Liturgy, which we do in class each week, with our families in church. Our time of prayer was planned and led by Lottie, Ted, Julia S, Ethan L, Norah and Albie F. As we are celebrating the Jubilee Year, the children planned their Prayer and Liturgy around the theme 'Anchor of Hope' – linking to the Jubilee Logo. The children also celebrated the life of Saint John Bosco whose feast day was on Friday. Well done to all the Year 3 children, you are shining examples of Pilgrims of Hope!



Design and Technology

After meticulously planning our designs, this week we created the end product of our Structures unit – we built castles! Each castle had a specific design criteria including turrets, drawbridges and battlements. Some of us added flags to represent our teams and had secret features within our castle: like secret entrances, swimming pools and even cannons! Amazing work designers – your castles are fit for a King and Queen!



YEAR 4

Inspire Workshop – Sharing in the Life of Christ

We had a wonderful Monday morning welcoming parents into school to create a piece of artwork with the children. Our focus was our recent RE topic: Sharing in the Life of Christ. We looked carefully at the 'I am sayings' of Jesus and the children selected their favourite saying and decorated it with their family member. We also discussed the importance of the Jubilee Year and mentioned our class saint: Saint Catherine of Sienna. We reflected upon her importance and influence of hope and peace. It was a lovely morning enjoyed by all.



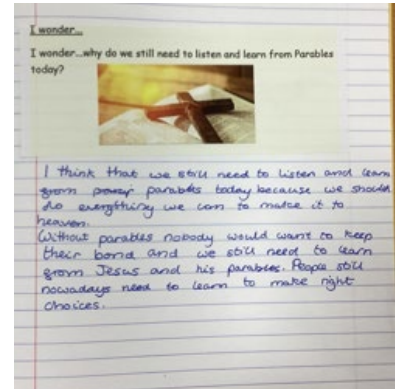
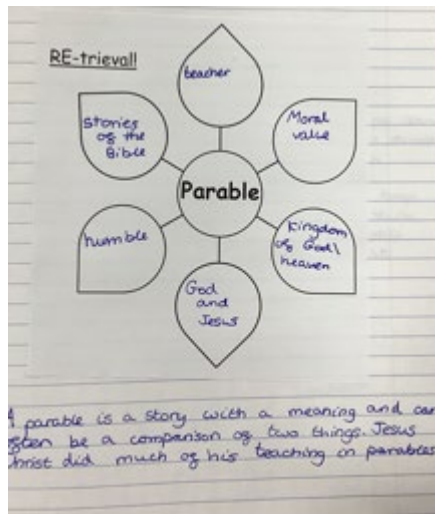
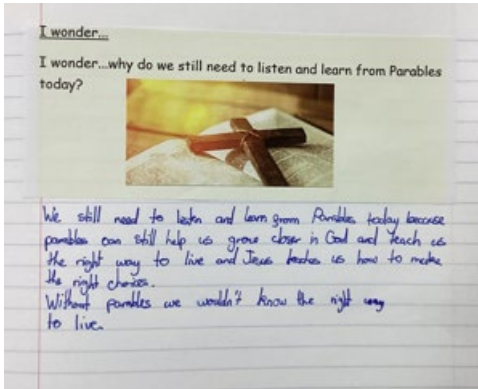
History – Interpretation and Historical Enquiry

In History, the children were transformed into archaeologists! They studied various primary sources linked to the Anglo Saxon era and studied their uses, where they came from and who they believed may have used them. We used our interpretation and enquiry skills to ask questions and come to conclusions.



