



# ST. ANNE'S CATHOLIC PRIMARY SCHOOL

HEADTEACHER: Mr D Linehan

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Website: <http://www.stannessolihull.co.uk> Follow us on Twitter: @StAnnesCP



**St. Anne's Mission Statement: "Each one of us is unique, each one of us is special, because we are created by God's love. May God's love shine on our lives as we care and share and learn together."**

Friday 31<sup>st</sup> January 2025

## CATHOLIC LIFE

**School Virtue for this half term – Grateful and Generous**  
**In our Liturgical Calendar we are currently in Ordinary Time**

**The half term focus for Catholic Social Teaching is: 'Rights and Responsibilities'**

## DIOCESAN VIRTUES AT ST. ANNE'S – OUR HALF TERM VALUE: 'GRATEFUL AND GENEROUS'

### GRATEFUL AND GENEROUS

**Pupils in our school are growing to be . . .**

Grateful for their own gifts, for the gift of other people, and for the blessings of each day; and generous with their gifts, becoming men and women for others.

**Our school helps our pupils to grow . . .**

By encouraging them to know and be grateful for all their gifts, developing them to the full so that they can be generous in the service of others.

### **The Christian Roots of the Pupil Profile.**

Gratitude – an attitude of mind that habitually notices daily blessings and the good things that happen to us, giving our lives meaning and enjoyment, and sometimes pause for thought and a nudge to put things right. Generosity – the impulse to give and not to count the cost, to serve without reward, to have big hearts and great minds, to be men and women for others.

## BUILDING THE KINGDOM



At St Anne's, we are striving to **Build the Kingdom of God!**

We are helping the children develop the skills we needed to be:

- Agents for a spirit-fuelled transformation of society.
- Moving our learning into action and our faith into action!

**We are teaching the children that they are the leaders of tomorrow!**

God is calling you to change the world one life at a time and one small step at a time. Begin today where you are.

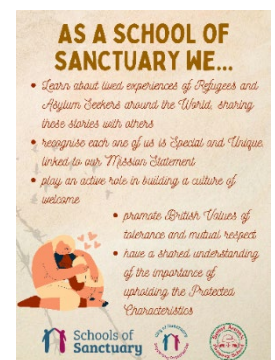
## SCHOOL OF SANCTUARY

At Saint Anne's, we are passionate about the work we do as a School of Sanctuary, building the **Kingdom of God** by making our community inclusive and welcoming.

We are putting our faith into action as we are reaching out to the new Secretary of State for Education, Bridget Phillipson MP, to introduce the work of Schools of Sanctuary, the challenges we face, and the changes we would like to see.

We are asking her to encourage all schools around the country to take part in this important initiative.

The letter can be found on our website here: [Letter to Bridget Phillipson MP](#)



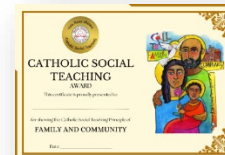
Please see link below for the monthly TenTen R.E Newsletter. The information shared on this newsletter links to the children's Collective Worship in class.

[www.tentenresources.co.uk/prayers-for-home/parent-newsletter/](http://www.tentenresources.co.uk/prayers-for-home/parent-newsletter/)

### CATHOLIC SOCIAL TEACHING

- ▶ **Spring 1 Focus– Rights and Responsibilities**-Every person has a fundamental right to life. It is this right that makes all other rights possible. Everyone has the right to food, health care, housing, education and employment. We all need to strive to secure and respect these rights for others both locally and globally.

At St Anne's, children are chosen each week to receive a certificate for portraying one of the Catholic Social Teaching principles. This is to celebrate children putting their faith into action and to encourage deeper thinking on why we do things (i.e. we look after God's world because we have been entrusted as Stewards). Congratulations to the children chosen this week during phase assembly!



**Faith without action, isn't faith at all.**

### ST ANNES & ST ANTHONYS CHURCH PARISH NEWSLETTER

Please find a link below to the Parish Newsletter which you can find on our website.

<https://www.stannessolihull.co.uk/spring2025>

### CATERING WITHIN SCHOOL – ORDERING MEALS ON PARENTPAY

A reminder to please continue to pre-order your child's meals on ParentPay. If a dinner has not been ordered, then the children will be offered a limited menu option of a jacket potato with a filling or a pasta pot. They will also have access to salad and a freshly baked bread roll. This charge will be added onto your ParentPay account.

### COMMUNICATION WITH SCHOOL

For queries such as reporting children's absence, requesting information or other general questions, please contact us via [parentmail@st-annes.solihull.sch.uk](mailto:parentmail@st-annes.solihull.sch.uk). This is a dedicated parent email address which is monitored throughout the day. Messages sent here will be sent on to the relevant staff member(s) if necessary.

If you have any queries at all or if it is an urgent message, please do not hesitate to contact the School Office on 0121 779 8060.