Religious Education

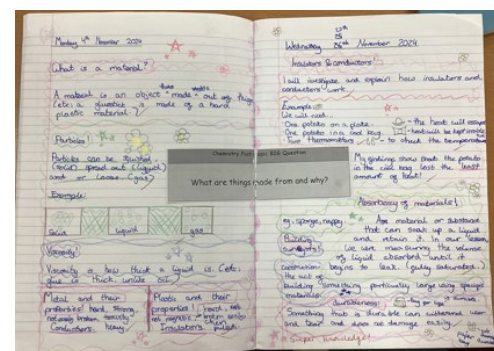
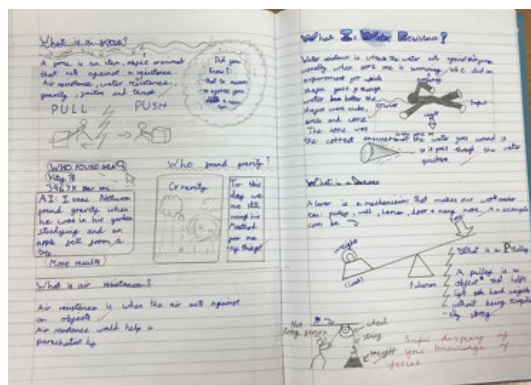
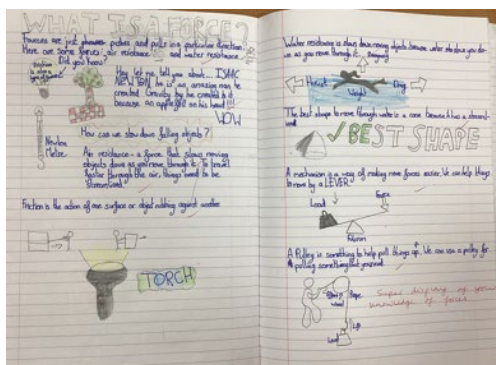
In Religious Education this week, we started our unit of Parables and the Sayings of Jesus. To start with, we recapped what we already know about parables and which parables we had already heard of. We learnt about two new parables and compared them, looking at what Jesus teaches us about how to live as his followers through his story. The children retrieved lots of information about parables, as well as learning a lot of new knowledge! Super work, Year 5.



Parable:					
	What happens in the parable?	What does Jesus say?	What is the message of the parable?	How can you apply this message to your every day life?	What does this parable tell us about God?
1. The parable of the pearl merchant	A pearl merchant found a pearl more precious than any other he sells everything he had to buy it.	"The Kingdom of Heaven is like a treasure hidden in a field."	We should be willing to sacrifice whatever we can to get closer to God.	I can do my best to get closer to God by going to church and reading the bible diligently and praying.	Our relationship with God is precious. God is also thoughtful.
2.	A man sowed a mustard seed and over several years it grew into a large tree.	"The Kingdom of Heaven is like a mustard seed"	It takes time for our faith in God to grow so we should be patient and always trust God.	I should trust in God and never doubt him. I should also pray every day so we should never forget God.	God always wants to be near us and help us even from way over from above so we should never let our faith diminish.

Science

In Science this week, Year 5 completed their double page spreads all about our Forces unit. The children split their pages up to recap their learning from the last six lessons – all about water and air resistance, mechanisms, pulleys, friction – wow they have learnt a lot! Their double page spreads are absolutely brilliant and truly showcase all of the wonderful learning they have done over the last few weeks!



Messaging others

There are many ways in which our children can communicate online, for example via messaging apps, social media apps and online games such as FIFA and Fortnite. We need to understand how and who our children are communicating with to keep them safe online. Ensure your child knows to talk to a trusted adult should they need to. However, remind them that it is not appropriate to contact teachers online, they should only use official school communication methods.

What are the risks?

- Bullying and inappropriate chat.
- Contact from strangers.
- Sharing personal information including images.

How can I mitigate the risks?

- Ensure your child is accessing age appropriate apps/games and that appropriate parental controls are set up.
- Chat to your child about the risks so they are aware of what can happen online.
- Depending on the age of your child, it may be more appropriate for devices to be used in family rooms so you can monitor what they are doing.