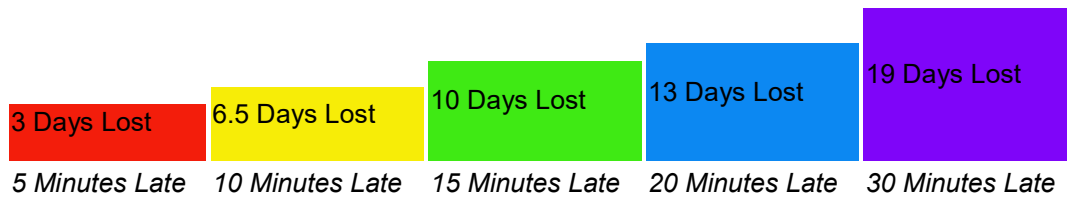
### ATTENDANCE

#### **Late marks and Absences**

The doors open for children in Reception to Year 6 at **8.30am** and close at **8.40am**. Children who arrive after this time must go to the School Office where they will be given their late mark. Late marks are monitored and recorded. Children who arrive from 9.10am onwards are marked on the register as a 'U' for unauthorised absence, unless they are absent due to a medical appointment. Children arriving at the School Office prior to 9.10am will receive a late mark, 'L' on the register.

**8.40am-9.10am** = 'L', which means that your child receives a late mark. We are required to put a reason on the register for children who are late so office staff will always ask for a reason. If it is a personal/confidential reason please just say so; staff will make a note of this.

**9.10am and beyond** = 'U', which means the morning is recorded as an unauthorised absence.



(Over one academic year)

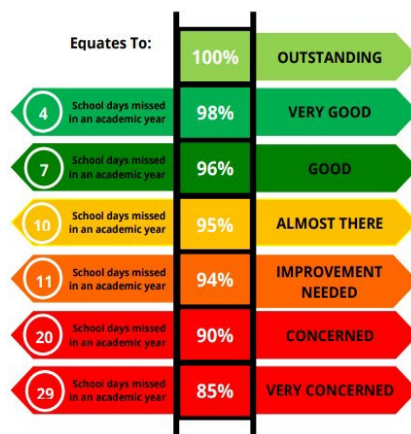
### Attendance and Holidays –

Children Absent: If your child is absent from school it is necessary that you contact school on the first day of your child's absence. Contact 0121 779 8060 and choose option 1 before the start of the day. There is an answer phone facility for you to leave your child's name, class and reason for absence. Alternatively, you can email school with your child's reason of absence: [parentmail@st-annes.solihull.sch.uk](mailto:parentmail@st-annes.solihull.sch.uk)

Following previous correspondence, this reminds you again that all holidays are unauthorised and the Local Authority will fine parents regardless of when holidays are booked because the ruling has always been in place. This is a Local Authority decision; the School cannot over-ride their decision.

### WINNING CLASS

5R



### ADHD FRIENDLY SCHOOL STATUS



St-Anne's are proud to share that they are an ADHD Friendly school. In order to achieve this they submitted a portfolio of evidence of provision in school and received the below feedback:

'Congratulations- the trustees met this week and signed off your submission for our ADHD Friendly School award- well done.

Please pass on my thanks, on behalf of the ADHDF, to everyone involved in this work and for the support you provide for pupils daily with ADHD in St Anne's Catholic Primary School.

The trustees particularly wanted me to let you know that this was one of the strongest submissions this cycle in terms of the range of opportunities and support available. They commented upon how physical activity is embedded throughout the school and given prominence with the School Games Mark, Yoga and breathing work in PE lessons and they led the Wellbeing Champions leaders and regulation boxes.

"If only every school was like St Anne's" was one comment in the meeting.'

## RE INSPIRE PARENT WORKSHOPS

Please find the dates below for this academic years RE Inspire Parent Workshops.

**Please note that some of the below dates have now changed.**

Year Group	Relevant RE Unit	Date
Reception	St Anne	Monday 12 <sup>th</sup> May
1	Following Jesus Today	Monday 23 <sup>rd</sup> June
2	Parables and Miracles	Monday 16 <sup>th</sup> June
3	First Holy Communion	completed
4	Sharing in the Life of Christ	Monday 3 <sup>rd</sup> February
5	Pentecost	Monday 19 <sup>th</sup> May

## PRAYER & LITURGY

Please see below the remainder of the Year group Prayer & Liturgical session for this term at St Annes Church, where you are welcome to join the children at 1.50pm.

Year Group	Prayer & Liturgy Date
Year 1	Friday 14 <sup>th</sup> February
Year 2	Friday 7 <sup>th</sup> February

## PERSONAL DEVELOPMENT

# VOTES FOR SCHOOLS

In this this week's votes the children answered the following topic question:

- Should we be more worried about drone use? (7-11)
- Do you know how to respect someone's privacy? (5-7)



In school we marked the start of the Lunar New Year which began on the **29<sup>th</sup> January**. We learnt about the special festival and the different ways they prepare and celebrate. It was wonderful to have children in school share their very

own Lunar New Year traditions. Here is special song that beautifully shares the story 'The Great Race' - [The Great Race: Musical Storyland - BBC Teach](#).

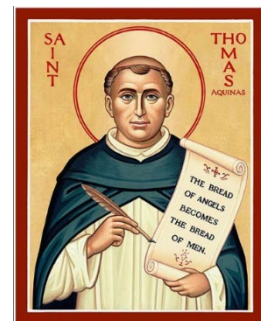
### Holocaust Memorial Day (27<sup>th</sup> January)



In prayer and liturgy, we lit a candle to mark Holocaust memorial day. We remembered some events in the past when people were treated badly, and even killed, because of their religion or the colour of their skin. We prayed especially for the six million Jewish people who sadly lost their lives.

### Feast of St. Thomas Aquinas

We continue to remember special key figures in history. This week we celebrated the life of St Thomas Aquinas within prayer and liturgy and assemblies. He was a great philosopher and theologian. Known for his intellectual contributions and deep faith, St. Thomas Aquinas is often called the "Angelic Doctor" for his wisdom and understanding of the Catholic faith.



*"The things that we love tell us what we are" - St Thomas Aquinas.*

## CONGRATULATIONS

### NPQLT- well done to Miss Powell and Miss O'Connor

Congratulations to Miss Powell and Miss O'Connor who have both successfully passed their National Professional Qualification for Leading Teaching (NPQLT). As a school we are very proud of both of their achievements and are very thankful for their dedicated commitment to the pastoral care and excellent leadership in teaching and learning for the benefit of our St Anne's community.



## CURRICULUM SHOWCASE

The children shared their wonderful work in the hall with the rest of the school this week. Well done to each and every one of the children for their hard work.





## SPORTING ACHIEVEMENTS

Well done to the Year 5 boys who won their Basketball Competition on Thursday competing against local schools!



## NURSERY

### Religious Education

In RE the children explored the special sacrament of Baptism. They role-played a simple Baptism focusing on the priest, the baby and the water. They said "I name you..."



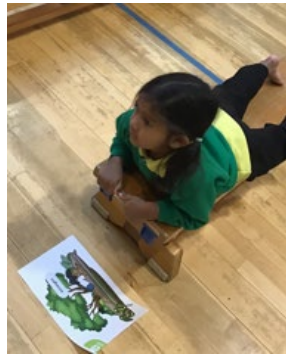
### Understanding the World

This week marks the start of Lunar New Year, the 'Year of the Snake'. We used stories, songs, dance and small world toys to learn about the different ways people celebrate Lunar New Year. The children enjoyed tasting a variety of Chinese food and recreating their own lion and ribbon dances. They had a fortune cookie which contained a lucky message.



### Physical Development

In our PE lessons the children are learning about gymnastic skills. The children are able to create shapes whilst using apparatus. They can name a tuck shape, a straight shape, a star shape and a straddle shape.



## RECEPTION

### Religious Education – Learning about special Saints

In RE this week we have been learning about special Saints. We found out about Saint Anne, Saint Mary, Saint Joseph and the disciples. We recalled facts that we knew about them and listened to stories from The Bible about these special people. We know that all of the Saints have a special relationship with God and have God in their hearts.



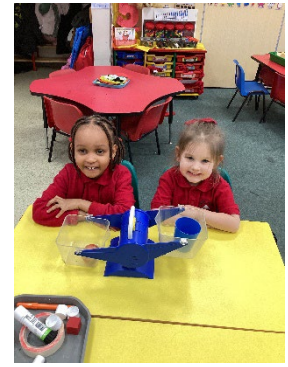
### Understanding the World – Lunar New Year

The Reception children have had a wonderful time celebrating Lunar New Year and the Chinese year of the snake. We have enjoyed learning about the different traditions and culture of China and other countries celebrating this special festival. We created some beautiful drawings showing how people celebrate Lunar New Year. We have also listened to lots of stories, made some wonderful dragons, snakes and lions and enjoyed learning about how the years were named. We have had a wonderful week.



## Maths - Weighing

This week in maths we have been exploring measures. We took part in lots of weighing activities and compared objects to find the heaviest and the lightest. We also learnt how to balance the scales and had a wonderful time investigating how many cubes each object weighed.