Further information

- <https://www.ceopeducation.co.uk/parents/Concerned-about-yourchild/Online-contact-and-stayingsafe/>
- <https://www.brightcanary.io/what-to-do-when-your-child-sends-inappropriate-texts/>

HEAD TEACHER ACADEMIC AWARDS OF THE WEEK

RH – Robyn B	RL – Sienna S	1I – Olisa E	1OC – Ruby B	2B – Ameira Monae
2R – Finn L	3L – Maisie B	3R – Arthur L	4P – Kacie L	4OR – Nellie H
5R – Aiden D	5T – Dolceey-Pearl	6M – Kara F	6N – Savannah Y	

HEAD TEACHER EFFORT AWARDS OF THE WEEK

RH – Harvey H	RL – Isla L	1I – Amber H	1OC – Sofia L	2B – Teddy T
2R – Tytus S	3L – Noah D	3R – Oliver G	4P – Maja M	4OR – Jude K
5R – Owen O	5T – Evelyn M	6M – Brooke M	6N – Evaleigh M	

OUTSTANDING VIRTUE CERTIFICATE – ‘CURIOUS & ACTIVE’

RH – Vienna M	RL – Cameron M	1I – Harper K	1OC – Arlo K	2B – Finley K
2R – Leo F	3L – Poppy-Rose	3R – Brogan K	4P – Jackson T	4OR – Alvin H
5R – Nimah W	5T – Gracious C	6M – Daisy T	6N – Harrison F	

TERM DATES 2024-2025

<u>Spring Term 2025</u>	<u>Summer Term 2025</u>
<u>Spring 1</u>	<u>Summer 1</u>
Monday 6th January 2025 – INSET Children NOT in school	Starts: Monday 28 th April Children return to school
Starts: Tuesday 7 th January Children return to school	Monday 5 th May – Bank Holiday
Half-Term: Monday 17 th February to Friday 21 st February	Half-Term: Monday 26 th May to Friday 30 th May
Monday 24th February – INSET Children NOT in school	<u>Summer 2</u>
<u>Spring 2</u>	Starts: Monday 2 nd June Children return to school
Starts: Tuesday 25 th February Children return to school	Last Day of Term for Children: Friday 18 th July
Easter Holiday: Monday 14 th April to Friday 25 th April	Monday 21st July – INSET Children NOT in School
	Summer Holidays: Start Tuesday 22 nd July

YEAR 6 DATES FOR YOUR DIARY

Mon. 12 th – Thurs 15 th May	-	SATS Week
Date to be confirmed	-	Alton Castle Meeting with parents
Wed 18 th – Fri 20 th June	-	Kenelm Trust (formerly Alton castle) residential trip
Dates to be confirmed	-	Curriculum and SATs Workshop

DATES FOR YOUR DIARY

Mon 17th Feb – Fri 21st Feb	-	Half Term
Monday 24 th February	-	INSET Day – Children NOT in school
Tuesday 25th February	-	Children return to school – Start of Spring Term 2
Mon 14th April – Fri 25th April	-	Easter Holidays
Wednesday 16 th April	-	Reception Offer Day
Monday 28th April	-	Children return to school – Start of Summer Term 1
Monday 5th May	-	May Bank Holiday
Mon 26th May – Fri 20th May	-	Half Term
Monday 2nd June	-	Children return to school – Start of Summer Term 2
w/c Monday 9 th June	-	Year 5 Bikeability
Monday 21 st July	-	INSET Day – Children NOT in school
Tuesday 22nd July	-	Summer Holidays

ST ANNES PRIMARY SCHOOL COMMUNITY AROUND THE SCHOOL EVENT

Pop along to the hall during parents evening where a range of local providers are to let you know more about the activities and services they offer.

**DURING PARENTS EVENING ON
06/02/2025 OR 13/02/2025
BETWEEN 4PM - 7PM**

Some of the providers that you can gain
information from are:



Meriden Adventure Playground

Police (with demos)

Super Sen CIC



Birmingham Mind

SMBC's Family Hubs



Solar



Holiday and Food Activity (HAF)

Plus more...



COMMUNITY NOTICES

Riverside Family Hub

Timetable

February 2025



Wherever you live in Solihull, we're here to support you

Family Hubs are local centres where children, young people, and families can access support and take part in fun activities! Our friendly staff and service providers work in partnership with you and your community to access the information and support you need. Some services offer drop-in sessions, whilst others require booked appointments. The Hubs are a safe space for you and your loved ones.