## YEAR 1

### Religious Education – Jesus, Teacher and Healer

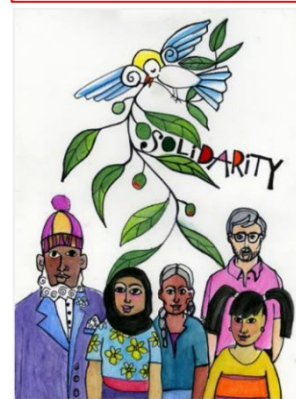
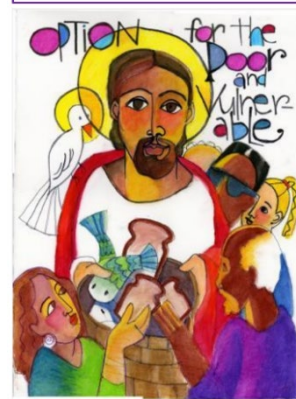
This week in RE, we began our new unit, "**Jesus, Teacher and Healer.**" Our lesson started with a discussion about parables and how Jesus uses them to teach important lessons. We then listened to "**The Good Samaritan**" and considered how two people who knew the injured man chose not to help, while a stranger showed kindness and compassion. This story reminds us to love, care for, and respect others. After reflecting on the parable, we each thought of ways we can demonstrate love and care for our neighbours in our daily lives.



Life and Dignity of the Human Person

Option for the Poor and Vulnerable

Solidarity and the Common Good



### Physical Education – Gymnastics

This week in PE, we built on our gymnastics unit by focusing on enhancing the quality of performing and linking shapes. We worked on squeezing our muscles to make them feel firm and tense while holding shapes, improving our body awareness and control. In pairs, we collaborated to create various shapes with our bodies. Once we gained confidence, we progressed to spelling words by using our bodies to form curved and straight lines, creating different letters.



## YEAR 2

### Religious Education

This week in year 2 Deacon Stuart came to visit. He helped the children continue their work on the unit 'Sharing in the Life of Jesus'.



He focused his visit on the topic '**the call of the disciples**'. Throughout the session he shared 3 short readings from the Bible linked to Jesus calling his disciples.

After the children shared a song with Deacon Stuart, which they had previously learnt in year 1. The children amazed their teachers, that they could still remember the song and names of the disciples.

Next the children improved their knowledge on the Disciples by asking Deacon Stuart the following questions.

*Why did Jesus' pick disciples to share in his life and ministry?*

*Why were the disciples keen to follow Jesus?*

*Why did he pick these 12 disciples out of everyone?*

*Why did he only pick men as his disciples and not women?*

*How can we be disciples of Jesus today, sharing our gift and talents with him?*

*Deacon Stuart how are you a disciple of Christ?*

### Physical Education

This week in gymnastics the children have enjoyed continuing their work on using shapes to create balances. This week they had the chance to add their shapes previously learnt to apparatus. They also looked at travelling in different ways and holding their shapes still for five seconds.



### Art

The children have been making pinch pots in our clay unit. We have also learnt how to attach two pieces of clay together using the slip and score technique.



## YEAR 3

### RSE – Personal Development Lesson

This week Year 3 explored the relationships we have with others in RSE. In our pre-assessment, we looked at good behaviour traits and negative behaviour traits in relationships. We then became Relationship Detectives and classified examples of relationships into three categories: Friends, Family and Others.

### RE Inspire Workshop

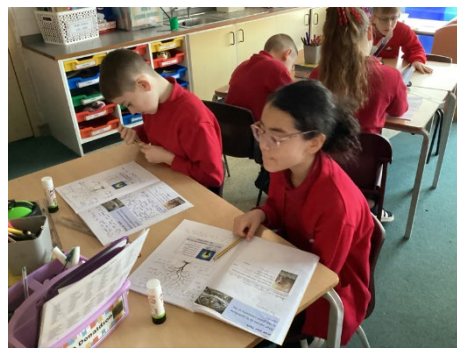
Thank you to all the family members who joined us for our Year 3 Inspire Workshop on Friday morning. The children were very excited to work with their loved ones creating First Holy Communion banners, what a special way to prepare for such a special Sacrament!



## YEAR 4

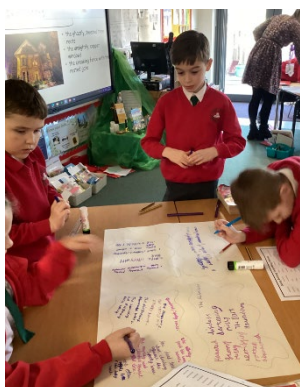
### Religious Education – Sharing in The Life of Christ

The children have started their new topic: Sharing in The Life of Christ. They have been reflecting upon the meaning and the importance of the Universal Church. They have also been considering the special 'I am sayings' of Jesus. We are looking forward to recreating these in our RE Inspire Workshop on Monday!



### English

Year 4 have started their new English unit this week – they are building up to write a warning tale. This week, the children used images of scary settings to create a word bank of adjectives, expanded noun phrases and fronted adverbials. As a class, we then voted for our favourite setting and created a piece of writing based on that!



### Art

Year 4 have been exploring different painting techniques and recreating them when painting a 3D object. We have learnt a variety of different techniques, such as: pointillism, dabbing and texture.



## YEAR 5

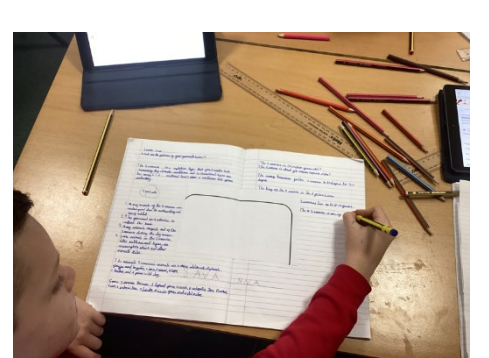
### Religious Education

In Religious Education this week, we have been looking at different Continents and their representations of the Baptism of Jesus. We looked at the different representations of Jesus' Baptism from Europe, Asia and Africa. The children chose which Continent's style they wanted to use for inspiration and created their own pieces of art that showed the Baptism of Jesus. Every child's art work was completely unique, but they all show the importance of the Holy Spirit in His Baptism. We listened to hymns and the children had a wonderful time creating their art. It was wonderful to Build our Kingdom by looking at how other people all over the world represent their faith through art work.



## Geography

This week in Geography, the children have been researching using the iPads. The children were asked to research a biome, as this is the topic we are currently studying. Their information pages were absolutely fantastic and filled with lots of interesting facts all about the biomes! We looked at the importance of our biomes, and how we risk their disappearance if climate change continues. Super work and researching, Year 5!



## YEAR 6

### Religious Education

Year 6 had the absolute pleasure of coming together with Jithin, who is a seminarian priest. We all listened attentively to his wisdom and advice explaining the power of God's calling and vocations. Jithin reminded us all about the power of prayer and how reading the bible can guide our choices. It has been lovely reflecting on his journey and how we too can follow God's plan for us. 1 Peter 4:10 "Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms."



### Art and Design

Year 6 spent their Art lesson this week using the Chiaroscuro style of artwork to show tone through light and dark. This created an amazing 3D effect which allowed their Mayan calendar names to 'pop out' from the page.



**Age ratings exist to help protect your child**, so we thought we'd provide you with a little reminder of how important it is to check the age ratings of what your child is accessing online. Here are the age ratings of some of the more popular apps that young people are accessing.

Whether your child is viewing films, accessing apps, playing games online or using social media – make sure you check the age rating first to see if your child is old enough. In addition, the likes of PEGI (Pan European Game Information) provide further content descriptors, which will give you an indication of the type of content that your child might view e.g. violence or bad language.

**What else should I review?**

It is important to note that whilst age ratings do allow you to see if something may be appropriate for your child, it is also important to review the content yourself. This will allow you to make an informed decision as to whether it is suitable for your child to access and if it would be beneficial to apply further parental controls. For example, does it include the ability to communicate with others and are in game/app purchases available?

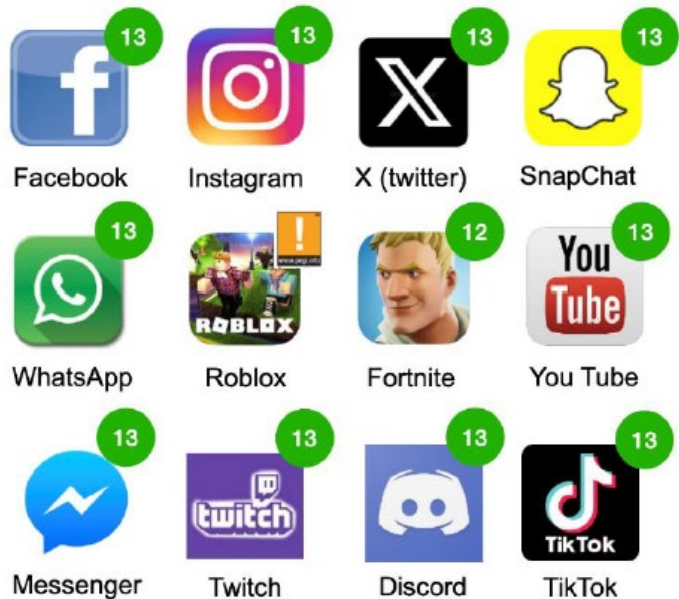
**What else can I do?**

- Explain the importance of age ratings to your child and how they protect them.
- Go online together to see what your child is accessing.
- Set up parental controls on your broadband, devices and on any individual apps that your child is using. This will reduce the chances of them accessing or viewing anything unsuitable.
- Chat to your child regularly about what they are doing online and as always, remind your child that if anything is worrying them then they should talk to you or another trusted adult.