Morning				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Midwife clinic – 09:00-16:00 Booked appointments for parents and their children with the midwifery team. Book by speaking to your midwife.</p> <p>Health visitor clinic – 09:00-12:00 Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p>Solihull College family learning – 09:30-11:30 Winter Fun-come and play at Riverside Family Hub- each week there will be a new theme to explore, including: Snow Play Under the Sea, Goldlocks, Natural Play, Vehicles and Construction, At the Farm and The Very Hungry Caterpillar. To book, email katrina.griffin-jones@solihull.ac.uk.</p>	<p>Super SEN CIC – 09:30-12:00 4th February Drop-in session for parents to seek advice and support for children or themselves as adults with ADHD and/or Autism.</p> <p>Health visitor clinic – 09:00-16:00 Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p>RO Books craft or reading – 09:30-11:00 11th February only Each week alternates between a craft or reading session. Ideal for families with children aged 0-5 to be creative or listen to a story. To book, call 0121 779 1750.</p> <p>SENDIAS – 09:30-11:30 <i>Second Tuesday of each month</i> Drop-in session to provide information, advice, and support to parents of children and young people with special educational needs and disabilities. Call 0121 516 5173 for more information.</p> <p>Solihull Lifestyle Service – 09:30-13:00 Free lifestyle checks such as height, weight, BMI, blood pressure, and atrial fibrillation readings, including a free 12-week weight management course. Drop-in to see one of our advisors or call 0800 599 9880 for more information.</p>	<p>Health visitor clinic – 09:00-17:00 Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p>Solihull College sensory play – 09:30-11:30 To book, email katrina.griffin-jones@solihull.ac.uk. Or just drop in to see what it is about!</p> <p>Solihull College adult maths – 09:30-12:00 To book, email katrina.griffin-jones@solihull.ac.uk.</p> <p>Parent Walk and Talk- 1:15pm Have a cuppa with Naomi at the hub and then go for a short walk.</p>	<p>Midwife clinic – 09:00-16:00 Booked appointments for parents and their children with the midwifery team. Book by speaking to your midwife.</p> <p>Health visitor clinic – 09:00-12:00 Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p>Positive Birthing and Beyond pregnancy support – 09:00-12:00</p> <p>Solihull Community Housing drop-in – 10am-12pm Information and advice on community housing. The SCH customer contact centre is available between 09:00-17:00, Monday to Friday, by calling 0121 717 1515.</p> <p>Women's community drop-in – 09:30-13:00 Emotional, practical, and signposting support for women. Call 0121 722 2142 to find out more.</p>	<p>Family Voices- Friday 14th February- 8:45am-10am Your chance to let us know what services are important to you and your family and how we can support this within the Family Hubs. Come along for a coffee and chat with Family Hub staff. Children are very welcome to attend as we would like their views too.</p> <p>Health visitor clinic – 09:00-12:00 Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p>Musical explorers stay and play Music session – 10:00-10:30 Play session – 10:30-11:30 Drop-in music and play session for younger children and their parents or carers.</p> <p>Family Information Service – 10:00-12:00 <i>First Friday of the month</i> Drop-in to find out about childcare-related funding and family activities within the community.</p>