**Further information**

You can find out more here:

<https://eegamesmart.co.uk/articles/how-age-ratings-help-families/>



**HEAD TEACHER ACADEMIC AWARDS OF THE WEEK**

RH – Tierney T	RL – Aariyah-Mae	1I – Oliver B	1OC – Amber S	2B – Allana-Lise
2R – Delilah M	3L – Alexandra C	3R – Charlotte L	4P – Dana-Grace	4OR – Antoni B
5R – Sidney E	5T – Albey S	6M – Archie C	6N – Ore F	

**HEAD TEACHER EFFORT AWARDS OF THE WEEK**

RH – Lacey W	RL – Isabella F	1I – Isla-Ann	1OC – Grace K	2B – Julian B
2R – Mia M	3L – Albie F	3R – Alfie P	4P – Zachary H	4OR – Franc B
5R – Grace S	5T – Neive H	6M – Harry C	6N – Harry C	

**OUTSTANDING VIRTUE CERTIFICATE – ‘CURIOUS & ACTIVE’**

RH – Daniella M	RL – Olivr L	1I – Nicole Z	1OC – Coen F	2B – Dale H
2R – Matthew R	3L – Jack C	3R – Ethan T	4P – Chase B	4OR – Leo M
5R – Lydia F	5T – Sibeal R	6M – Lewis M	6N – Lewis M	

**TERM DATES 2024-2025**

<u>Spring Term 2025</u>	<u>Summer Term 2025</u>
<u>Spring 1</u>	<u>Summer 1</u>
<b>Monday 6<sup>th</sup> January 2025</b> – INSET <b>Children NOT in school</b>	Starts: Monday 28 <sup>th</sup> April Children return to school
Starts: Tuesday 7 <sup>th</sup> January Children return to school	Monday 5 <sup>th</sup> May – Bank Holiday
<b>Half-Term:</b> Monday 17 <sup>th</sup> February to Friday 21 <sup>st</sup> February	<b>Half-Term:</b> Monday 26 <sup>th</sup> May to Friday 30 <sup>th</sup> May
<b>Monday 24<sup>th</sup> February –</b> <b>INSET</b> <b>Children NOT in school</b>	<u>Summer 2</u>
	Starts: Monday 2 <sup>nd</sup> June Children return to school
<u>Spring 2</u>	Last Day of Term for Children: Friday 18 <sup>th</sup> July
Starts: Tuesday 25 <sup>th</sup> February Children return to school	<b>Monday 21<sup>st</sup> July –</b> <b>INSET</b> <b>Children NOT in School</b>
<b>Easter Holiday:</b> Monday 14 <sup>th</sup> April to Friday 25 <sup>th</sup> April	<b>Summer Holidays:</b> Start Tuesday 22 <sup>nd</sup> July

### YEAR 6 DATES FOR YOUR DIARY

Mon. 12 <sup>th</sup> – Thurs 15 <sup>th</sup> May	- SATS Week
Date to be confirmed	- Alton Castle Meeting with parents
Wed 18 <sup>th</sup> – Fri 20 <sup>th</sup> June	- Kenelm Trust (formerly Alton castle) residential trip
Dates to be confirmed	- Curriculum and SATs Workshop

### DATES FOR YOUR DIARY

<b>Mon 17<sup>th</sup> Feb – Fri 21<sup>st</sup> Feb</b>	- Half Term
Monday 24 <sup>th</sup> February	- INSET Day – Children NOT in school
<b>Tuesday 25<sup>th</sup> February</b>	- <b>Children return to school – Start of Spring Term 2</b>
<b>Mon 14<sup>th</sup> April – Fri 25<sup>th</sup> April</b>	- <b>Easter Holidays</b>
Wednesday 16 <sup>th</sup> April	- Reception Offer Day
<b>Monday 28<sup>th</sup> April</b>	- <b>Children return to school – Start of Summer Term 1</b>
<b>Monday 5<sup>th</sup> May</b>	- <b>May Bank Holiday</b>
<b>Mon 26<sup>th</sup> May – Fri 20<sup>th</sup> May</b>	- <b>Half Term</b>
<b>Monday 2<sup>nd</sup> June</b>	- <b>Children return to school – Start of Summer Term 2</b>
w/c Monday 9 <sup>th</sup> June	- Year 5 Bikeability
Monday 21 <sup>st</sup> July	- INSET Day – Children NOT in school
<b>Tuesday 22<sup>nd</sup> July</b>	- <b>Summer Holidays</b>

# ST ANNES PRIMARY SCHOOL COMMUNITY AROUND THE SCHOOL EVENT

Pop along to the hall during parents evening where a range of local providers are to let you know more about the activities and services they offer.

**DURING PARENTS EVENING ON  
06/02/2025 OR 13/02/2025  
BETWEEN 4PM - 7PM**

Some of the providers that you can gain  
information from are:



Meriden Adventure Playground

Police (with demos)

Super Sen CIC



Birmingham Mind

SMBC's Family Hubs



Solar



Holiday and Food Activity (HAF)

Plus more...



# COMMUNITY NOTICES

## Riverside Family Hub

# Timetable

February 2025



Wherever you live in Solihull, we're here to support you

Family Hubs are local centres where children, young people, and families can access support and take part in fun activities! Our friendly staff and service providers work in partnership with you and your community to access the information and support you need. Some services offer drop-in sessions, whilst others require booked appointments. The Hubs are a safe space for you and your loved ones.

Morning				
Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Midwife clinic – 09:00-16:00</b> Booked appointments for parents and their children with the midwifery team. Book by speaking to your midwife.</p> <p><b>Health visitor clinic – 09:00-12:00</b> Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p><b>Solihull College family learning – 09:30-11:30</b> Winter Fun-come and play at Riverside Family Hub- each week there will be a new theme to explore, including: Snow Play Under the Sea, Goldlocks, Natural Play, Vehicles and Construction, At the Farm and The Very Hungry Caterpillar. To book, email <a href="mailto:katrina.griffin-jones@solihull.ac.uk">katrina.griffin-jones@solihull.ac.uk</a>.</p>	<p><b>Super SEN CIC – 09:30-12:00</b> <b>4<sup>th</sup> February</b> Drop-in session for parents to seek advice and support for children or themselves as adults with ADHD and/or Autism.</p> <p><b>Health visitor clinic – 09:00-16:00</b> Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p><b>RO Books craft or reading – 09:30-11:00</b> <b>11<sup>th</sup> February only</b> Each week alternates between a craft or reading session. Ideal for families with children aged 0-5 to be creative or listen to a story. To book, call <a href="tel:01217791750">0121 779 1750</a>.</p> <p><b>SENDIAS – 09:30-11:30</b> <i>Second Tuesday of each month</i> Drop-in session to provide information, advice, and support to parents of children and young people with special educational needs and disabilities. Call <a href="tel:01215165173">0121 516 5173</a> for more information.</p> <p><b>Solihull Lifestyle Service – 09:30-13:00</b> Free lifestyle checks such as height, weight, BMI, blood pressure, and atrial fibrillation readings, including a free 12-week weight management course. Drop-in to see one of our advisors or call <a href="tel:08005999880">0800 599 9880</a> for more information.</p>	<p><b>Health visitor clinic – 09:00-17:00</b> Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p><b>Solihull College sensory play – 09:30-11:30</b> To book, email <a href="mailto:katrina.griffin-jones@solihull.ac.uk">katrina.griffin-jones@solihull.ac.uk</a>. Or just drop in to see what it is about!</p> <p><b>Solihull College adult maths – 09:30-12:00</b> To book, email <a href="mailto:katrina.griffin-jones@solihull.ac.uk">katrina.griffin-jones@solihull.ac.uk</a>.</p> <p><b>Parent Walk and Talk- 1:15pm</b> Have a cuppa with Naomi at the hub and then go for a short walk.</p>	<p><b>Midwife clinic – 09:00-16:00</b> Booked appointments for parents and their children with the midwifery team. Book by speaking to your midwife.</p> <p><b>Health visitor clinic – 09:00-12:00</b> Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p><b>Positive Birthing and Beyond pregnancy support – 09:00-12:00</b></p> <p><b>Solihull Community Housing drop-in – 10am-12pm</b> Information and advice on community housing. The SCH customer contact centre is available between 09:00-17:00, Monday to Friday, by calling <a href="tel:01217171515">0121 717 1515</a>.</p> <p><b>Women's community drop-in – 09:30-13:00</b> Emotional, practical, and signposting support for women. Call <a href="tel:01217222142">0121 722 2142</a> to find out more.</p>	<p><b>Family Voices- Friday 14<sup>th</sup> February- 8:45am-10am</b> Your chance to let us know what services are important to you and your family and how we can support this within the Family Hubs. Come along for a coffee and chat with Family Hub staff. Children are very welcome to attend as we would like their views too.</p> <p><b>Health visitor clinic – 09:00-12:00</b> Booked appointments for parents and their children with the health visiting team. Book by speaking to your health visitor.</p> <p><b>Musical explorers stay and play</b> Music session – 10:00-10:30 Play session – 10:30-11:30 Drop-in music and play session for younger children and their parents or carers.</p> <p><b>Family Information Service – 10:00-12:00</b> <i>First Friday of the month</i> Drop-in to find out about childcare-related funding and family activities within the community.</p>

Riverside Family Hub 289 Bosworth Drive, Chelmsley Wood, B37 5DP

Family Hubs | [solihull.gov.uk](http://solihull.gov.uk)

Solihull Family Hubs

[riversidefh@solihull.gov.uk](mailto:riversidefh@solihull.gov.uk)