Riverside Family Hub 289 Bosworth Drive, Chelmsley Wood, B37 5DP

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Solihull Family Hubs

riversidefh@solihull.gov.uk

0121 779 1750

Riverside Family Hub

Timetable

February 2025



Afternoon				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Five to Thrive – 12:30-14:30 The Five to Thrive building blocks explore practical things you can do to enhance your child's brain development, increase confidence in parenting, and meet other local parents. For parents with children aged up to 2 years. To book, email bsmhft.parenting@nhs.net.</p> <p>Menopause support and awareness group – 13:00-14:30 <i>Second Monday of each month</i> Drop-in and have a chat with Aline from Menopause Knowledge to seek information, advice, and support about menopause.</p> <p>Family support drop-in – 13:00-16:00 Confidential advice and support to help you make positive changes. Includes a range of advice and guidance about difficult relationships at home, parenting, behaviour management, routines, boundaries, child development, bed wetting, sleep problems, school issues, and more.</p> <p>Solihull Music Service – 16:00-18:00 Music session from the Solihull Music Service. To book, email solihullmusic@solihull.gov.uk.</p>	<p>Solihull parenting team- Postnatal Parenting Group- 1pm-3pm Run by the Health Visiting team- invitation only when your little one has arrived.</p> <p>SISS Autism Team will be at Riverside on 25th February and 4th March to run training for parents- booked directly through them. Your child has to have a diagnosis of Autism to attend this training.</p>	<p>Solihull College- Cooking on a budget- 12:30- 15:00 Learn how to make your food go further. Free slow cooker if you attend all sessions. To book email Katrina on katrina.griffin-jones@solihull.ac.uk.</p> <p>Breastfeeding café – 13:00-14:30 An NHS service that offers breastfeeding cafés run by trained peer supporters who can help you with any infant feeding queries or challenges you are facing. To book, visit https://linktr.ee/SolihullJFT.</p>	<p>Parent education – 12:00-16:00 <i>Third Thursday of every month</i> Session ran by the young parent midwifery team at University Hospital Birmingham. Book by speaking to your midwife.</p> <p>Yums club – 12:00-16:00 Yums club is a support and information group for teenage and young mums under age 20. Drop-in or call Jennie at 0786 736 1723. This is run every week.</p> <p>Moo Music stay and play – 13:00-14:30 <i>Mixed moo's – 13:00-13:30</i> <i>Baby moo – 14:00-14:30</i> To book, call Kally at 0795 093 4194 or email kally.moo.music@gmail.com. £3.00 per session. Session <i>not</i> running on Thursday 20th February.</p> <p>Urban Heard media for all – 15:30-17:30 Interested in learning different media skills? Email harry@urbanheard.co.uk to join the group or find out more.</p>	<p>Family Nurse Partnership young parents stay and play – 13:00-15:00 <i>First Friday of every month</i> Stay and play group for young parents aged 24 or under and their babies or preschool children. Drop in!</p> <p>Smokefree Solihull clinic – 13:00-16:00 Stop smoking support. By referral only.</p> <p>Colouring Club- 14:30- 15:30 Join us at Riverside for a relaxing hour, in our sensory room or with some mindful colouring. No need to book, drop in.</p>

Wellbeing and advice
Here2Help
Family Hubs can help with food, toiletries, fuel, money, staying well, and keeping safe. To find out more, visit www.solihull.gov.uk/here2help.

Health visiting
To speak to a health visitor, text Chat Health on [0750 733 2563](tel:07507332563) between 09:00-16:00, Monday-Friday.

Women's Aid
If you or someone you know needs support, call Women's Aid at [0808 800 0028](tel:08088000028). Available seven days a week, 09:15-17:15.

Mental health support
The Birmingham and Solihull Mental Health NHS Foundation Trust provide guidance and reassurance to people of all ages. Call [0800 915 9292](tel:08009159292) or [0121 262 3555](tel:01212623555).

Midwives
Please call your midwife using the phone number in your red book.

What else can the Family Hubs offer?

Help and support
Speak to our friendly staff

Stay and play area
Toys, books, and soft play

Sensory room
To book, call [0121 779 1750](tel:01217791750)

Computers and private work pods
Internet and phone access

Community wardrobe
Free warm winter clothing

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Solihull Family Hubs

riversidefh@solihull.gov.uk

0121 779 1750



Saint Anne's Primary School and
Solihull Parent Carer Voice

Coffee and Chat



Solihull Parent
Carer Voice

Come and meet the School
Engagement team from
Solihull Parent Carer Voice.

Please come and join us for
Coffee and a chat. At this session
will be discussing what is
available in the community, the
Local Offer and a Q and A.

Venue

Saint Anne's Primary School -
Saints building at Saint Anne's
Primary School entrance is via
Nineacres Drive only.

Date

Tuesday 4th March 25

Time

9am - 10am