0121 779 1750

## Riverside Family Hub

# Timetable

February 2025



Afternoon				
Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Five to Thrive – 12:30-14:30</b> The Five to Thrive building blocks explore practical things you can do to enhance your child's brain development, increase confidence in parenting, and meet other local parents. For parents with children aged up to 2 years. To book, email <a href="mailto:bsmhft.parenting@nhs.net">bsmhft.parenting@nhs.net</a>.</p> <p><b>Menopause support and awareness group – 13:00-14:30</b> <i>Second Monday of each month</i> Drop-in and have a chat with Aline from Menopause Knowledge to seek information, advice, and support about menopause.</p> <p><b>Family support drop-in – 13:00-16:00</b> Confidential advice and support to help you make positive changes. Includes a range of advice and guidance about difficult relationships at home, parenting, behaviour management, routines, boundaries, child development, bed wetting, sleep problems, school issues, and more.</p> <p><b>Solihull Music Service – 16:00-18:00</b> Music session from the Solihull Music Service. To book, email <a href="mailto:solihullmusic@solihull.gov.uk">solihullmusic@solihull.gov.uk</a>.</p>	<p><b>Solihull parenting team- Postnatal Parenting Group- 1pm-3pm</b> Run by the Health Visiting team- invitation only when your little one has arrived.</p> <p><b>SISS Autism Team</b> will be at Riverside on 25<sup>th</sup> February and 4<sup>th</sup> March to run training for parents- booked directly through them. Your child has to have a diagnosis of Autism to attend this training.</p>	<p><b>Solihull College- Cooking on a budget- 12:30- 15:00</b> Learn how to make your food go further. Free slow cooker if you attend all sessions. To book email Katrina on <a href="mailto:katrina.griffin-jones@solihull.ac.uk">katrina.griffin-jones@solihull.ac.uk</a>.</p> <p><b>Breastfeeding café – 13:00-14:30</b> An NHS service that offers breastfeeding cafés run by trained peer supporters who can help you with any infant feeding queries or challenges you are facing. To book, visit <a href="https://linktr.ee/SolihullJFT">https://linktr.ee/SolihullJFT</a>.</p>	<p><b>Parent education – 12:00-16:00</b> <i>Third Thursday of every month</i> Session ran by the young parent midwifery team at University Hospital Birmingham. Book by speaking to your midwife.</p> <p><b>Yums club – 12:00-16:00</b> Yums club is a support and information group for teenage and young mums under age 20. Drop-in or call Jennie at <a href="tel:07867361723">0786 736 1723</a>. This is run every week.</p> <p><b>Moo Music stay and play – 13:00-14:30</b> <i>Mixed moo's – 13:00-13:30</i> <i>Baby moo – 14:00-14:30</i> To book, call Kally at <a href="tel:07950934194">0795 093 4194</a> or email <a href="mailto:kally.moo.music@gmail.com">kally.moo.music@gmail.com</a>. £3.00 per session. Session <i>not</i> running on Thursday 20<sup>th</sup> February.</p> <p><b>Urban Heard media for all – 15:30-17:30</b> Interested in learning different media skills? Email <a href="mailto:hary@urbanheard.co.uk">hary@urbanheard.co.uk</a> to join the group or find out more.</p>	<p><b>Family Nurse Partnership young parents stay and play – 13:00-15:00</b> <i>First Friday of every month</i> Stay and play group for young parents aged 24 or under and their babies or preschool children. Drop in!</p> <p><b>Smokefree Solihull clinic – 13:00-16:00</b> Stop smoking support. By referral only.</p> <p><b>Colouring Club- 14:30- 15:30</b> Join us at Riverside for a relaxing hour, in our sensory room or with some mindful colouring. No need to book, drop in.</p>

### Wellbeing and advice

**Here2Help**  
Family Hubs can help with food, toiletries, fuel, money, staying well, and keeping safe. To find out more, visit [www.solihull.gov.uk/here2help](http://www.solihull.gov.uk/here2help).

**Health visiting**  
To speak to a health visitor, text Chat Health on [0750 733 2563](tel:07507332563) between 09:00-16:00, Monday-Friday.

**Women's Aid**  
If you or someone you know needs support, call Women's Aid at [0808 800 0028](tel:08088000028). Available seven days a week, 09:15-17:15.

**Mental health support**  
The Birmingham and Solihull Mental Health NHS Foundation Trust provide guidance and reassurance to people of all ages. Call [0800 915 9292](tel:08009159292) or [0121 262 3555](tel:01212623555).

**Midwives**  
Please call your midwife using the phone number in your red book.

### What else can the Family Hubs offer?

**Help and support**  
Speak to our friendly staff

**Stay and play area**  
Toys, books, and soft play

**Sensory room**  
To book, call [0121 779 1750](tel:01217791750)

**Computers and private work pods**  
Internet and phone access

**Community wardrobe**  
Free warm winter clothing

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Solihull Family Hubs

[riversidefh@solihull.gov.uk](mailto:riversidefh@solihull.gov.uk)

0121 779 1750



Saint Anne's Primary School and  
Solihull Parent Carer Voice

## Coffee and Chat



Solihull Parent  
Carer Voice

Come and meet the School  
Engagement team from  
Solihull Parent Carer Voice.

Please come and join us for  
Coffee and a chat. At this session  
will be discussing what is  
available in the community, the  
Local Offer and a Q and A.

### Venue

Saint Anne's Primary School -  
Saints building at Saint Anne's  
Primary School entrance is via  
Nineacres Drive only.

### Date

Tuesday 4th March 25

### Time

9am - 10am

